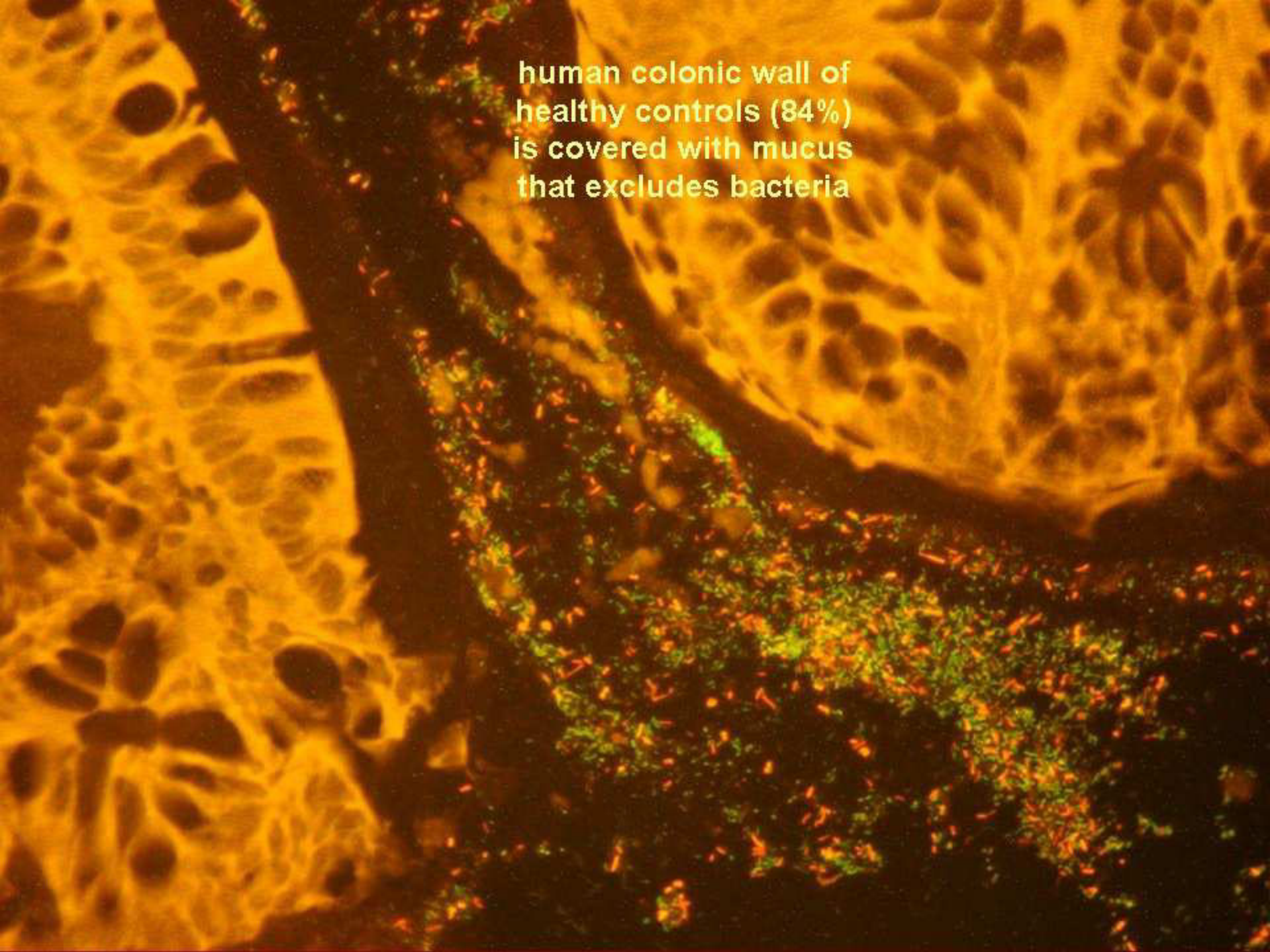
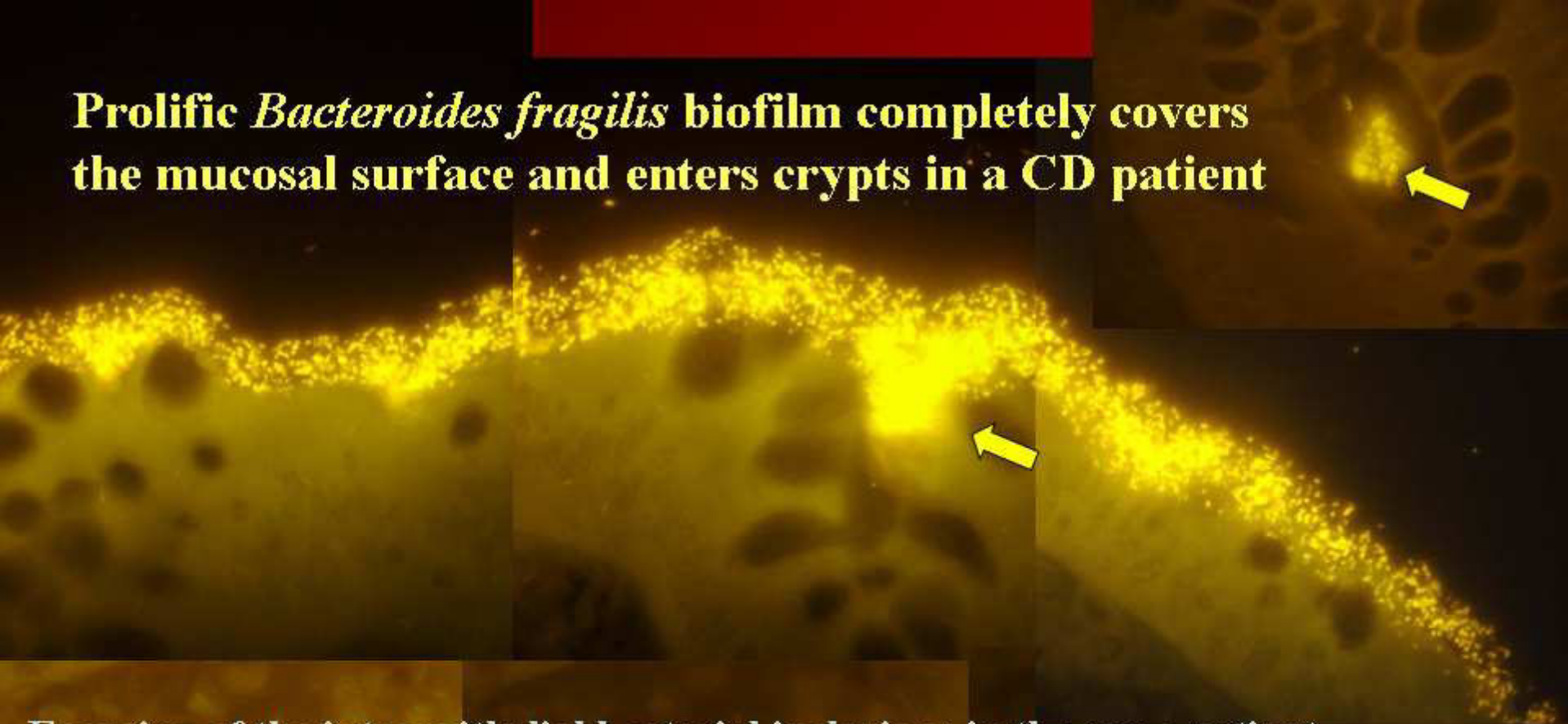


Multicellular bacteria forming stromatolith
in Australian salt lakes

human colonic wall of
healthy controls (84%)
is covered with mucus
that excludes bacteria



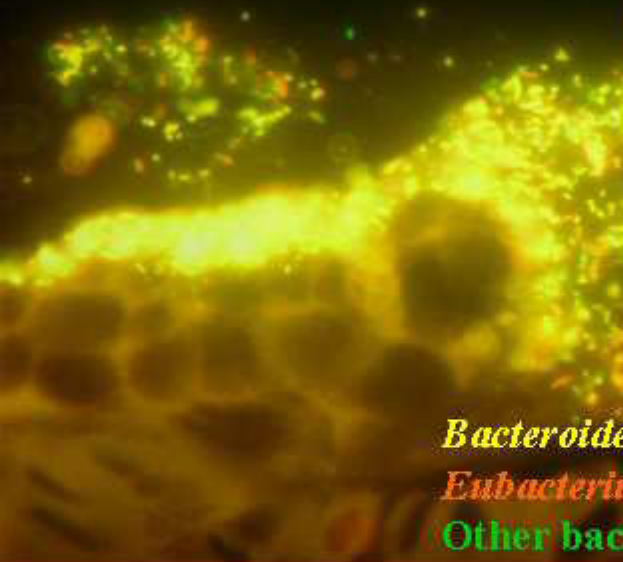
Prolific *Bacteroides fragilis* biofilm completely covers the mucosal surface and enters crypts in a CD patient



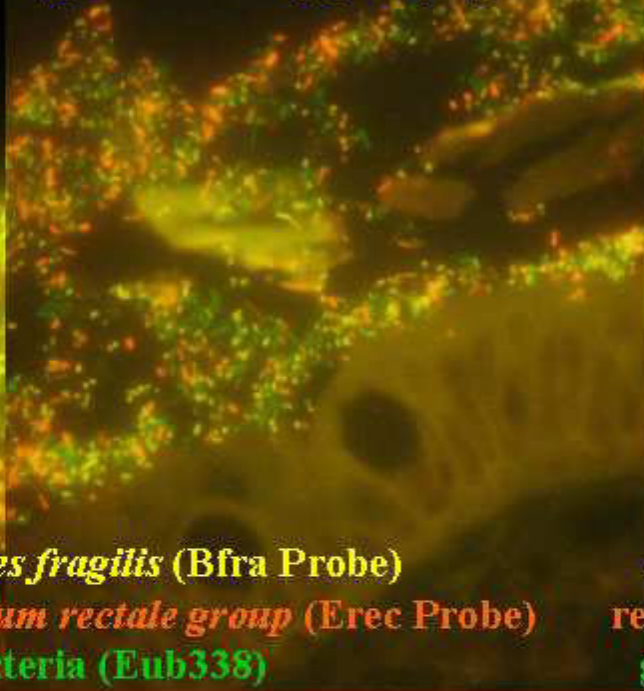
Focusing of the intraepithelial bacterial inclusions in the same patient



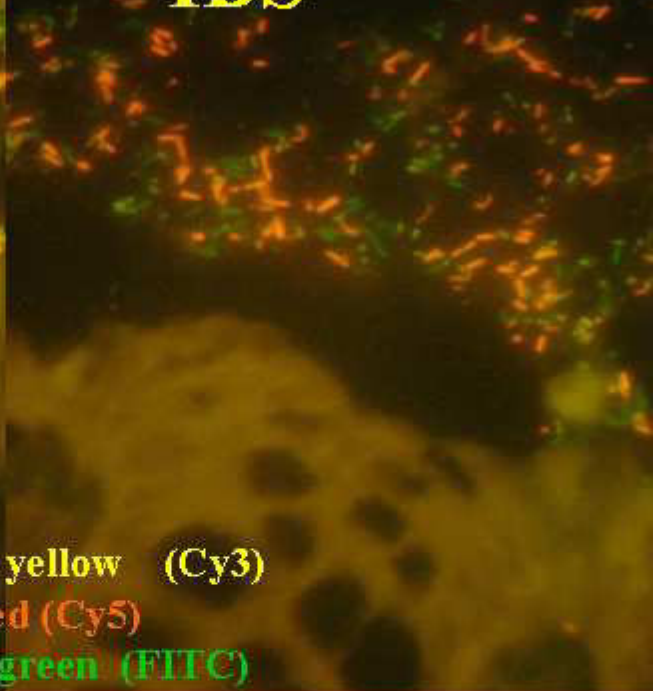
IBD



SI - colitis



IBS



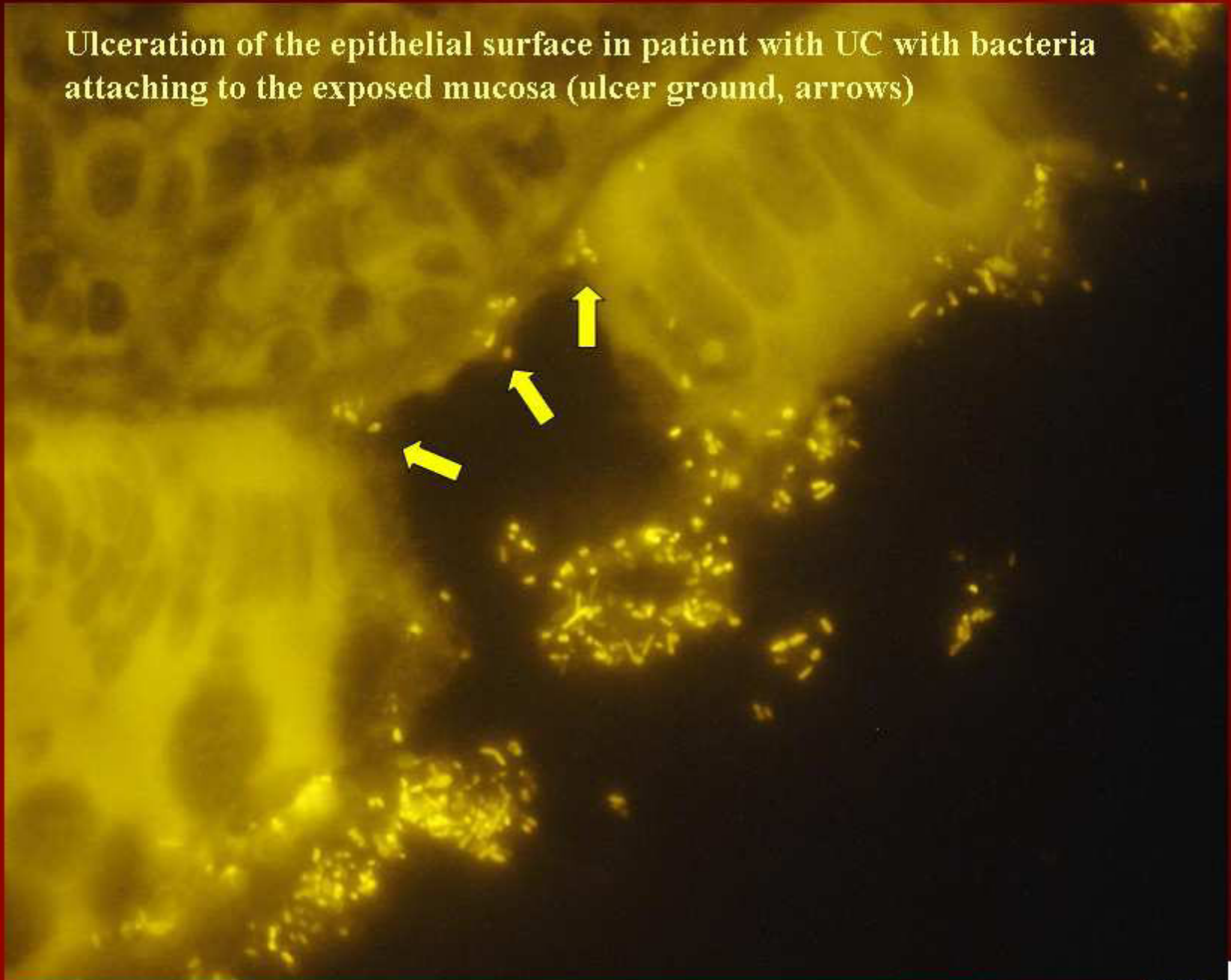
Bacteroides fragilis (Bfra Probe) yellow (Cy3)
Eubacterium rectale group (Erec Probe) red (Cy5)
Other bacteria (Eub338) green (FITC)

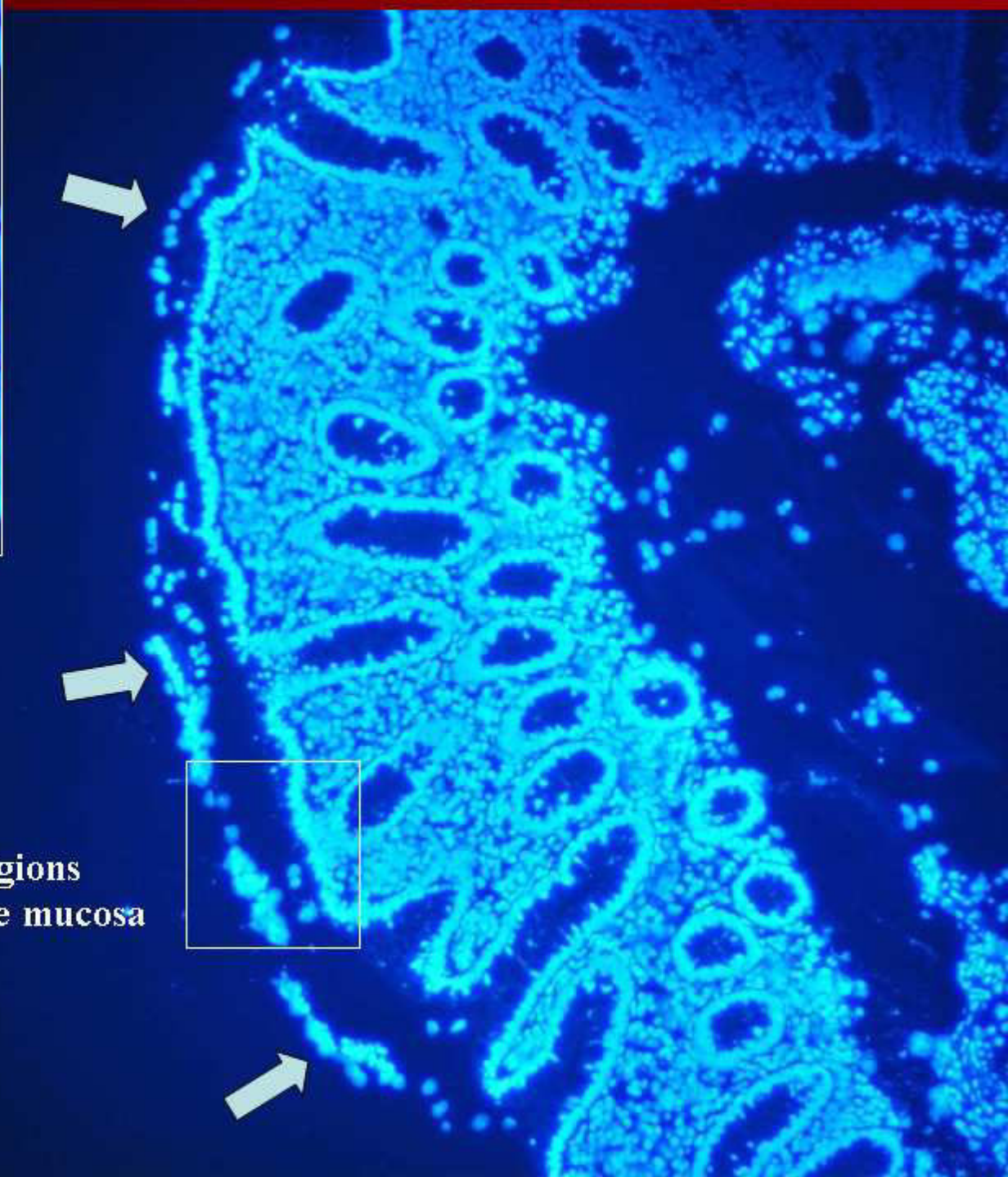
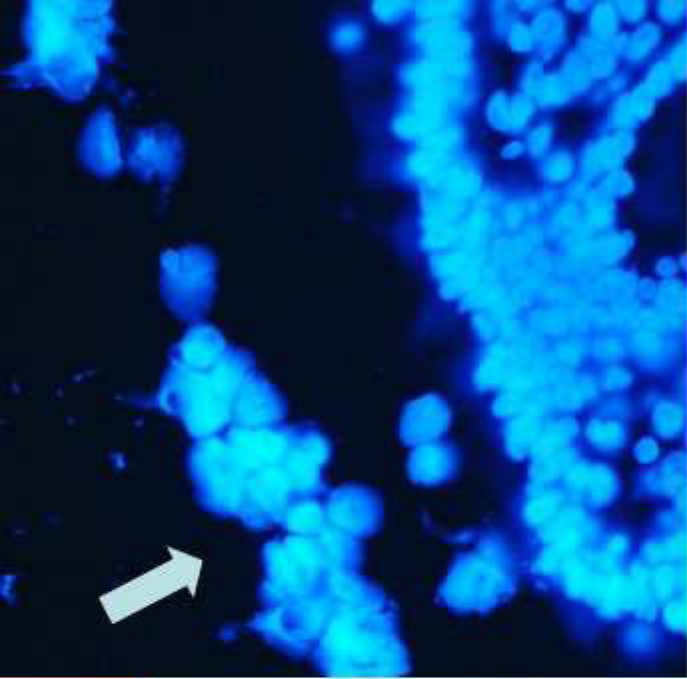
Percent of patients with 10⁹ bacteria/ml

Percent of bacteria within biofilm

	CD	UC	SIc	IBS	Contr.
	98%	94%	78%	38%	16%
Bfra	60%	30%	31%	14%	16%
Erec	10%	5%	18%	48%	32%

Ulceration of the epithelial surface in patient with UC with bacteria attaching to the exposed mucosa (ulcer ground, arrows)

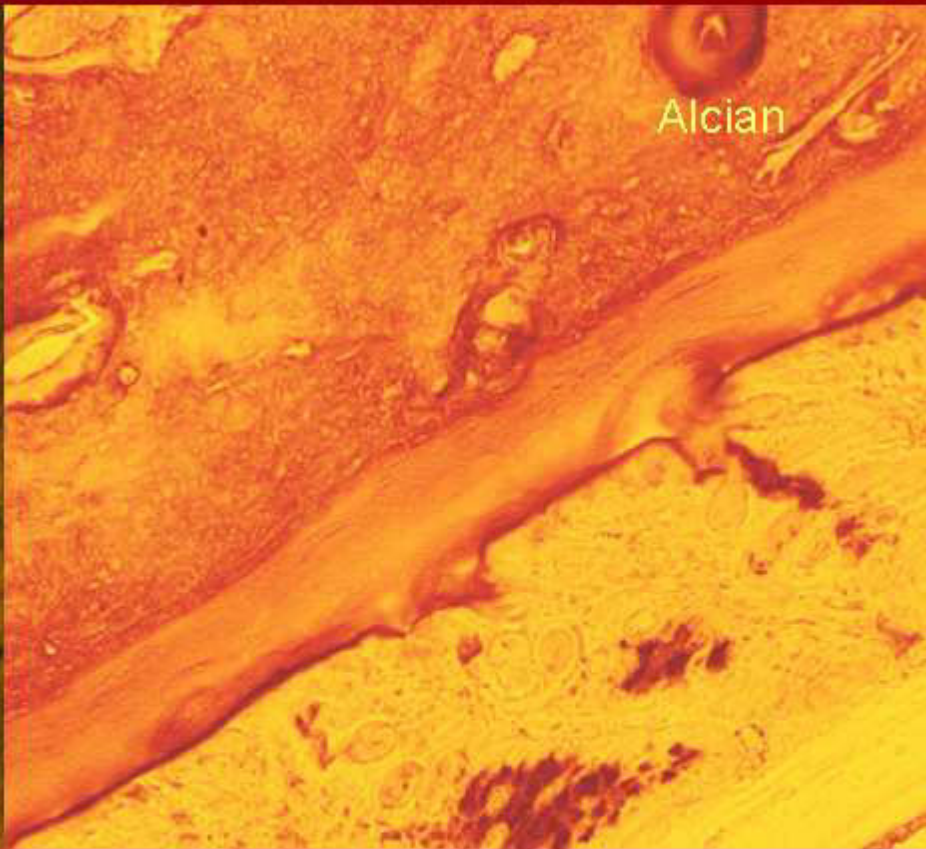
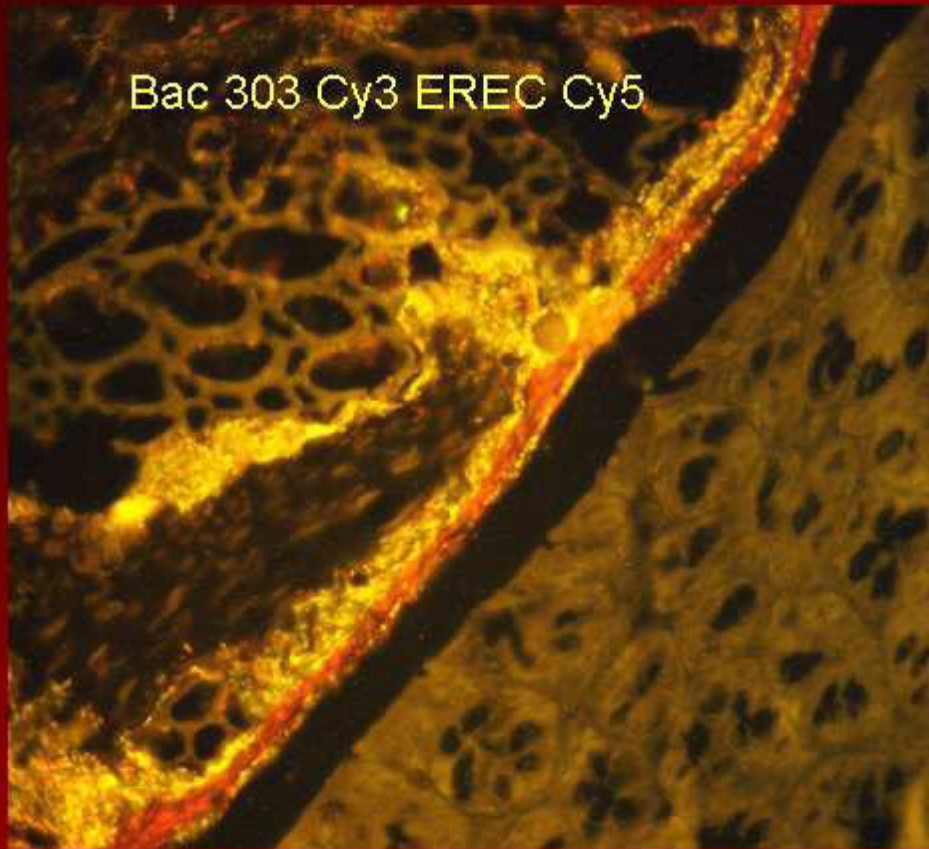




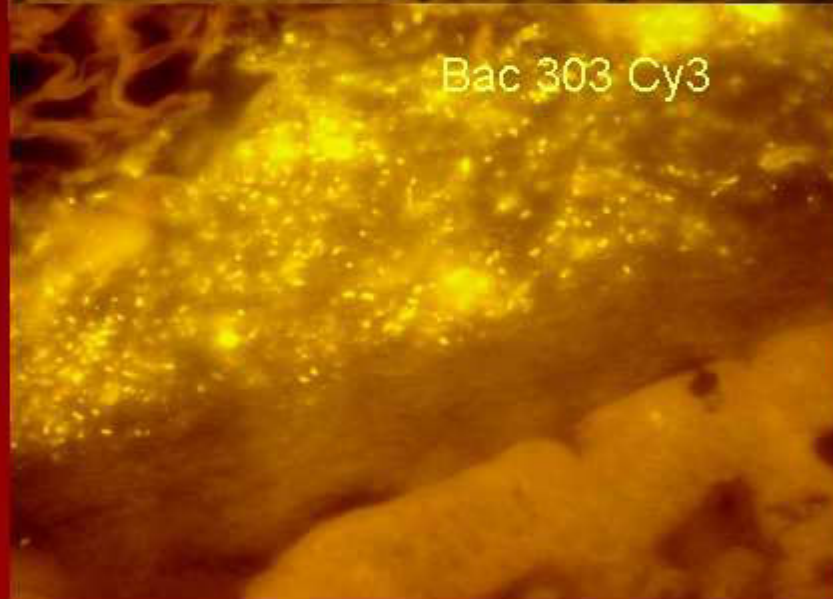
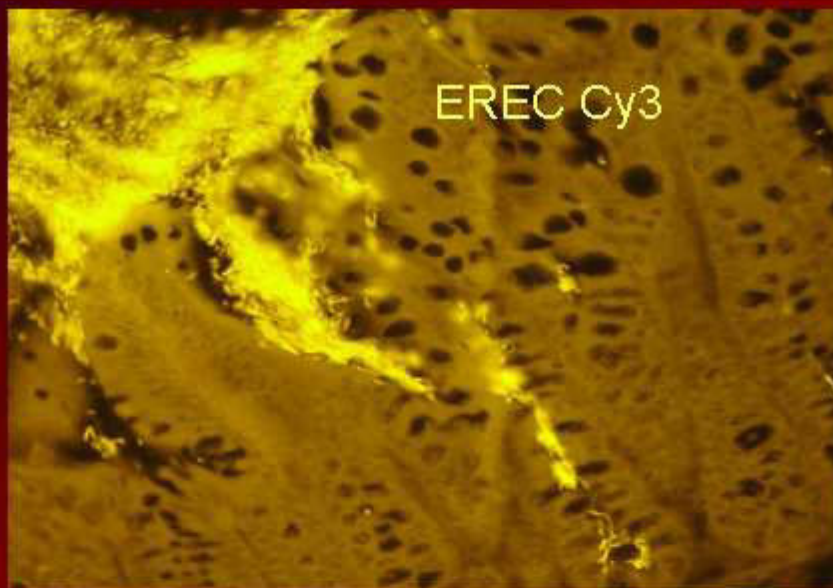
Leukocytes migrate in mucus, array in outer regions and prevent access to the mucosa

The number of bacteria in small intestine
of a healthy wild type mouse
is low

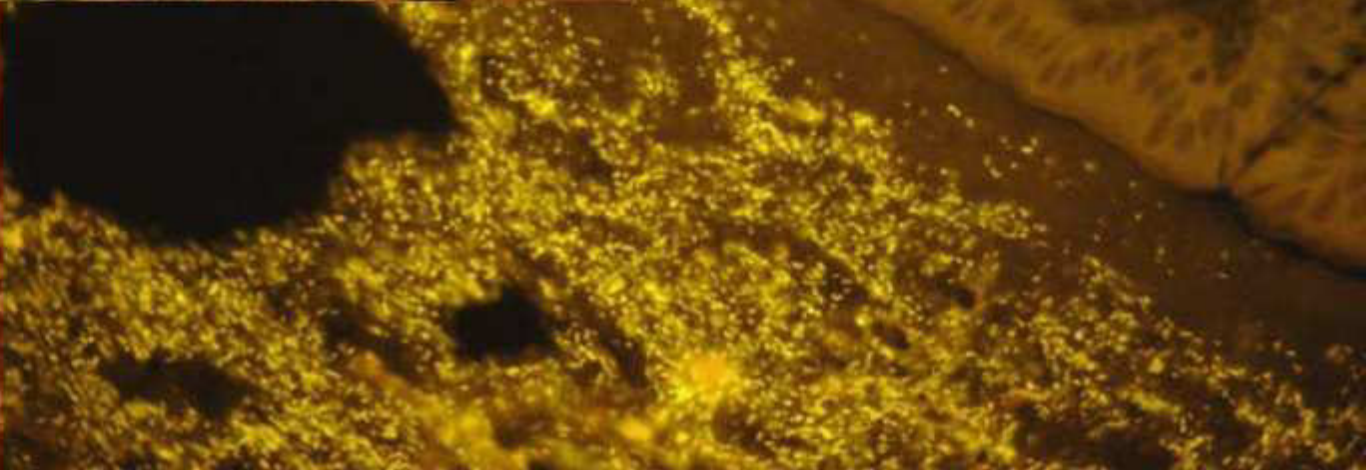
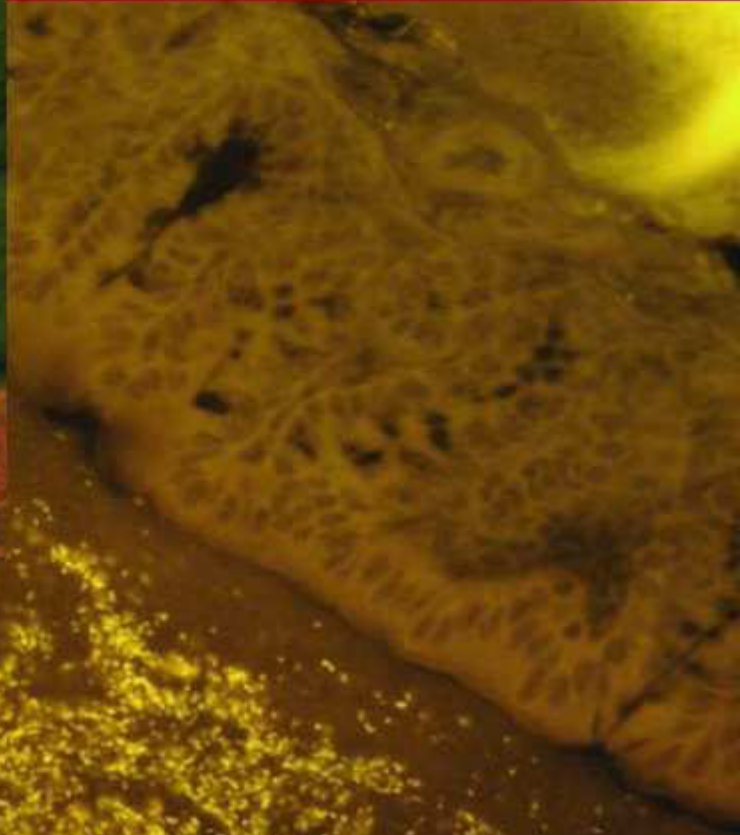
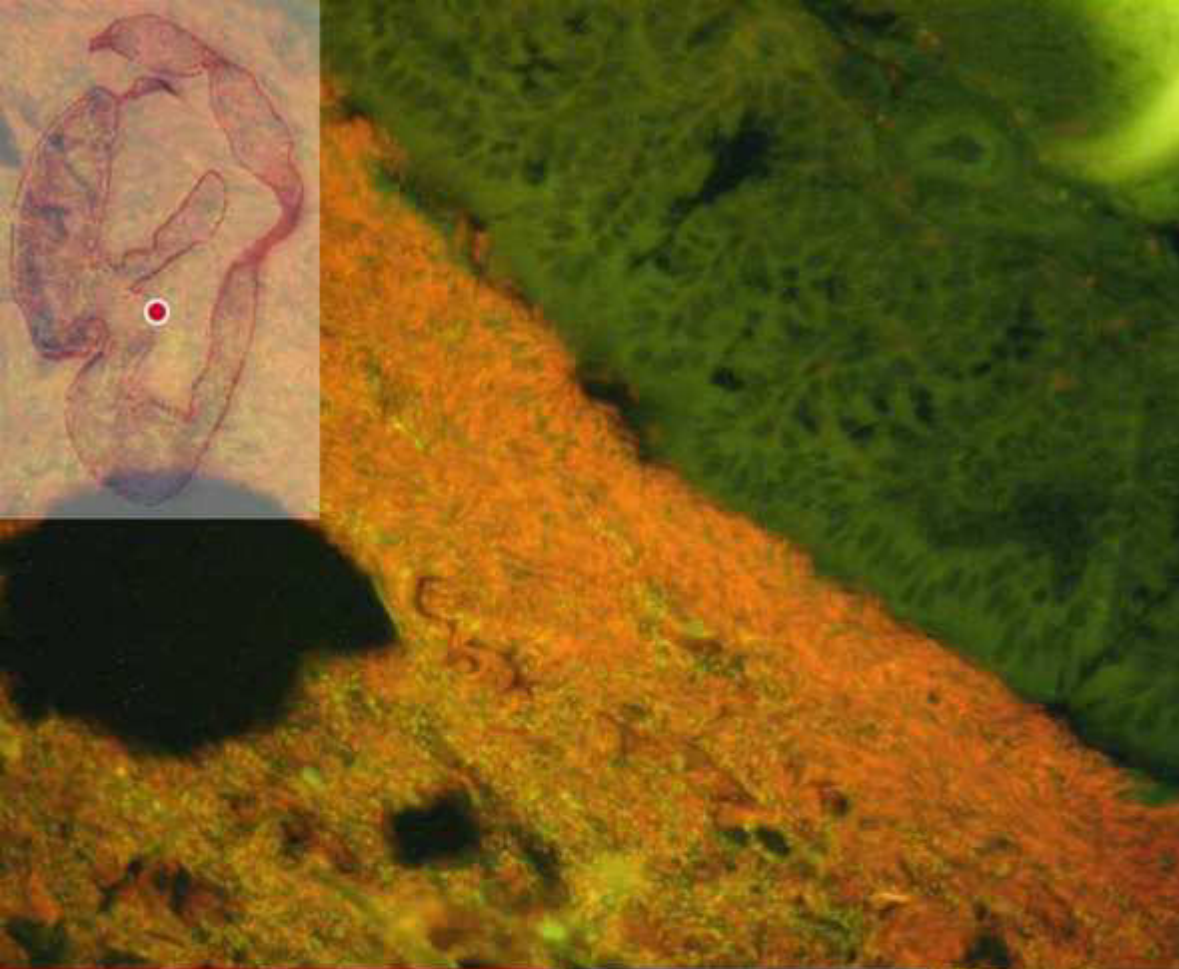




The mucus completely separates mucosa from feces in distal colon of mice similar to the situation in man



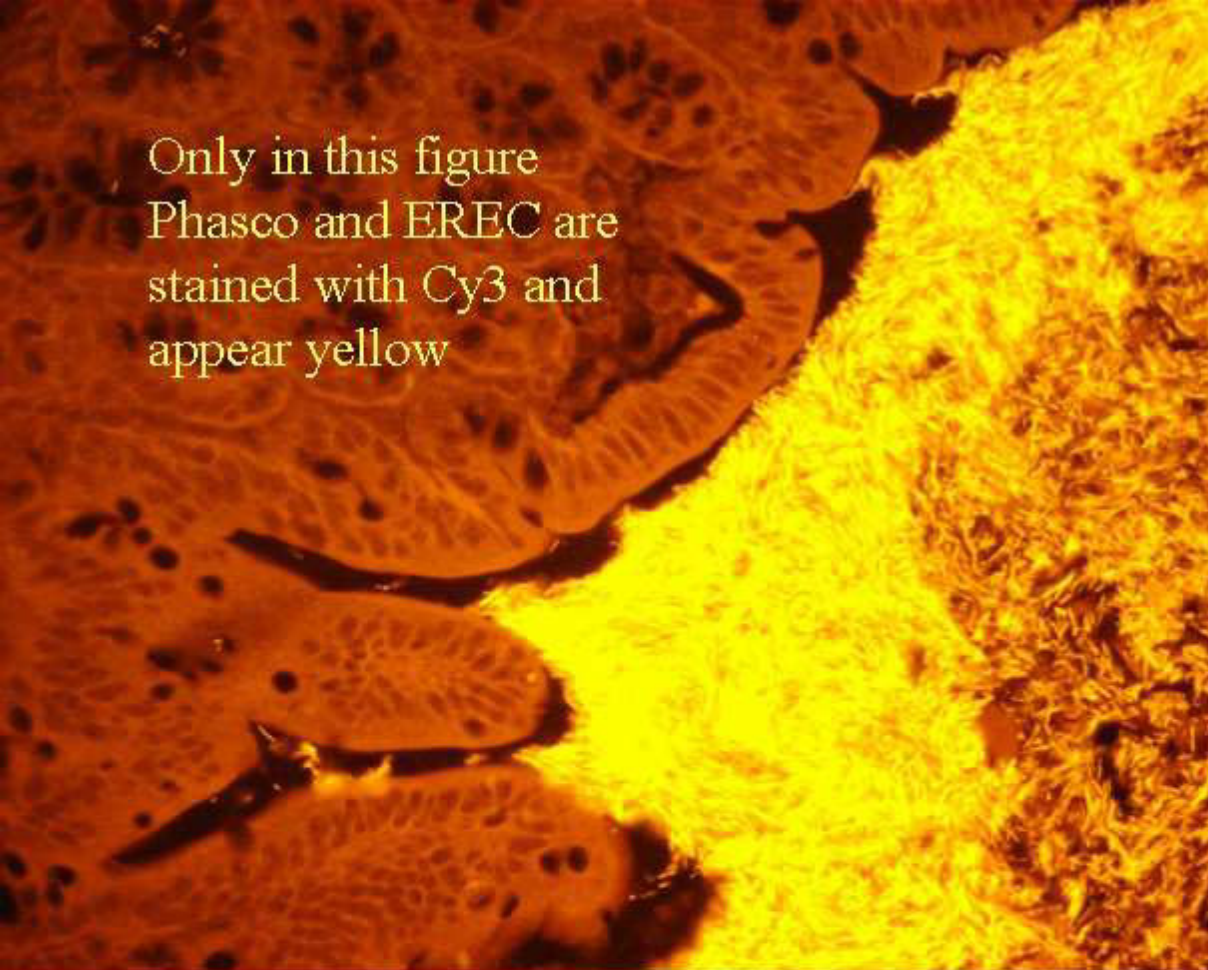
The separation of bacteria in the proximal colon of mice is selective, EREC enters crypts, *Bacteroides* has no contact with colonic wall





Short rods of
Bacteroides,
Enterobacteriaceae,
Clostridium difficile,
Veillonella groups
have no contact with
the colonic wall





Only in this figure
Phasco and EREC
are stained with Cy3 and
appear yellow

EREC
Lab,
Bif,
Phasco
Lach



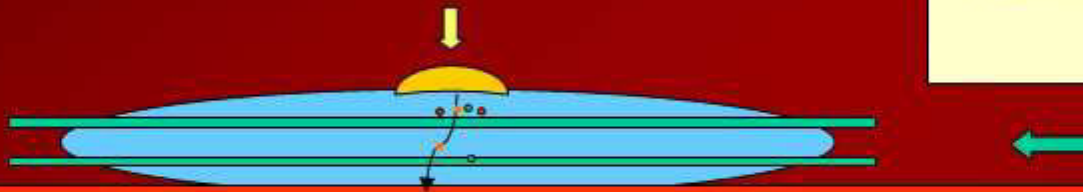
Lach is red (Cy5)

Composition of the interlaced layer

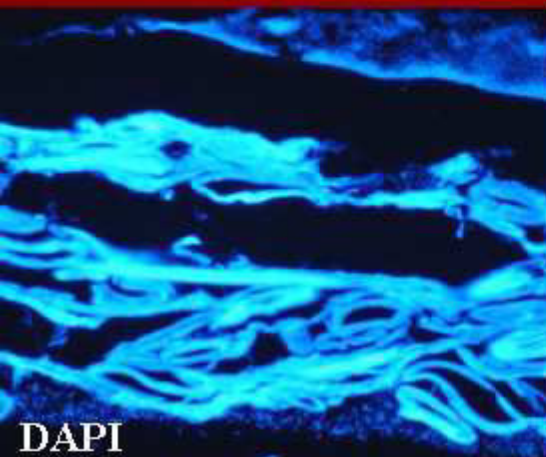
Mucus simulation in vitro

Native mix of fecal bacteria

Two layers of cellulose covered with a LB-agarose gel of variable viscosity



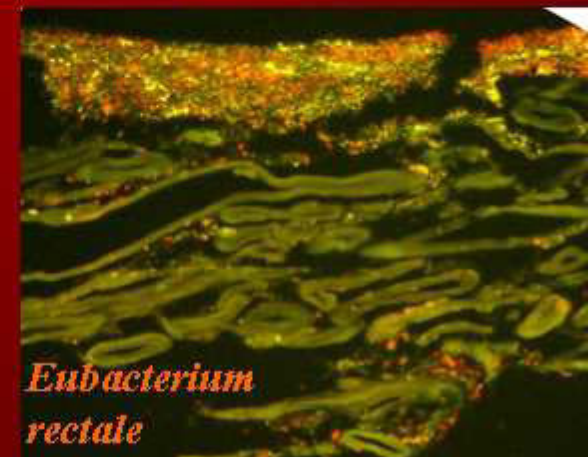
Blood agar plate



DAPI



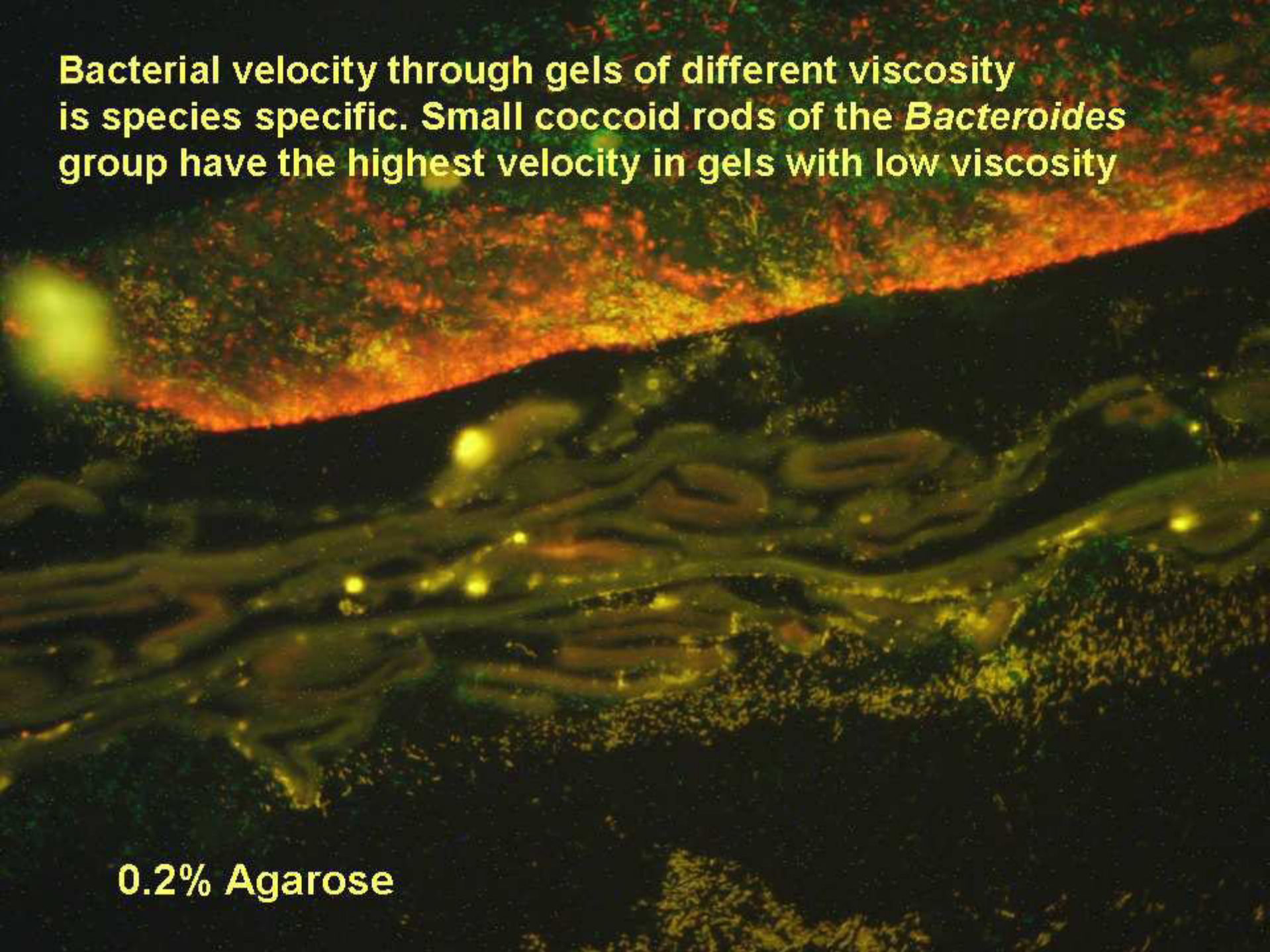
Bacteroides



Eubacterium rectale

Examples of mobility

Bacterial velocity through gels of different viscosity is species specific. Small coccoid rods of the *Bacteroides* group have the highest velocity in gels with low viscosity



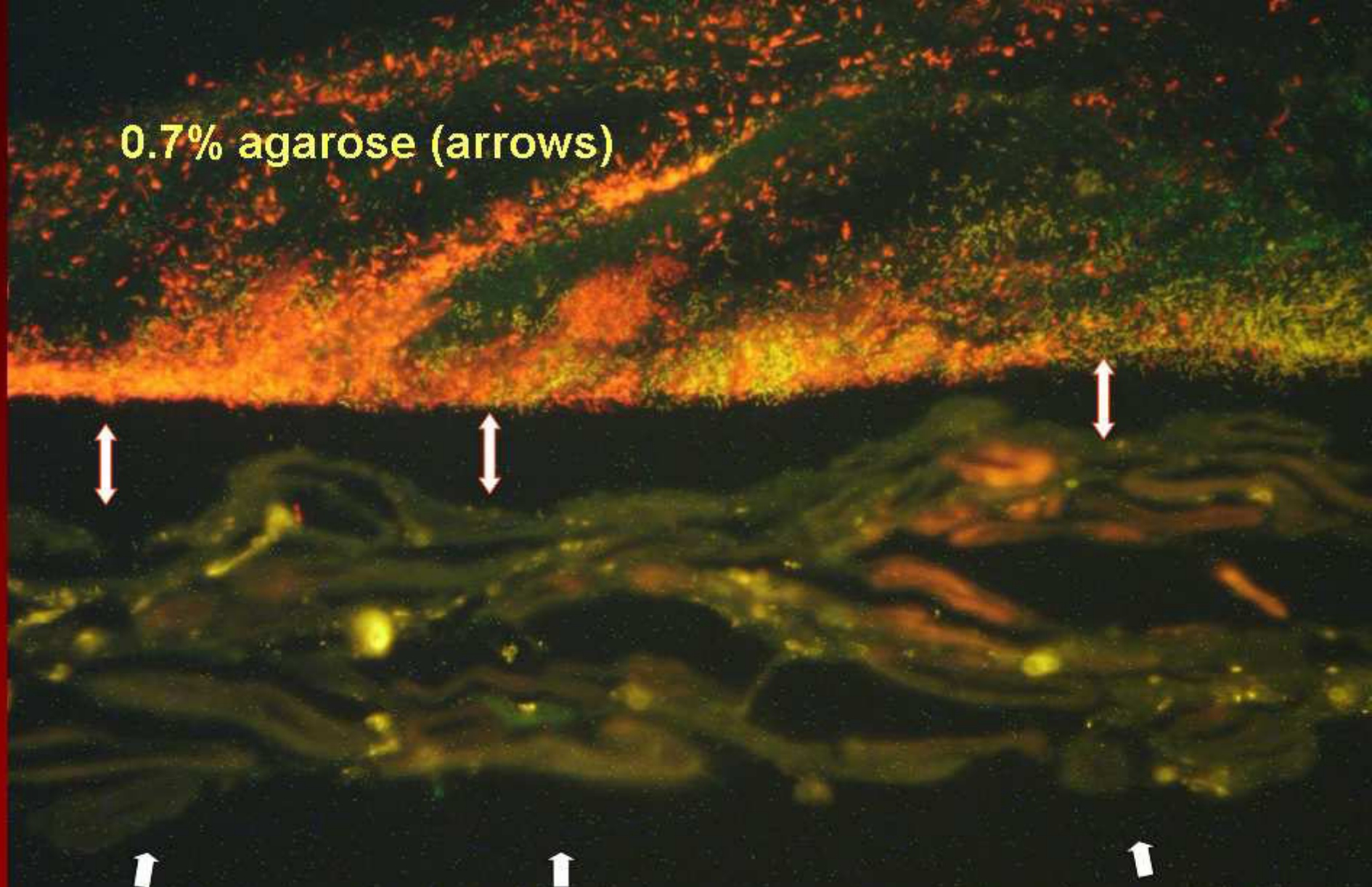
0.2% Agarose

**Long rod of Eubacterium
rectale group (EREC, red)
have the highest velocity
in gels with high viscosity**

0.5% Agarose

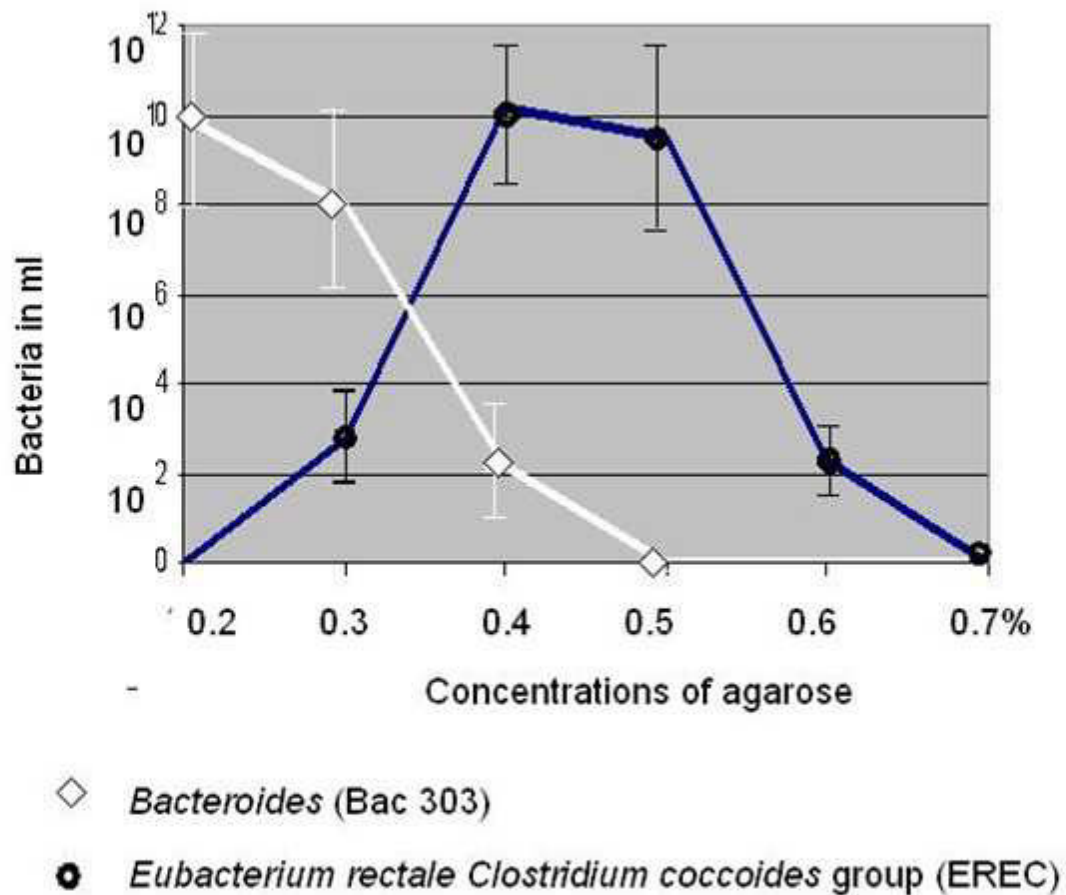
A fluorescence microscopy image showing a dense population of E. coli cells in a 0.5% agarose gel. The cells are primarily rod-shaped and exhibit a mix of green and red fluorescence. The background is dark, highlighting the individual bacterial cells and their interactions within the gel matrix.

0.7% agarose (arrows)



note absence of bacteria below membrane and a gap between bacteria and membrane indicating a lack of bacterial movement across gel layer (double headed arrows)

Figure 2

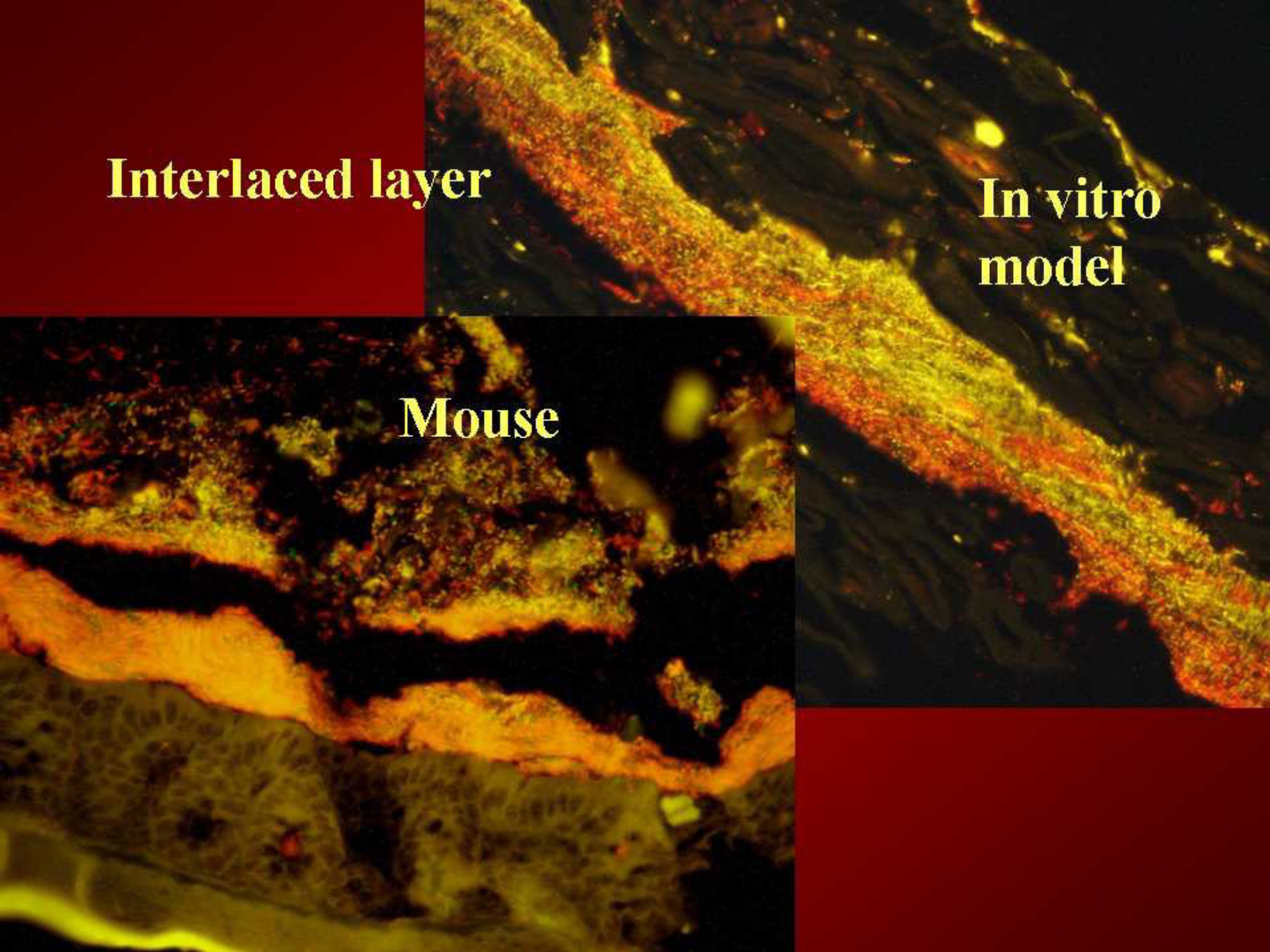


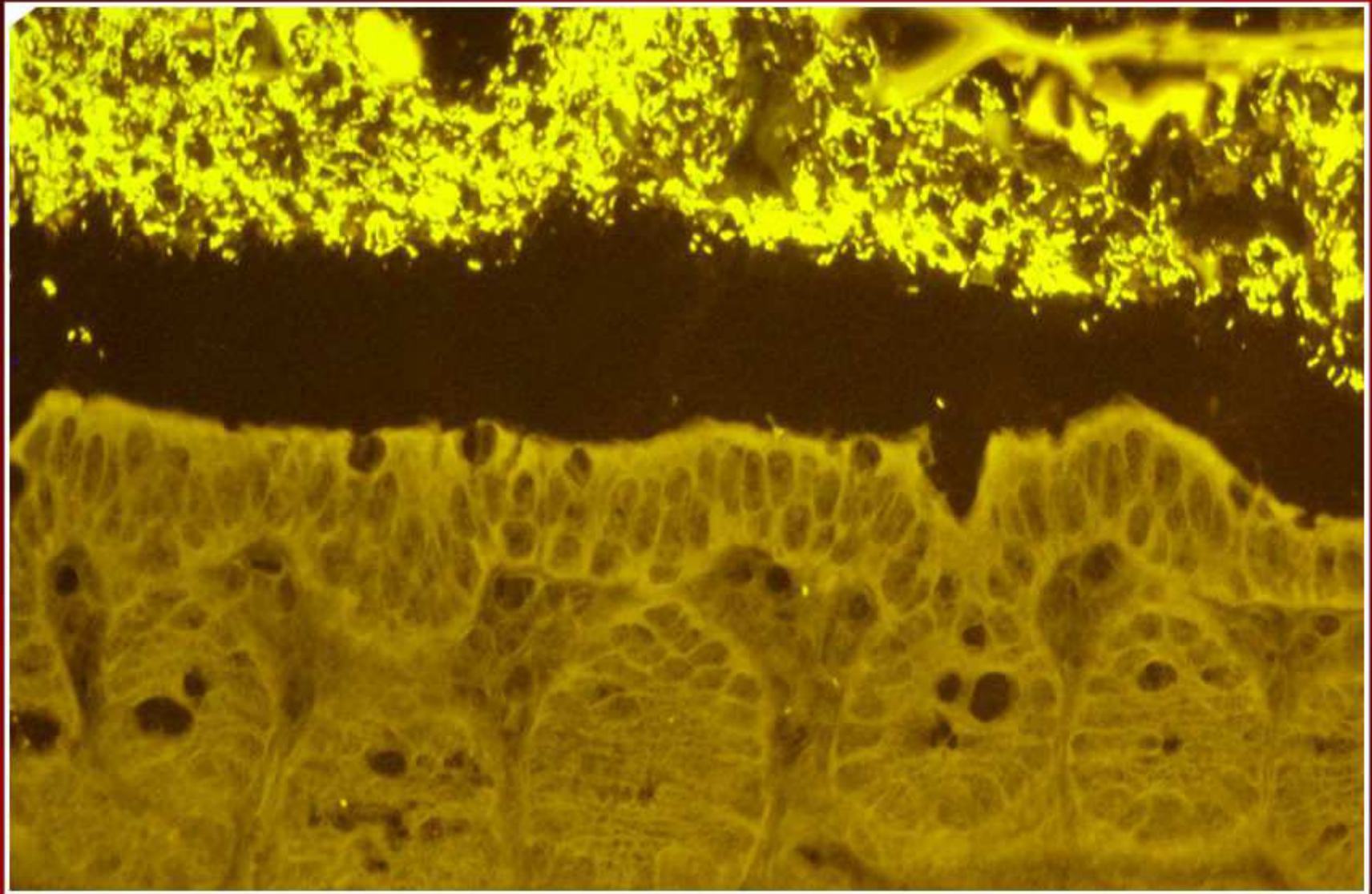
The viscosity-dependent changes in the concentrations of bacteria moving across *LB-agarose* after 20 hours of anaerobic growth.

Interlaced layer

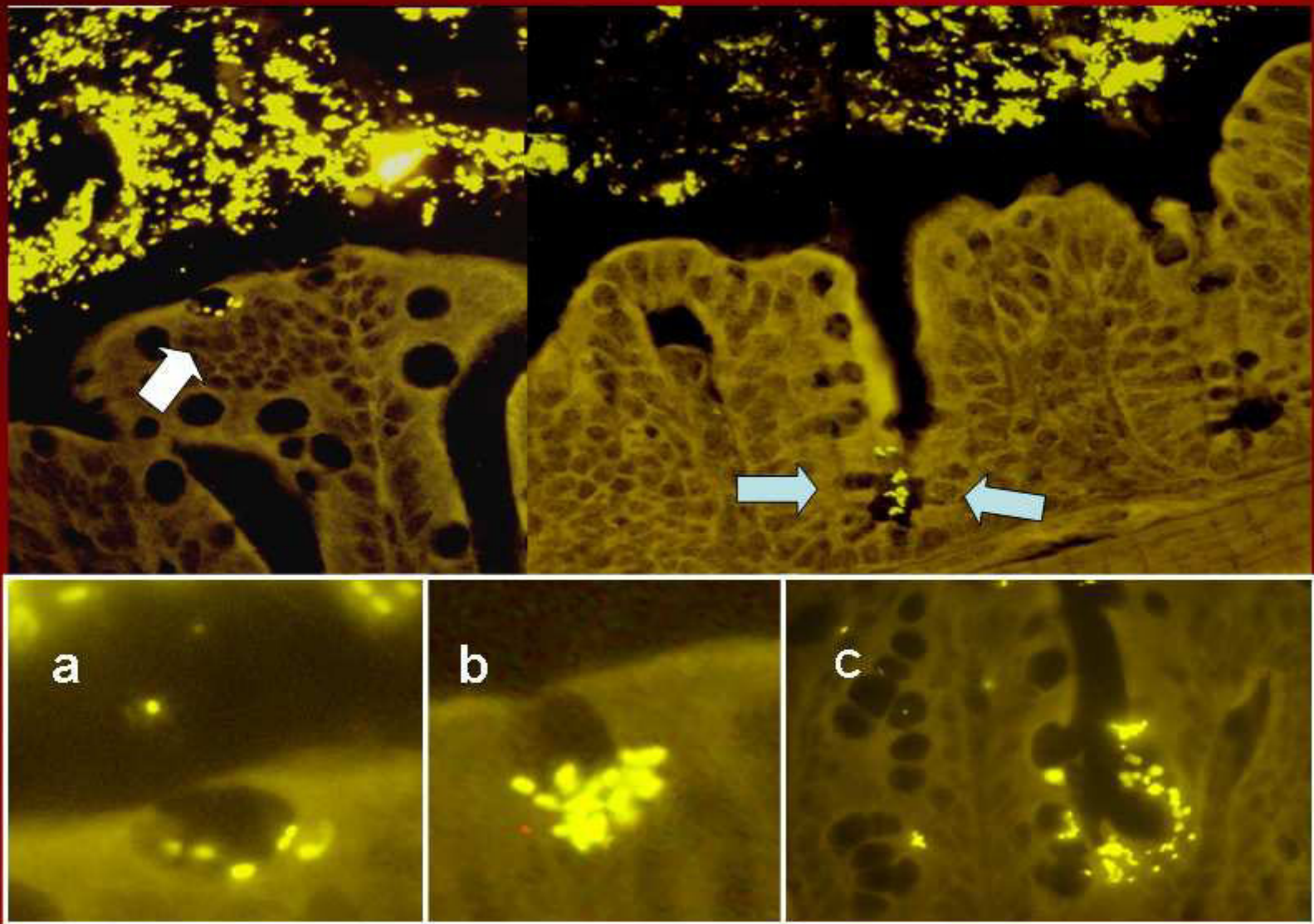
**In vitro
model**

Mouse



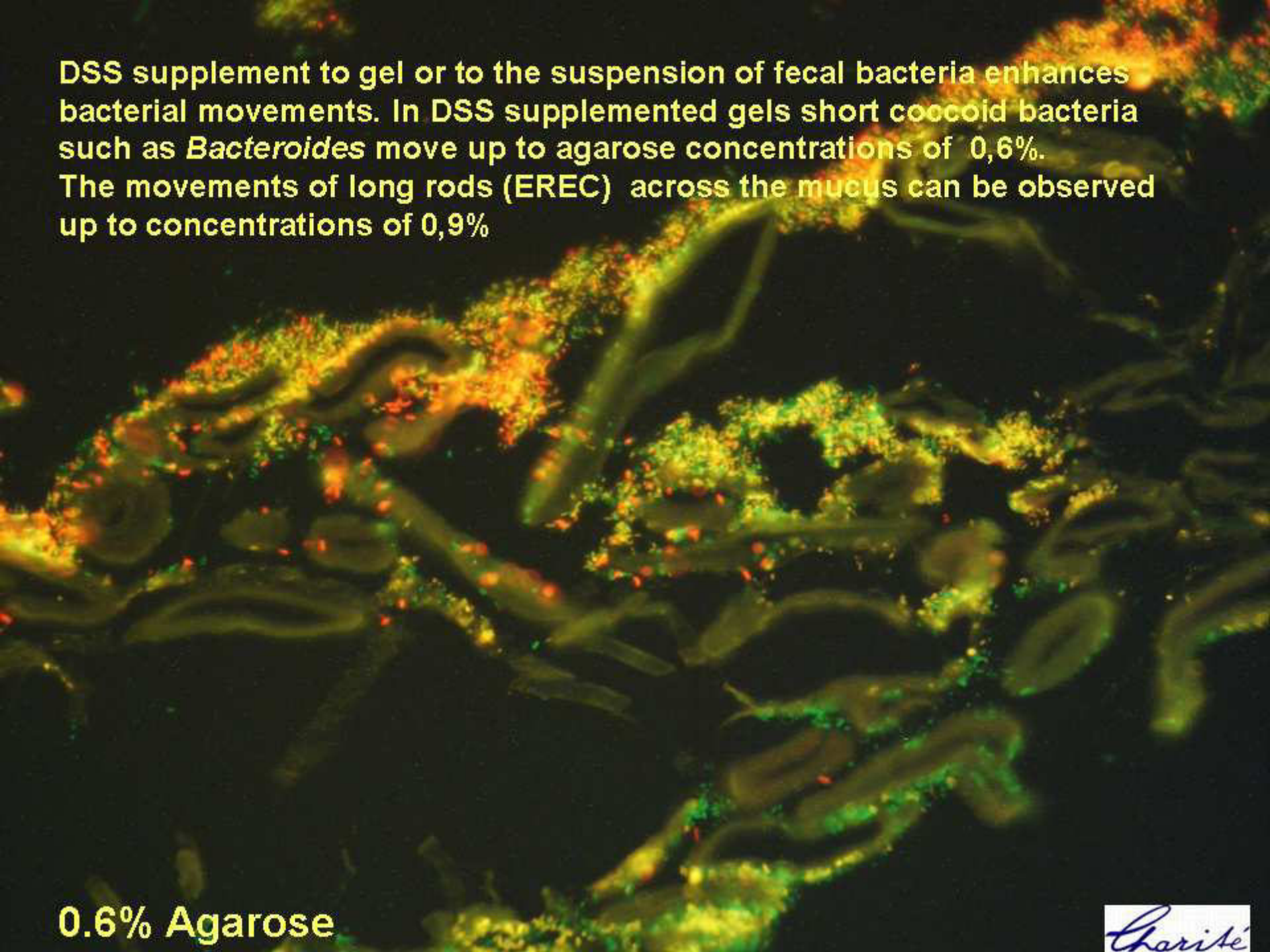


- Distal colon of mice mono-associated with *Enterobacter cloacae*



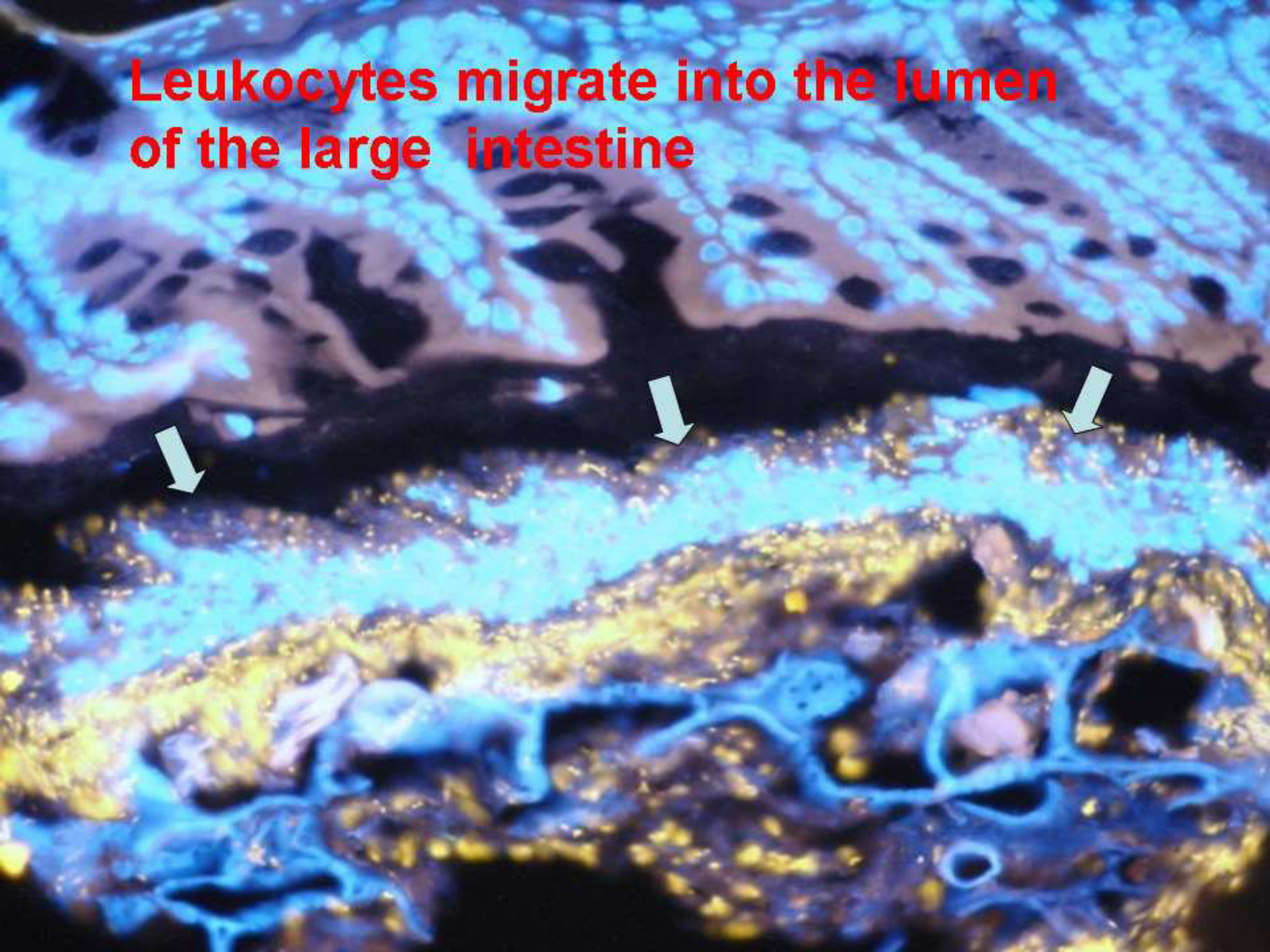
Proximal colon of mice mono-associated with *Enterobacter cloacae*

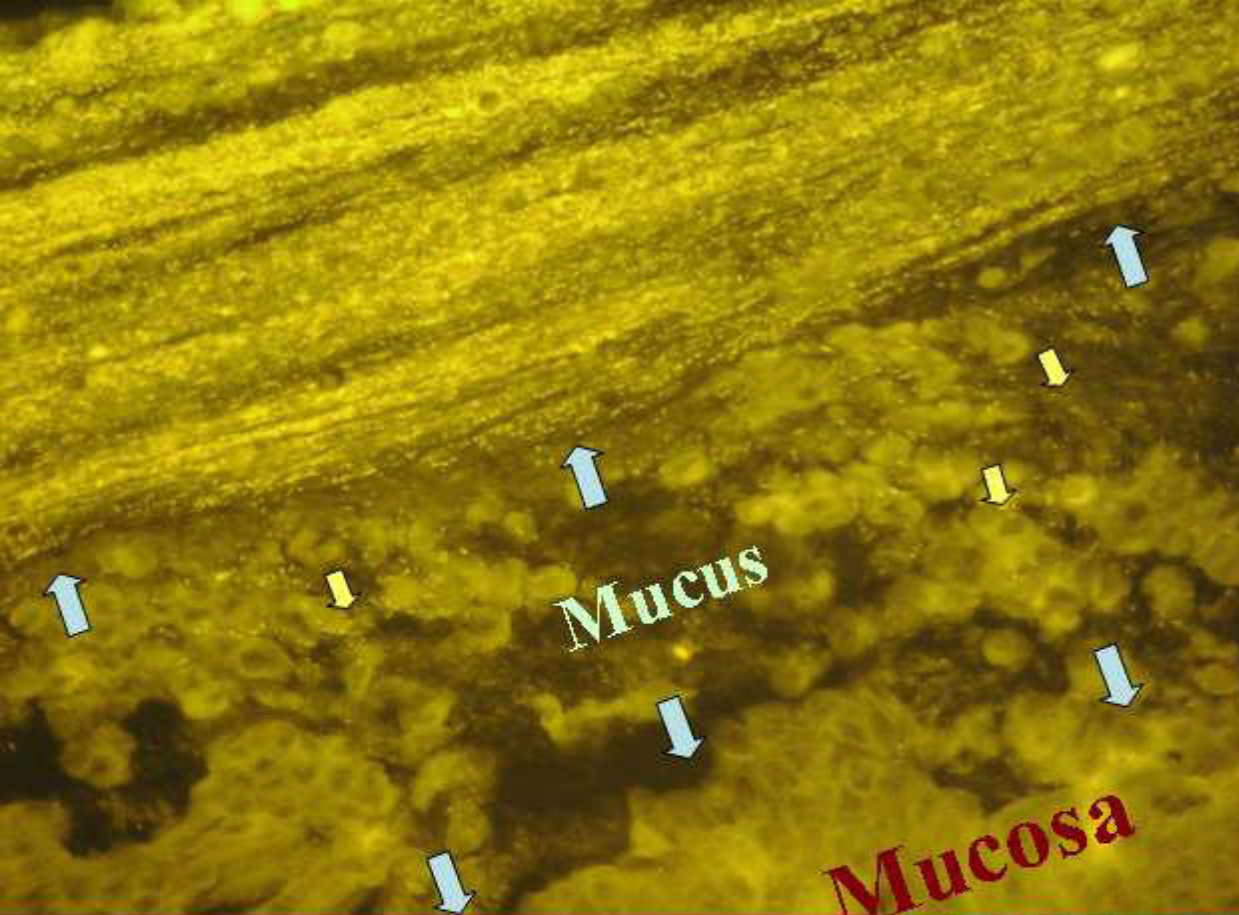
DSS supplement to gel or to the suspension of fecal bacteria enhances bacterial movements. In DSS supplemented gels short coccoid bacteria such as *Bacteroides* move up to agarose concentrations of 0,6%. The movements of long rods (EREC) across the mucus can be observed up to concentrations of 0,9%



0.6% Agarose

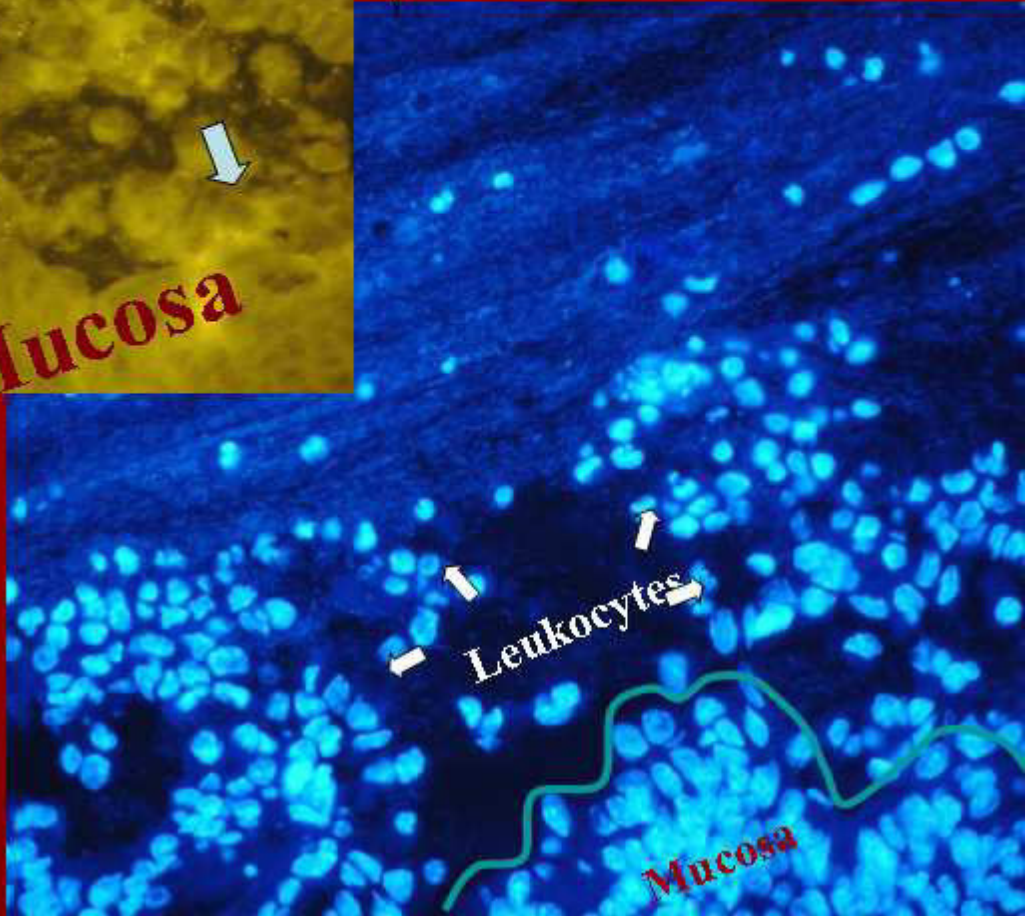
Leukocytes migrate into the lumen of the large intestine

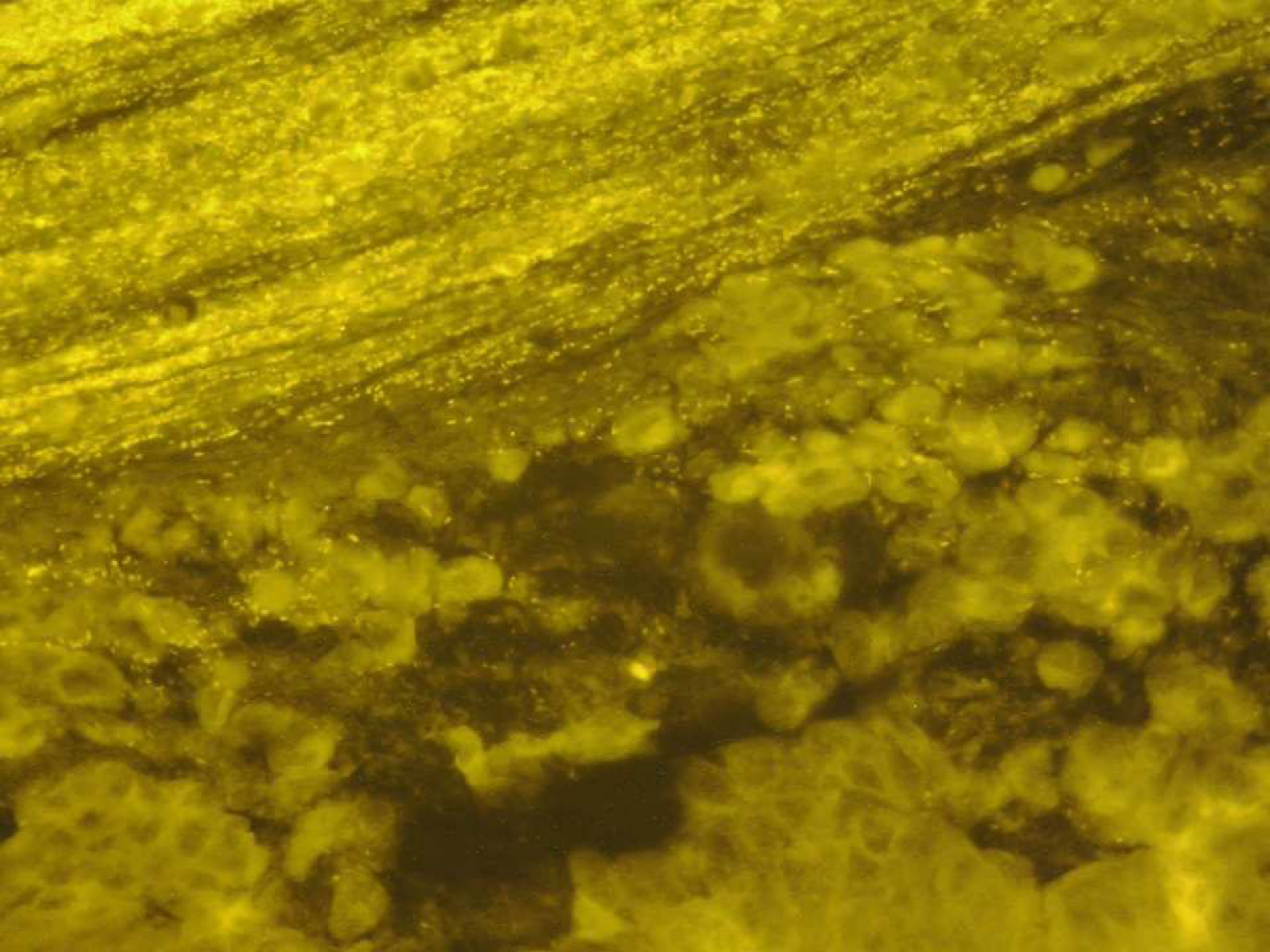




Bacteroides
crosses
mucus

The same microscopic field in DAPI shows leukocytes (large blue nuclei) migrating in mucus and hindering *Bacteroides* movement towards mucosa, normally only single leukocytes are present in mucus

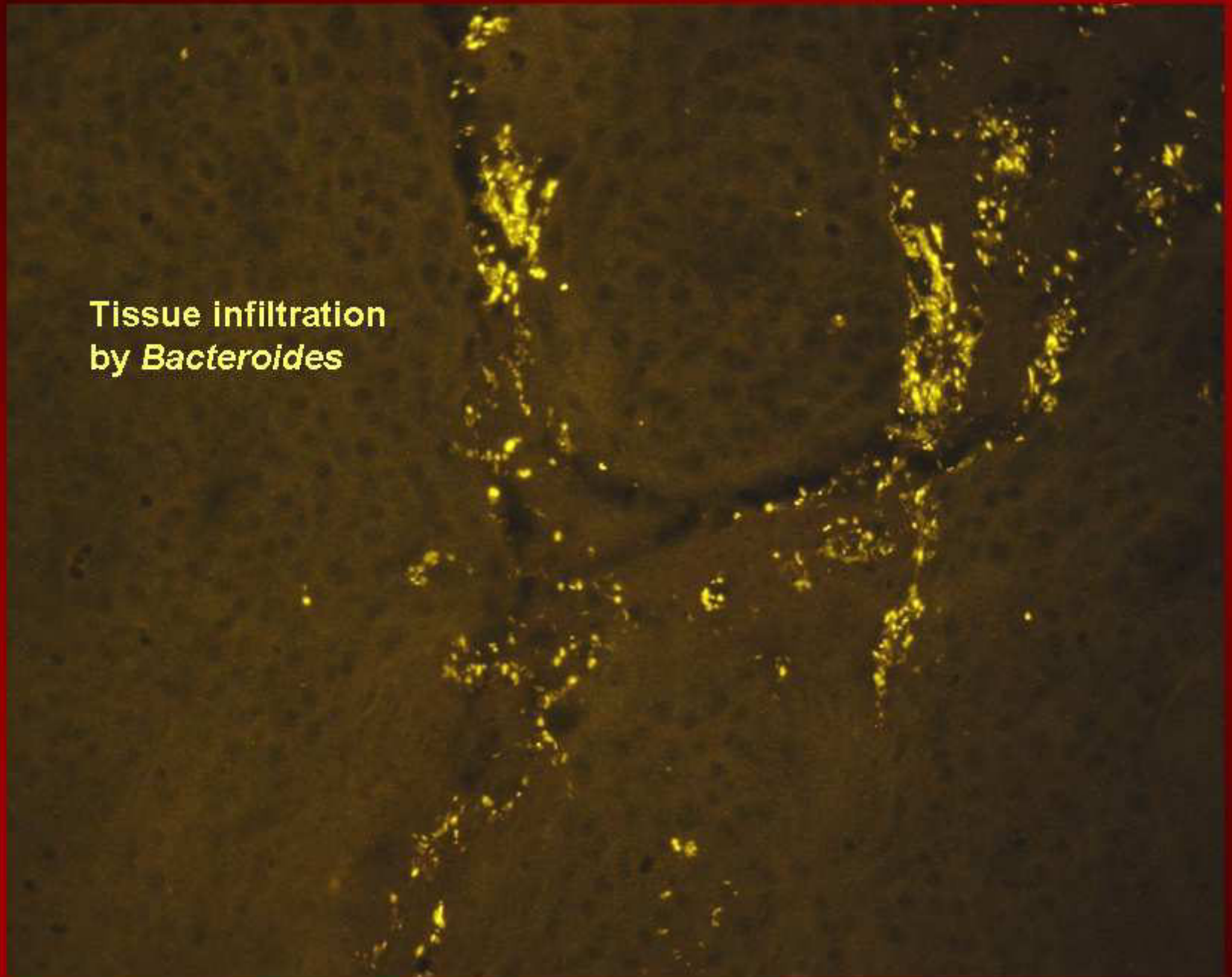




Bacteroides-adhesion to the colonic wall

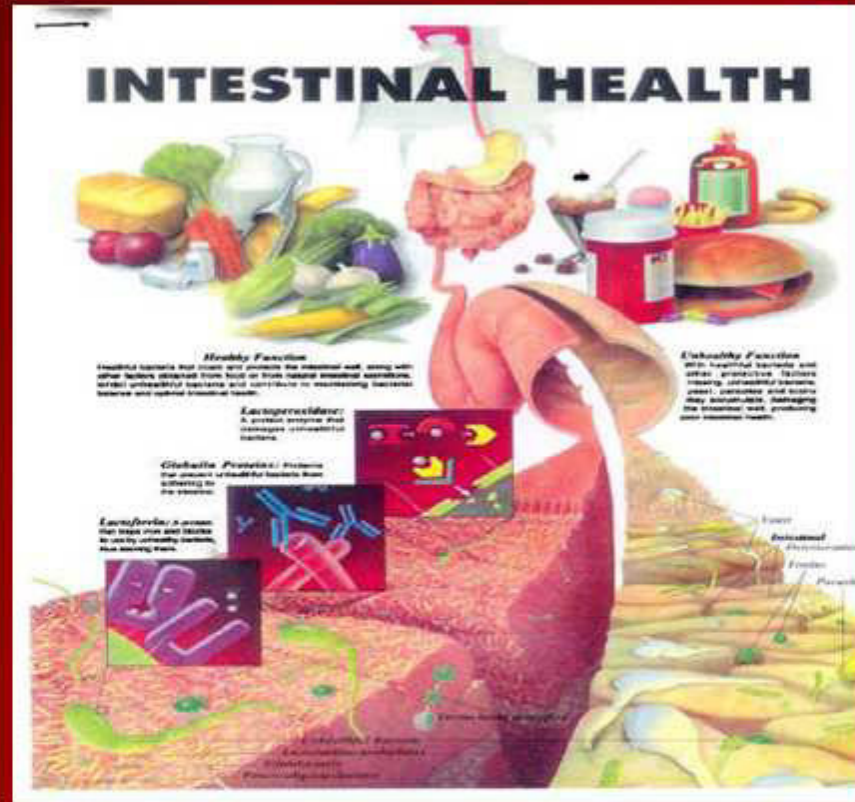


Tissue infiltration
by *Bacteroides*



Tolerance

normal
Flora



Inflammatory Response

Enteral
Pathogens



E. coli

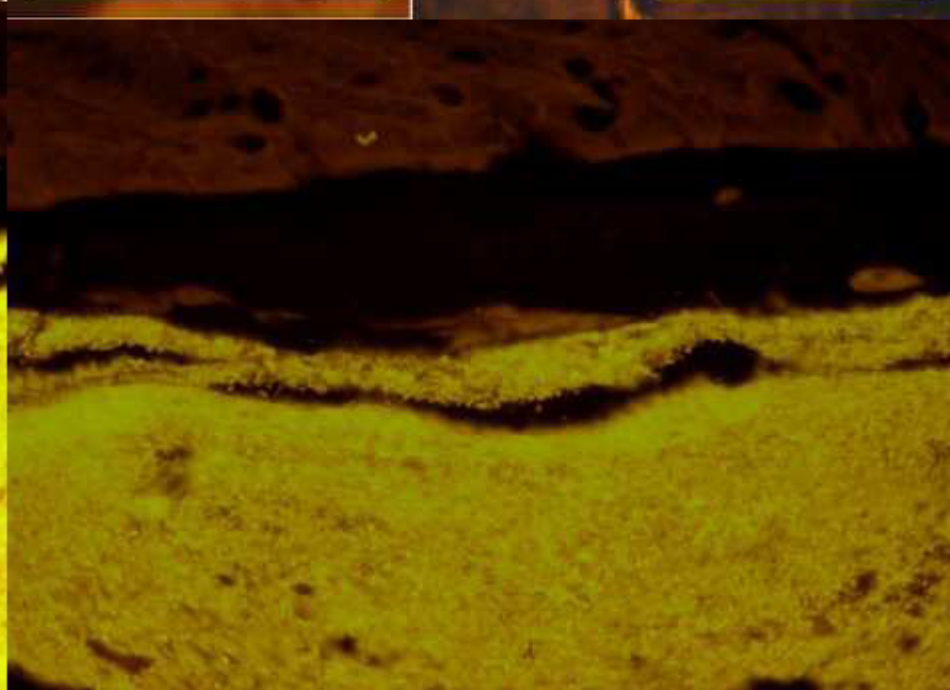
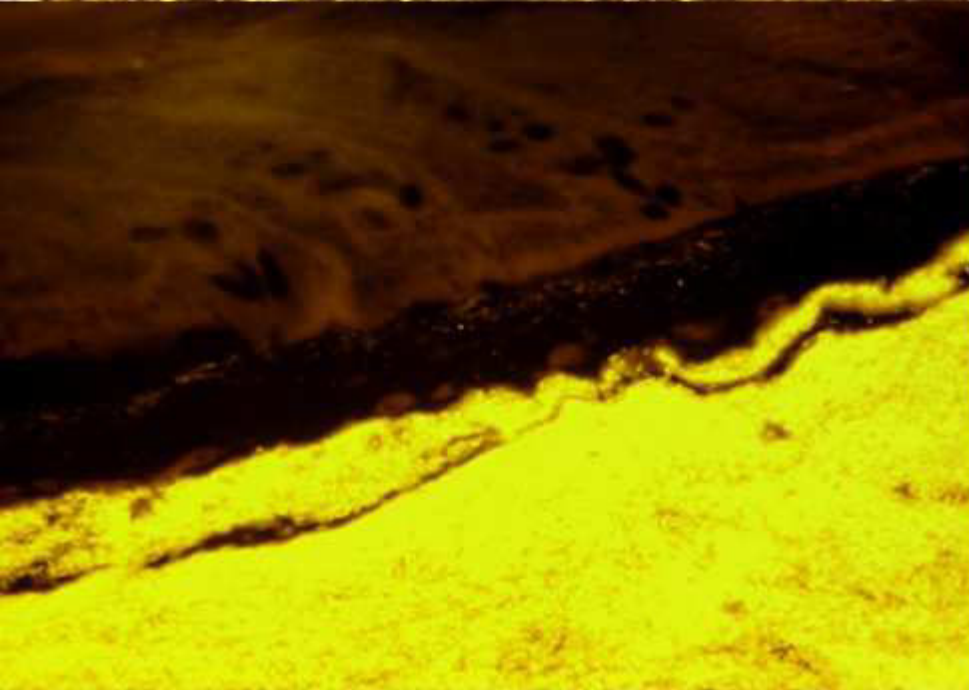
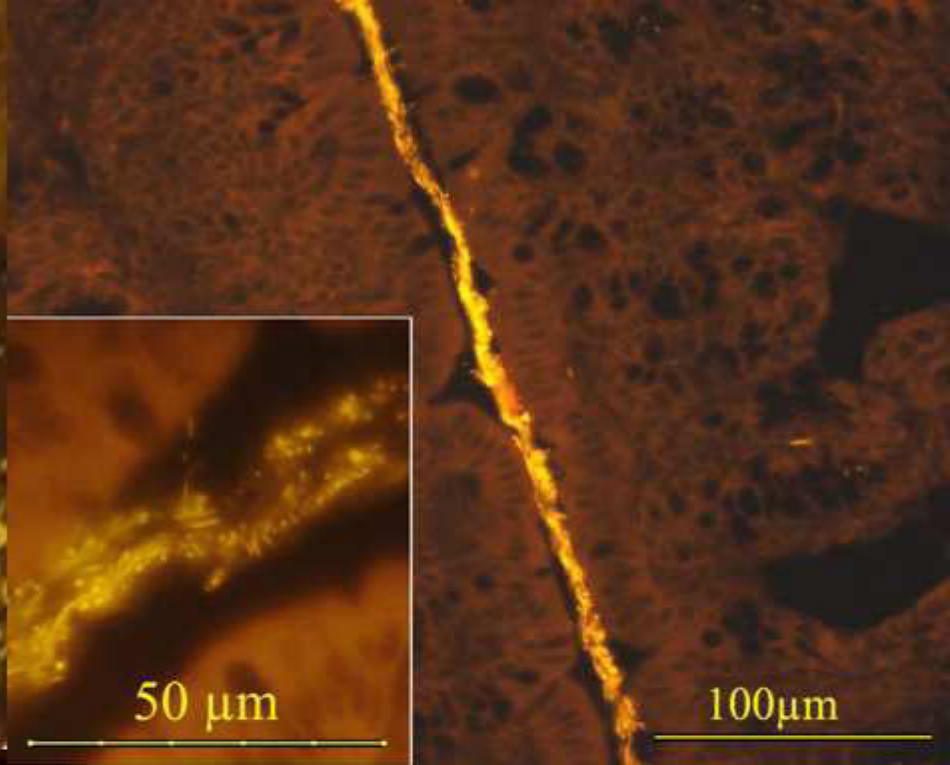
Bacteroides

Clostridium difficile

Enterococci

Salmonella

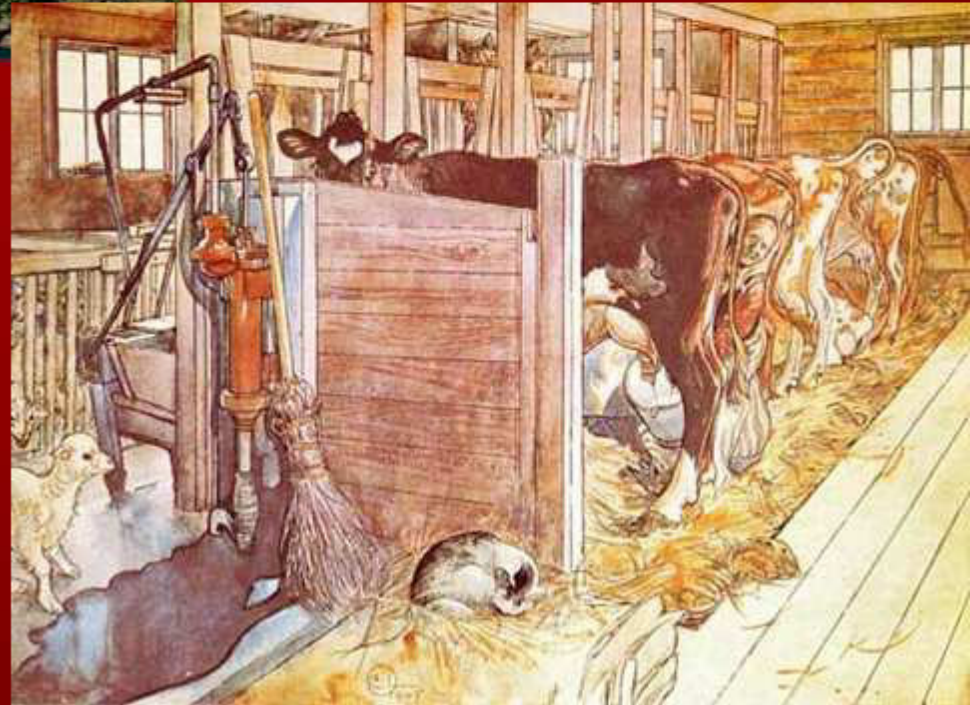
Shigella





Hygiene hypothesis

GO
BACK!

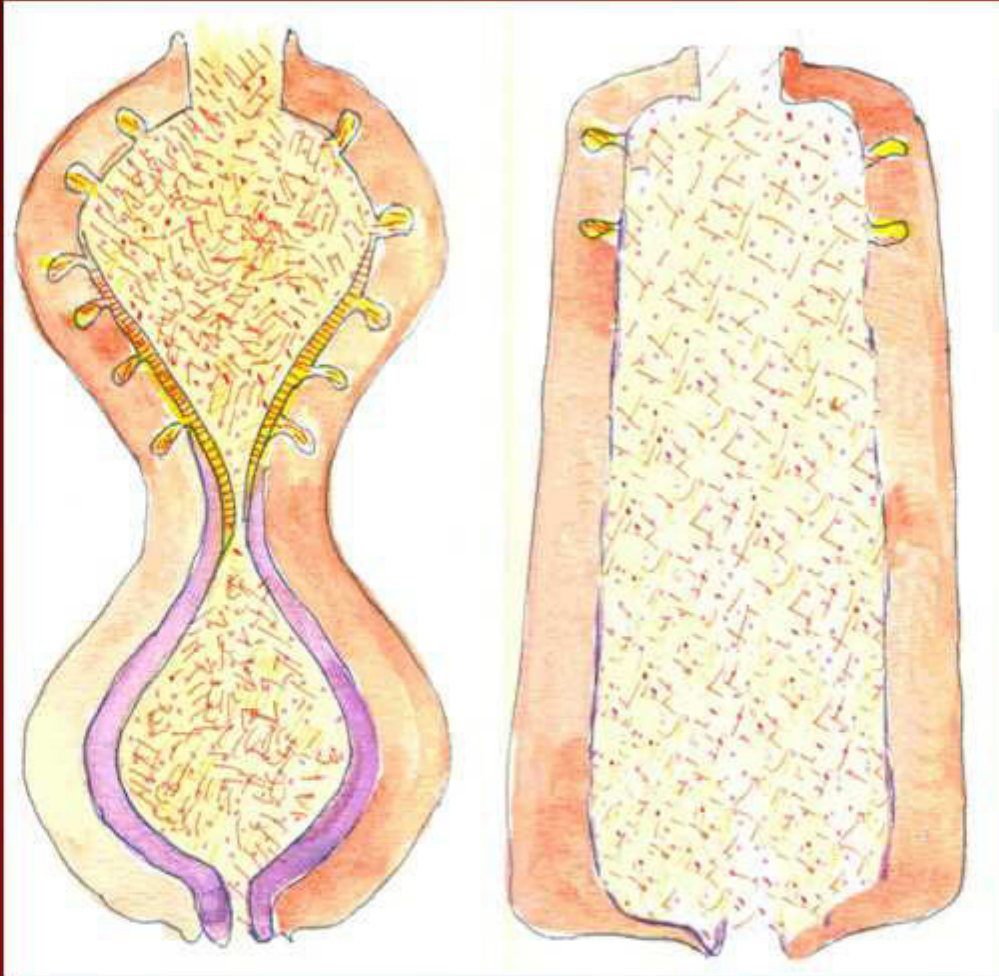


Kochen mit dem WOK



Indien, **Mini Auberginen**,
Südafrika, **Mini Zucchini**,
Peru, **Mini Spargel grün oder**
Kenia, **Kaiserschoten**
Kl. I, 100 g = 1.00, **je 200-g-Packung**

1 99
◆



Soaps and emulsifying substances make our environment clean. They may however have the same effect on the mucus of man as DSS on the mucus of mouse.

Factors affecting mucus barrier

Exogenic:

Detergents:

Bacterial virulence:

Glutens as natural emulsifiers need bacteria to be pathogenetic

Smoking

Endogenic:

Bile acids are normally fully resorbed in ileum but lead to diarrhea if arrive in large intestine

Defensins, Antibodies draining

Probiotics, Prebiotics,

Oligonucleotids Nucleinacidsderivates

Inflammatory response

Genetic

NOD 2 Mutation

[E425](#), Konjak

[E432 bis E436](#), Polysorbat

- E432, Polyoxyethylen-sorbitan-monolaurat (Polysorbat 20)
- E433, Polyoxyethylen-sorbitan-monoololat (Polysorbat 80)
- E434, Polyoxyethylen-sorbitan-monopalmitat (Polysorbat 40)
- E435, Polyoxyethylen-sorbitan-monostearat (Polysorbat 60)
- E436, Polyoxyethylen-sorbitan-tristearat (Polysorbat 65)

[E440](#), Pektine, Amidiertes Pektin

[E442](#), Ammoniumsälze von Phosphatidsäuren

[E444](#), Saccharose-acetat-isobutyrat

[E445](#), Glycerinester aus WurzelharzKolophonester

[E450 bis E452](#), Phosphate

[E459](#), Beta-Cyclodextrin

[E460 bis E469](#) Cellulose und Celluloseverbindungen

- E460, Cellulose, Mikrokristalline Cellulose, Cellulosepulver
- E461, Methylcellulose
- E463, Hydroxypropylcellulose
- E464, Hydroxypropylmethylcellulose
- E465, Ethylmethylcellulose
- E466, Carboxymethylcellulose, Natriumcarboxymethylcellulose
- E468, Vernetzte Natrium-Carboxymethylcellulose
- E469, Enzymatisch hydrolysierte-Carboxymethylcellulose
- [E470a und E470b](#), Salze von Speisefettsäuren
- E470a, Natrium-, Kalium- und Calciumsalze von Speisefettsäuren
- E470b, Magnesiumsalze von Speisefettsäuren
- [E471 bis E472f](#), Mono- und Diglyceride von Speisefettsäuren
- E471, Mono- und Diglyceride von Speisefettsäuren, Monoglycerid
- E472a, Essigsäureester von Mono- und Diglyceriden von Speisefettsäuren
- E472b, Milchsäureester von Mono- und Diglyceriden von Speisefettsäuren
- E472c, Citronensäureester von Mono- und Diglyceriden von Speisefettsäuren
- E472d, Weinsäureester von Mono- und Diglyceriden von Speisefettsäuren
- E472e, Mono- und Diacetylweinsäureester von Mono- und Diglyceriden von Speisefettsäuren
- E472f, Gemischte Essig- und Weinsäureester von Mono- und Diglyceriden von Speisefettsäuren

[E473](#), Zuckerester von Speisefettsäuren

[E474](#), Zuckerglyceride

[E475](#), Polyglycerinester von Speisefettsäuren, Polyglycerinester

[E476](#), Polyglycerin-Polyricinoleat

[E477](#), Propylenglycolester von Speisefetten

[E479](#), Thermooxidiertes Sojaöl mit Mono- und Diglyceriden von Speisefettsäuren

[E481 bis E483](#), Natriumstearoyl-2-lactylat, Calciumstearoyl-2-lactylat,

Stearyltartrat

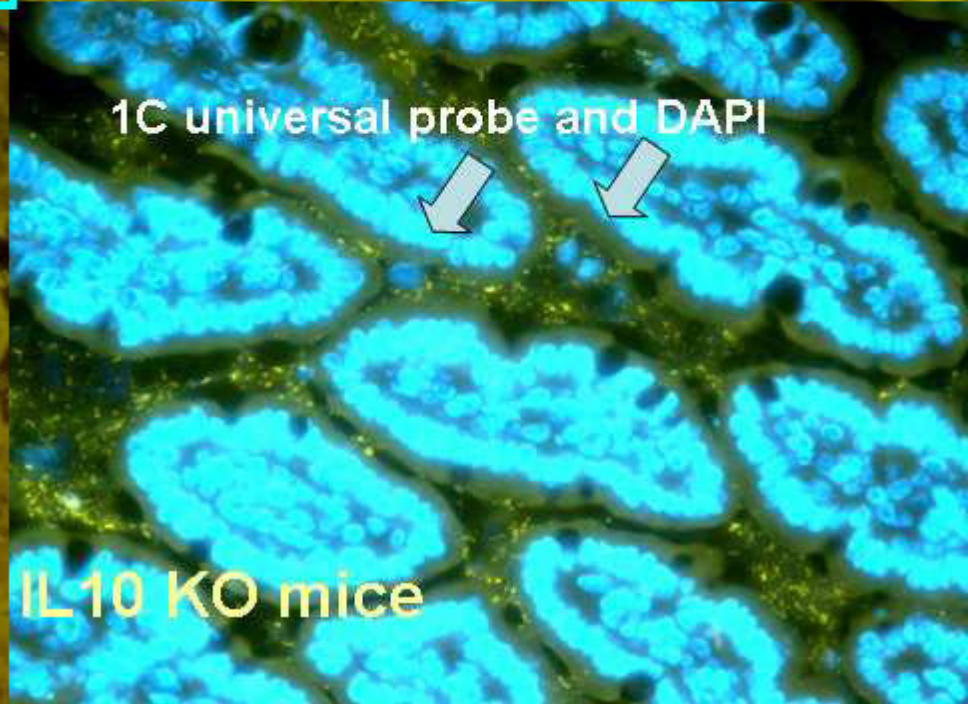
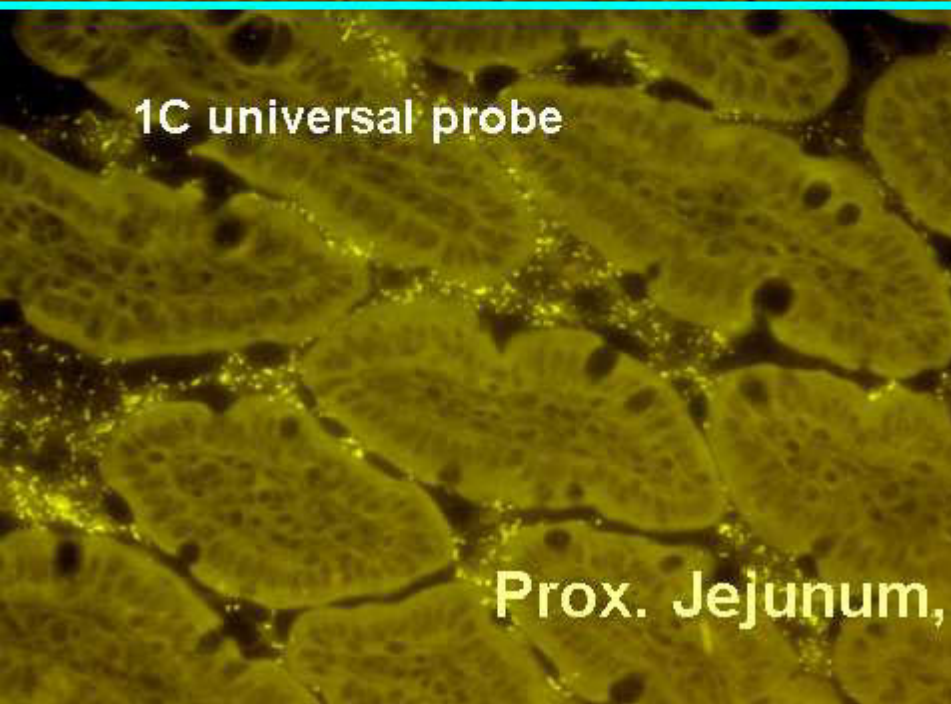
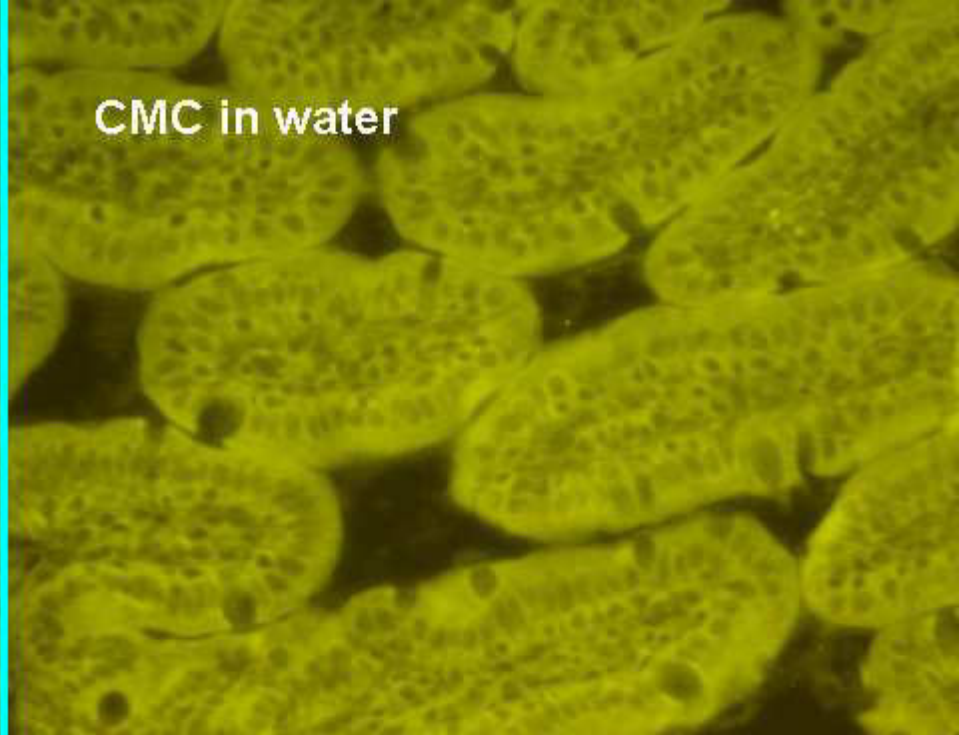
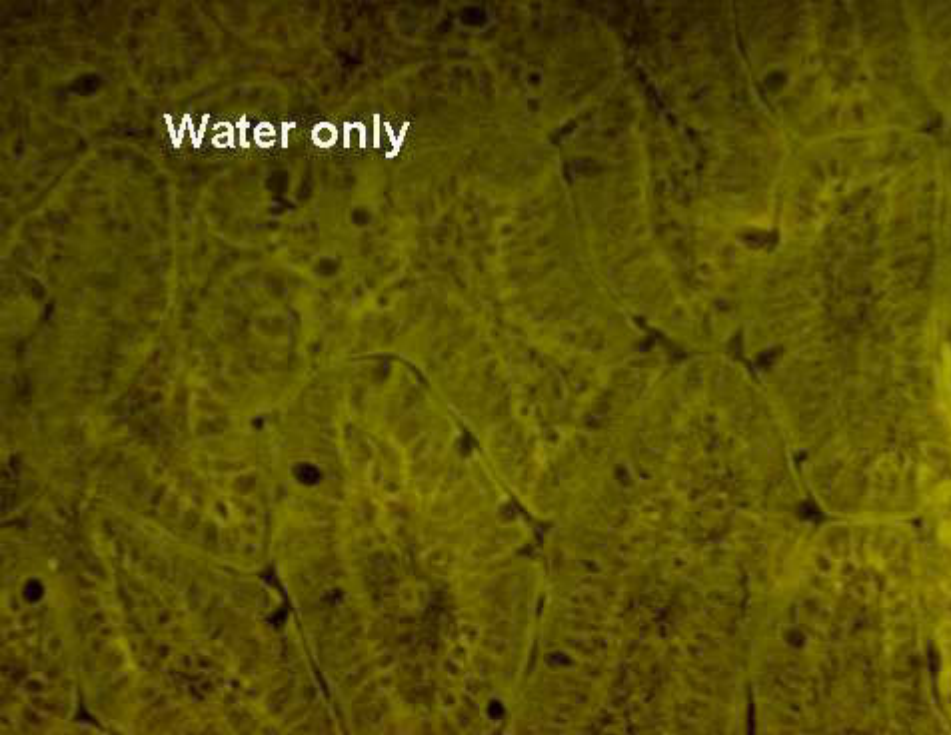
[E491 bis E495](#), Stearin- und Palmitatverbindungen

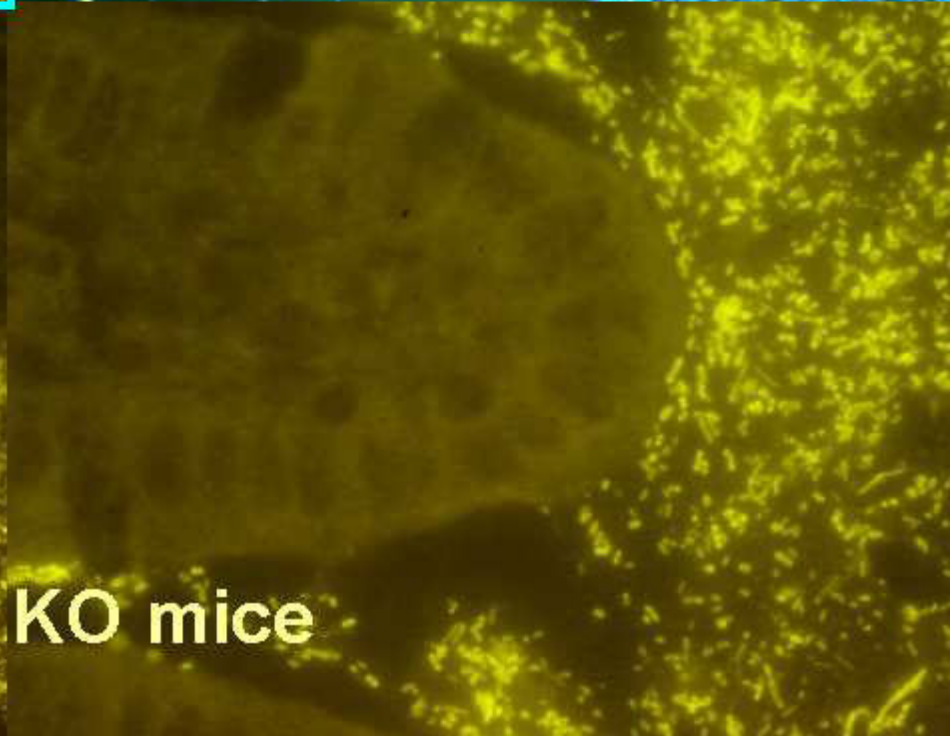
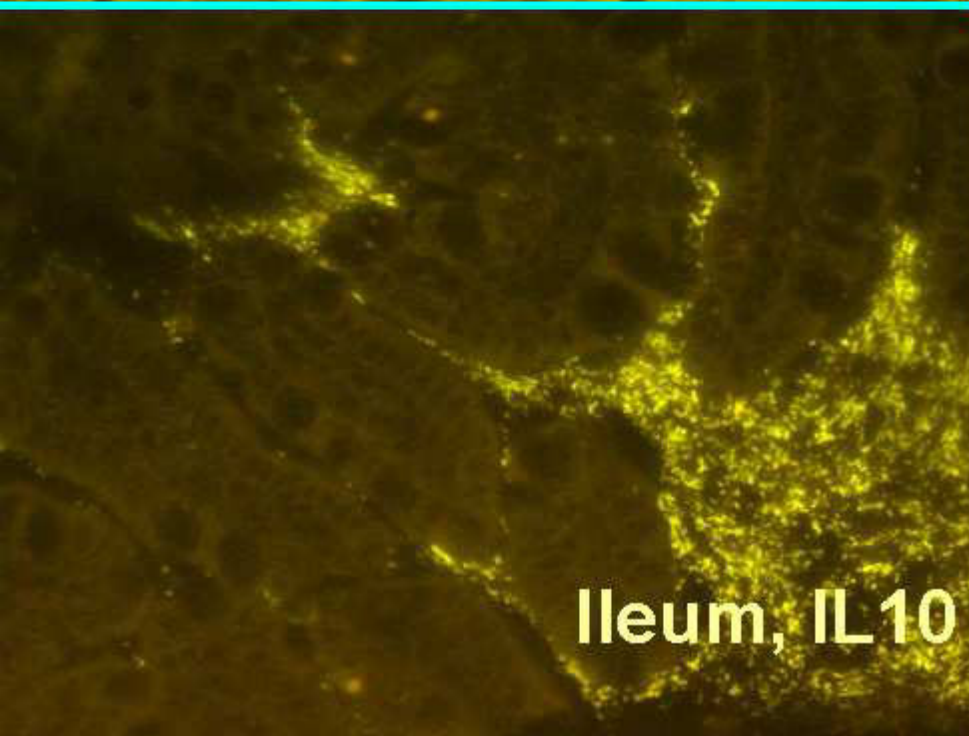
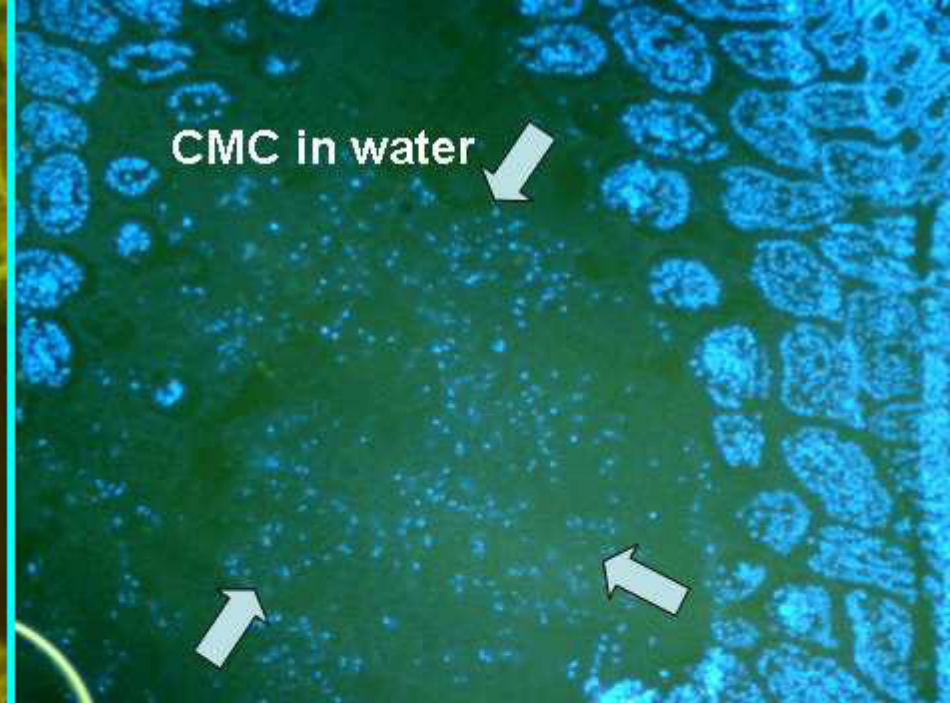
[E491](#), Sesquiterpenester

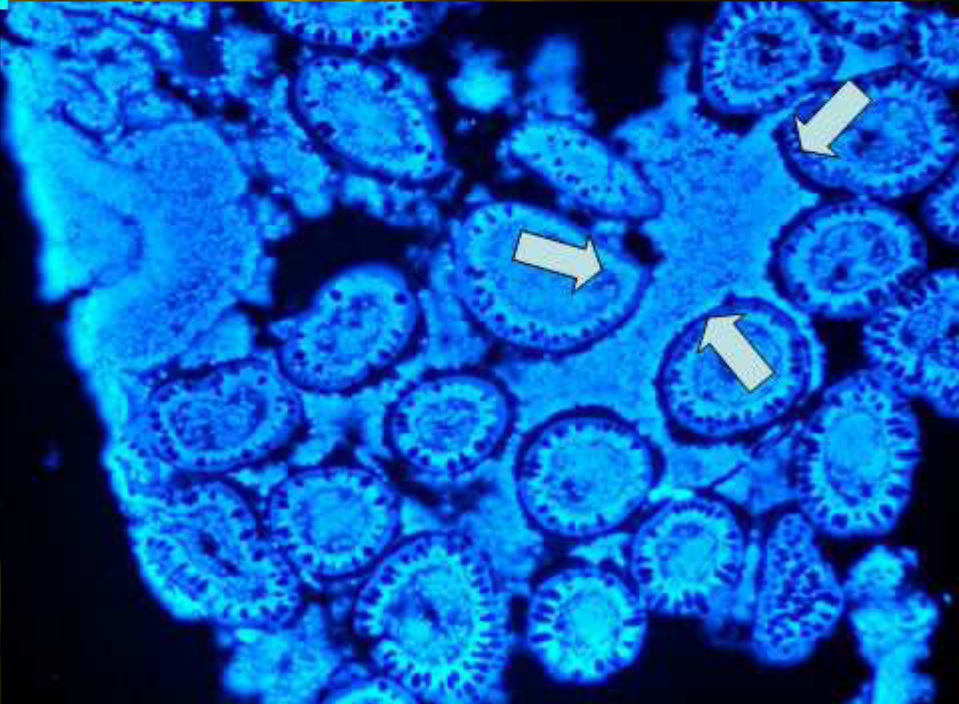
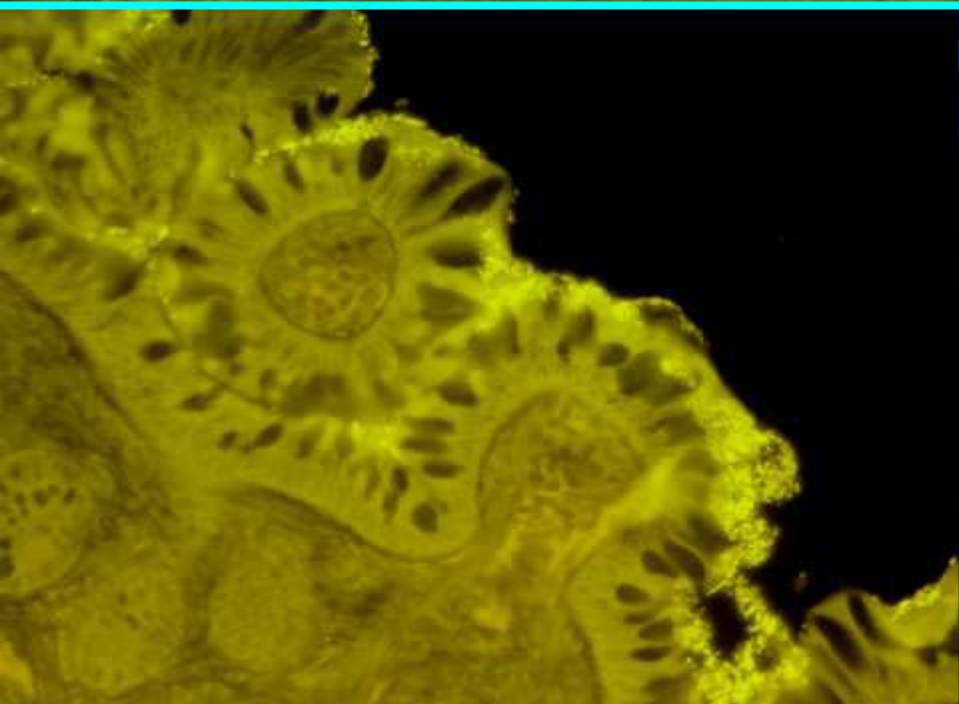
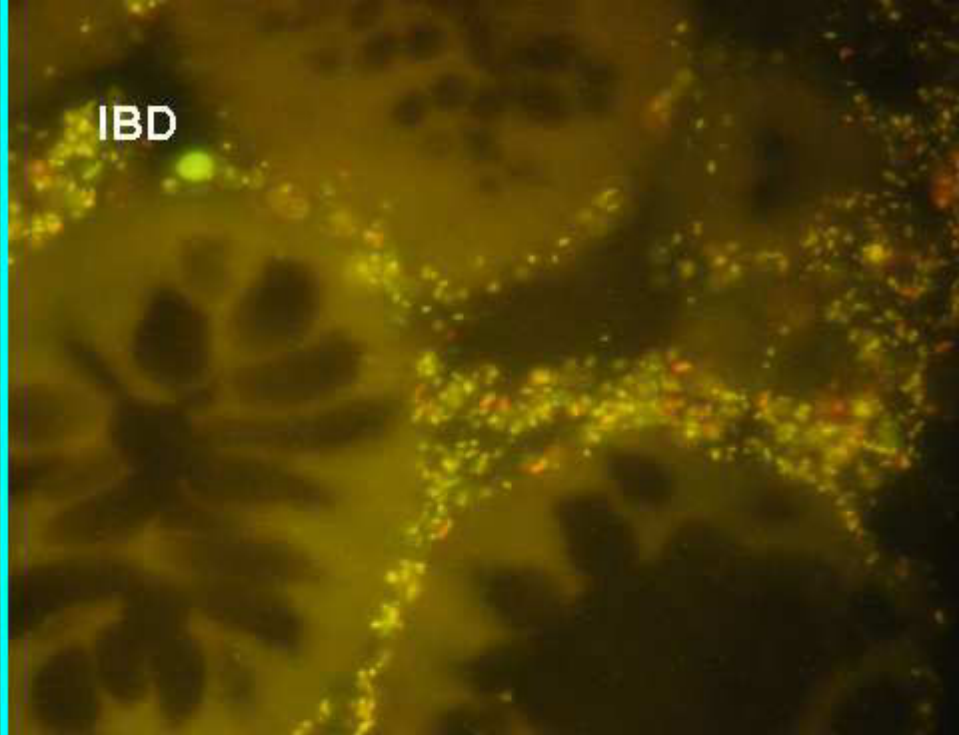
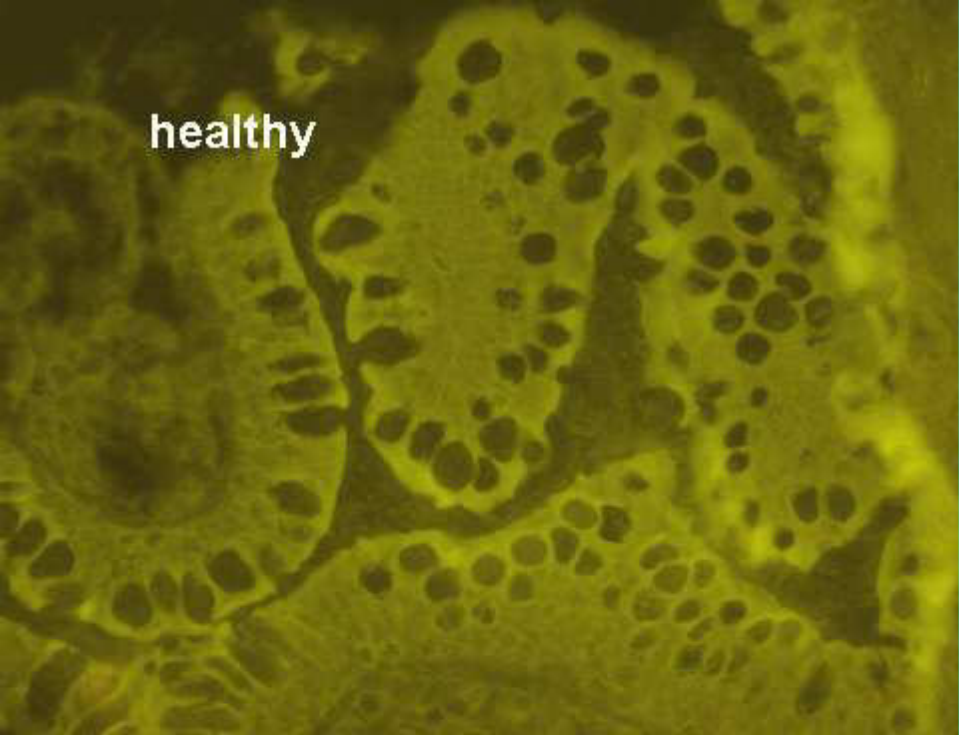
CMC

Carboxymethylcellulose

In IL 10 KO mice

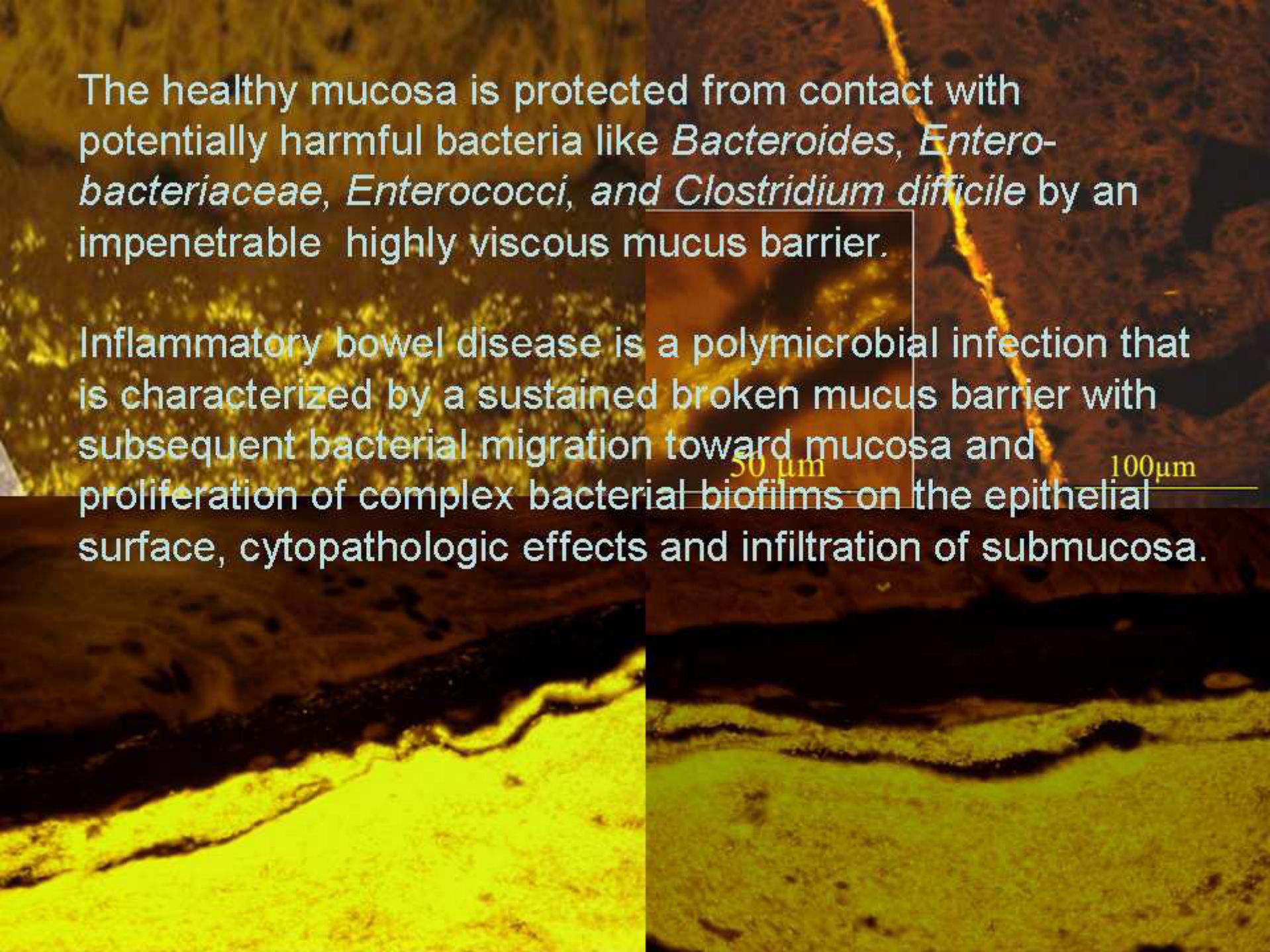






The healthy mucosa is protected from contact with potentially harmful bacteria like *Bacteroides*, *Enterobacteriaceae*, *Enterococci*, and *Clostridium difficile* by an impenetrable highly viscous mucus barrier.

Inflammatory bowel disease is a polymicrobial infection that is characterized by a sustained broken mucus barrier with subsequent bacterial migration toward mucosa and proliferation of complex bacterial biofilms on the epithelial surface, cytopathologic effects and infiltration of submucosa.



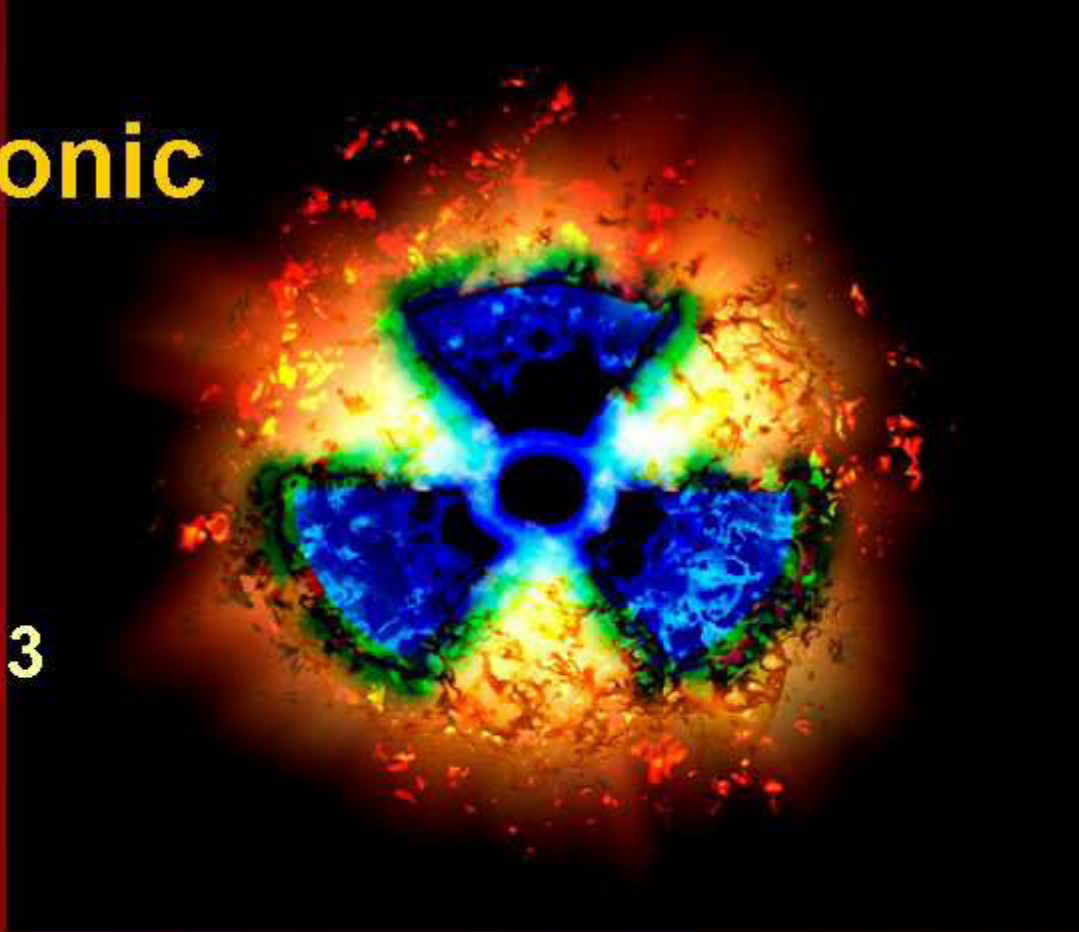
Possible ways to remodel the mucus barrier

- **Selective control of mucus secretion and dehydration**
(analoga of cortisol)
Induction of a higher differentiation of epithelial cells, which leads to switch from mainly secretory to adsorptive function
(analoga of anti TNF suppressing apoptosis, MTX, Azathioprin?)
- **Suppression of adherent bacterial biofilms**
(effects of 5-ASA)
- **Reduction of the burden of detergents and emulsifiers in our foods**
(Colestyramin, Ursosofalk)
- **Eradication of occasional pathogens comprising mucus barrier**
like Entero-adhesive E.coli, Fusobaterium nucleatum, Serpulina
(antibiotics, probiotics?)
- **Simulation of innate immunity**
(GM CSF, Interferon, probiotics?)
- **Regulation of CNS (Amitriptylin) and local neuronal control (Imodium)**

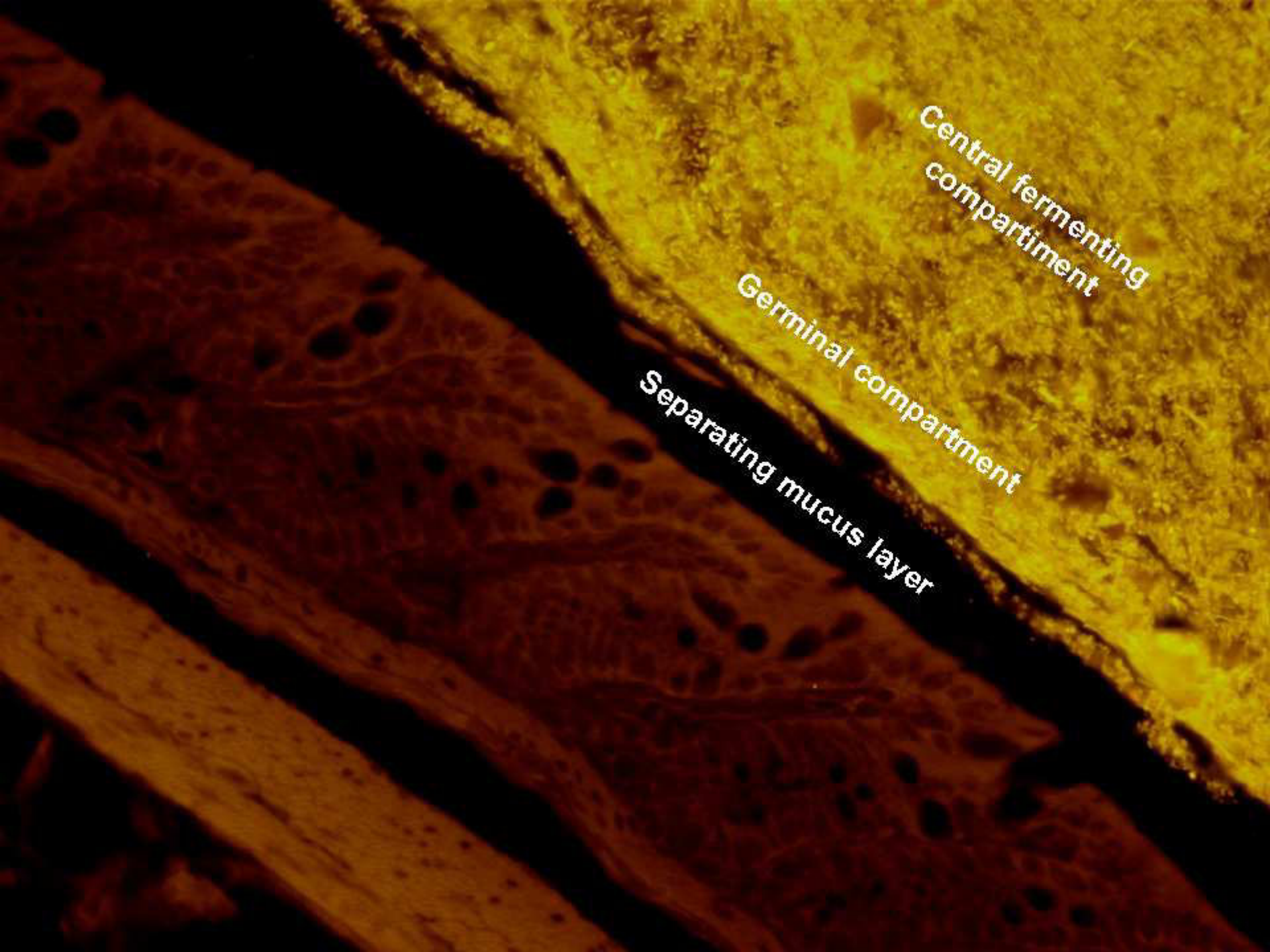
- **Structure-functional compartment analysis of colonic microbiota**

Hazards of colonic bioreaktor

all bacteria 10^{13}



- **>10¹⁰/Gr.**
- Clostridium perfringens (gas gangrene)
- Enterococci (Endocarditis)
- Bacteroides (Abscess)
- E.coli (Sepsis)
- 1/5 has Clostridium botulinum !!!

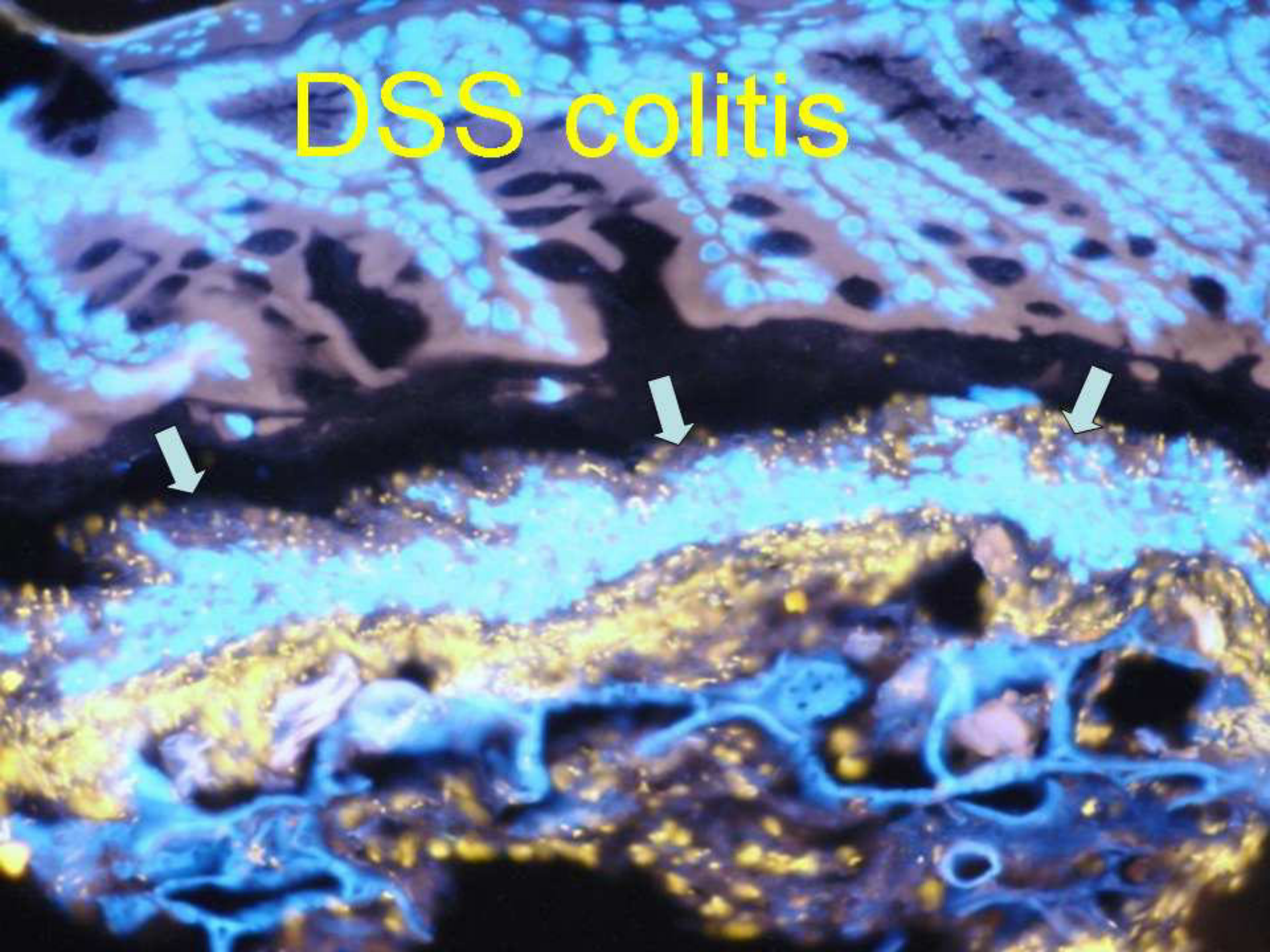


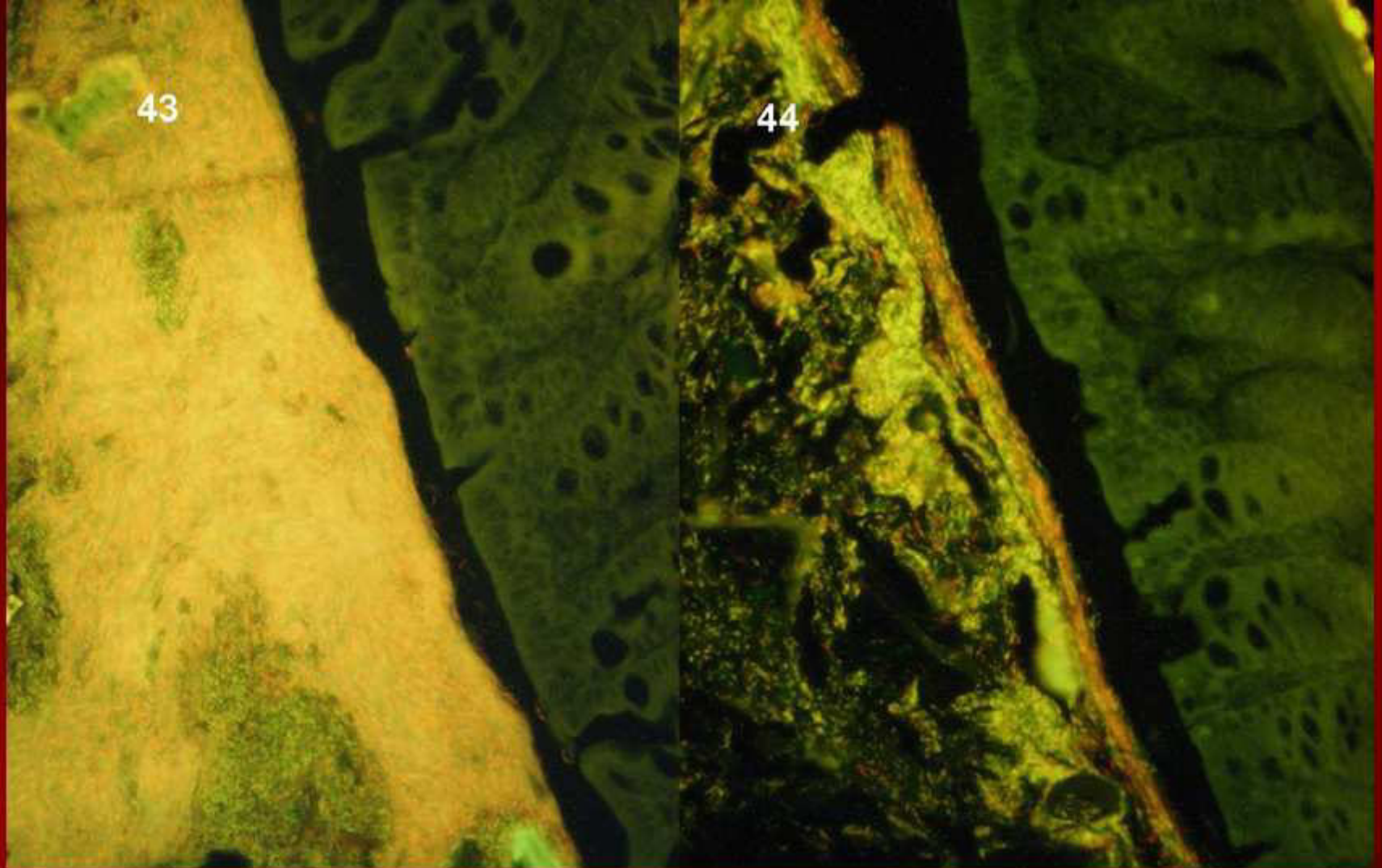
Central fermenting compartment

Germinal compartment

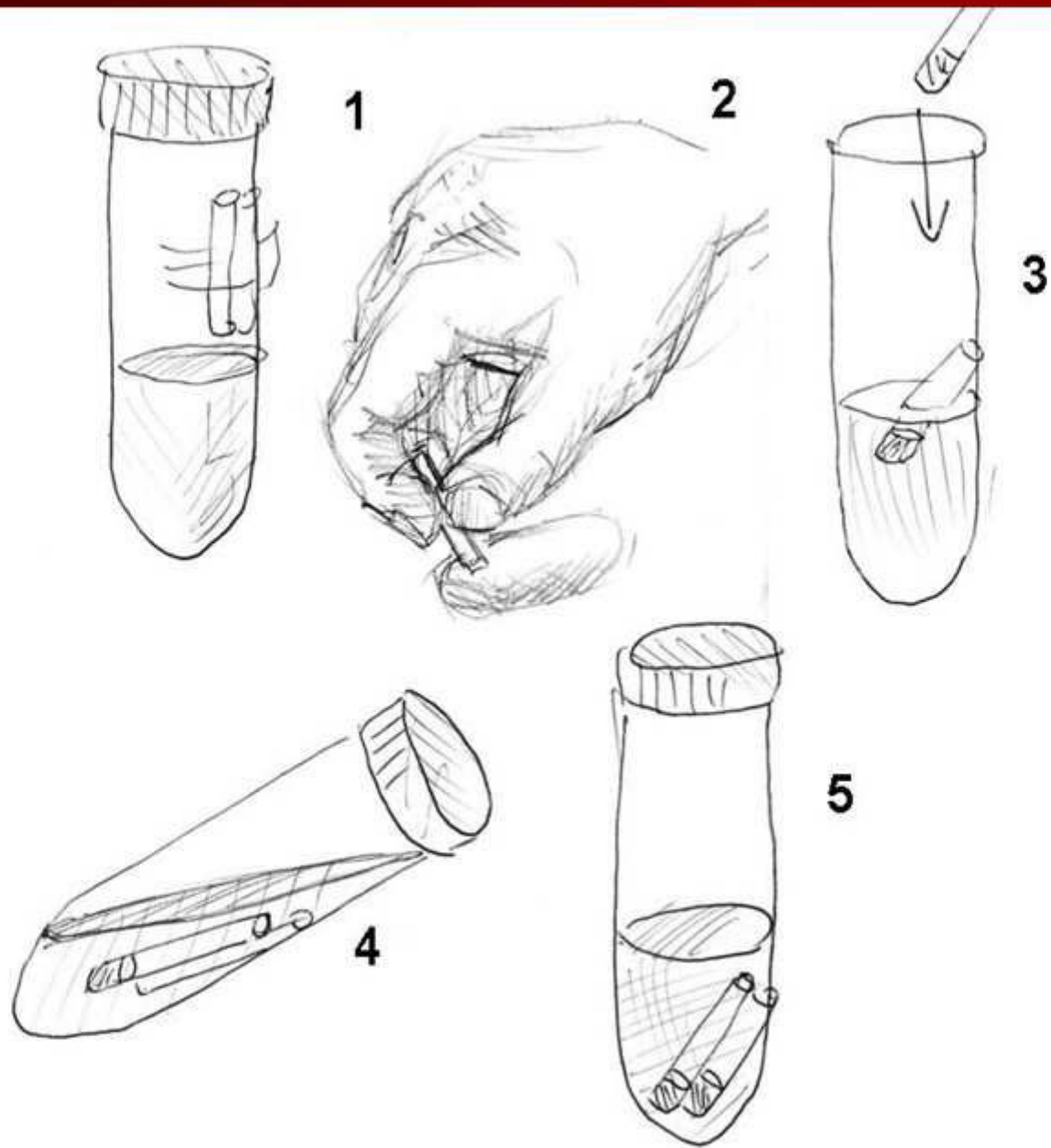
Separating mucus layer

DSS colitis

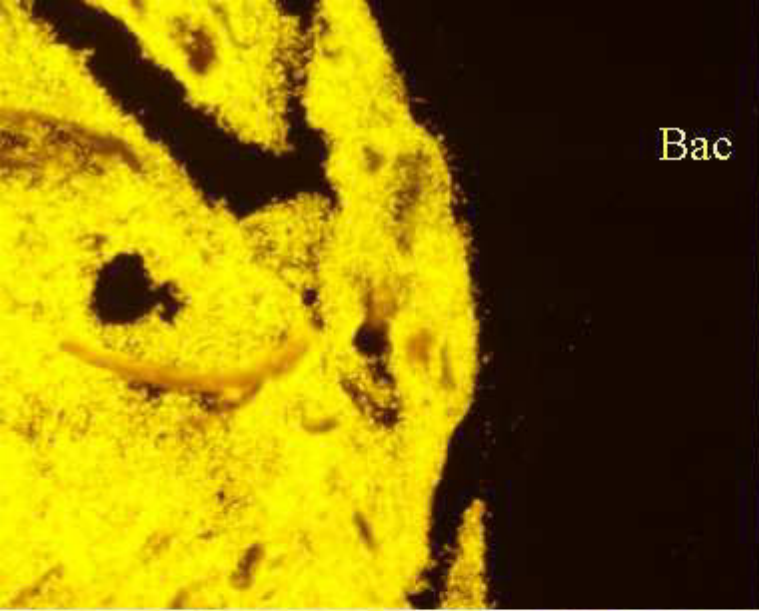




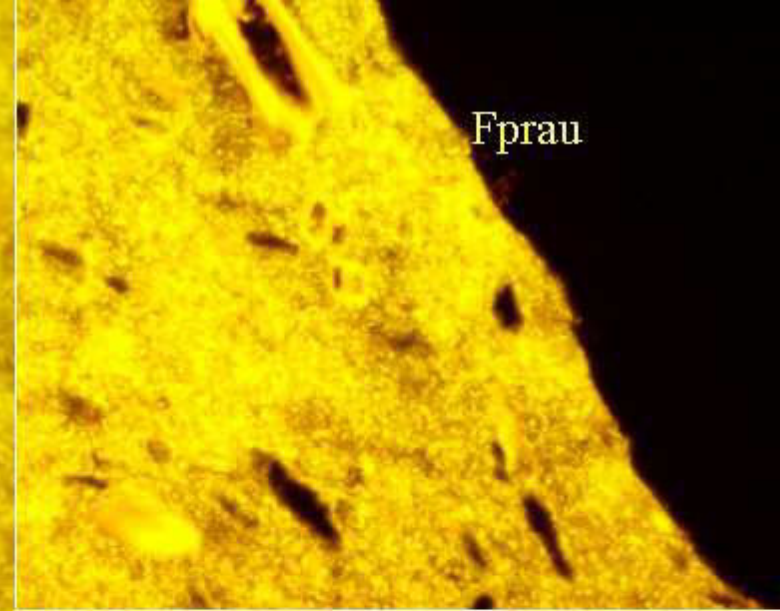
- Colonic bacteria in the healthy wild-type mouse are diffusely distributed and have similar high concentrations at the center of feces and in the “germinal” zone.
- Bacteria are suppressed in a 28 week-old mouse with IL-10 deficiency, especially at the center of feces. The germinal zone is not involved.







Bac



Fprau

Habitual bacterial groups

Erec x400

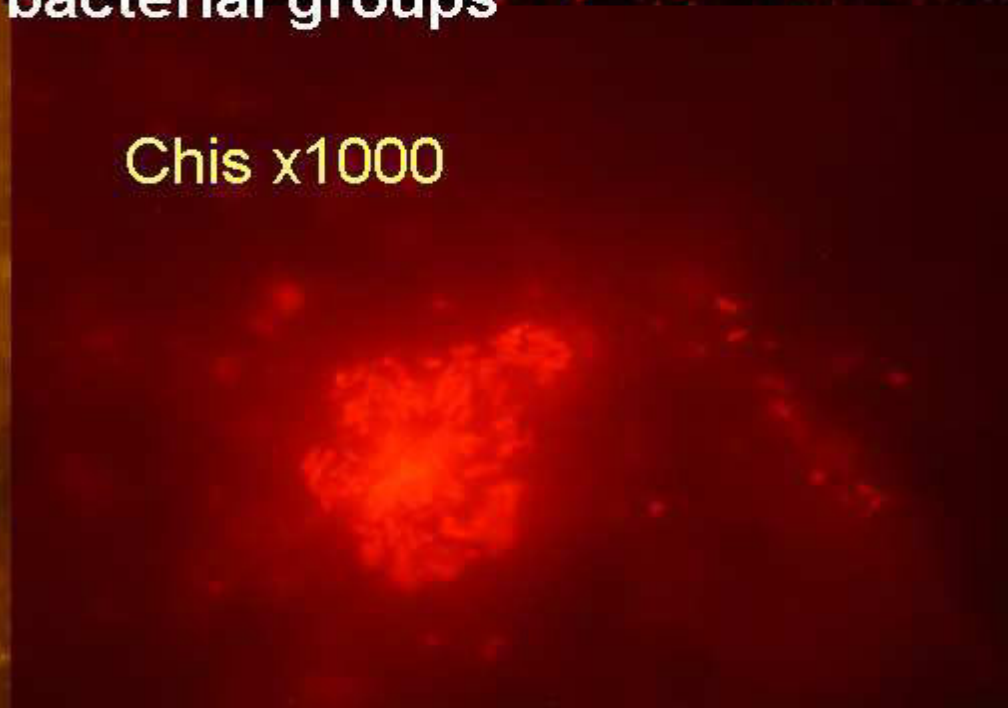
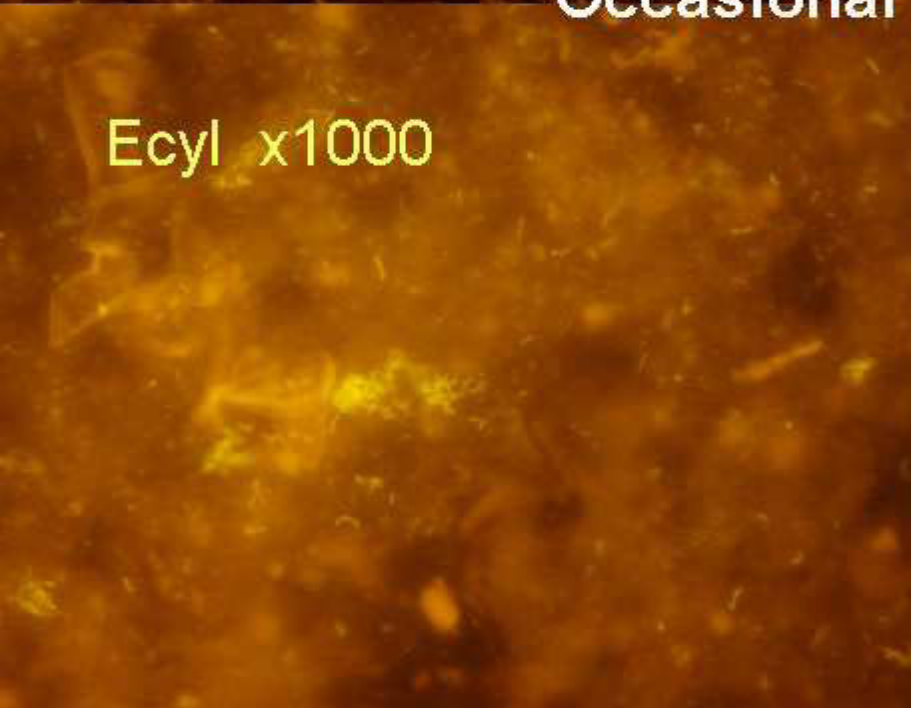
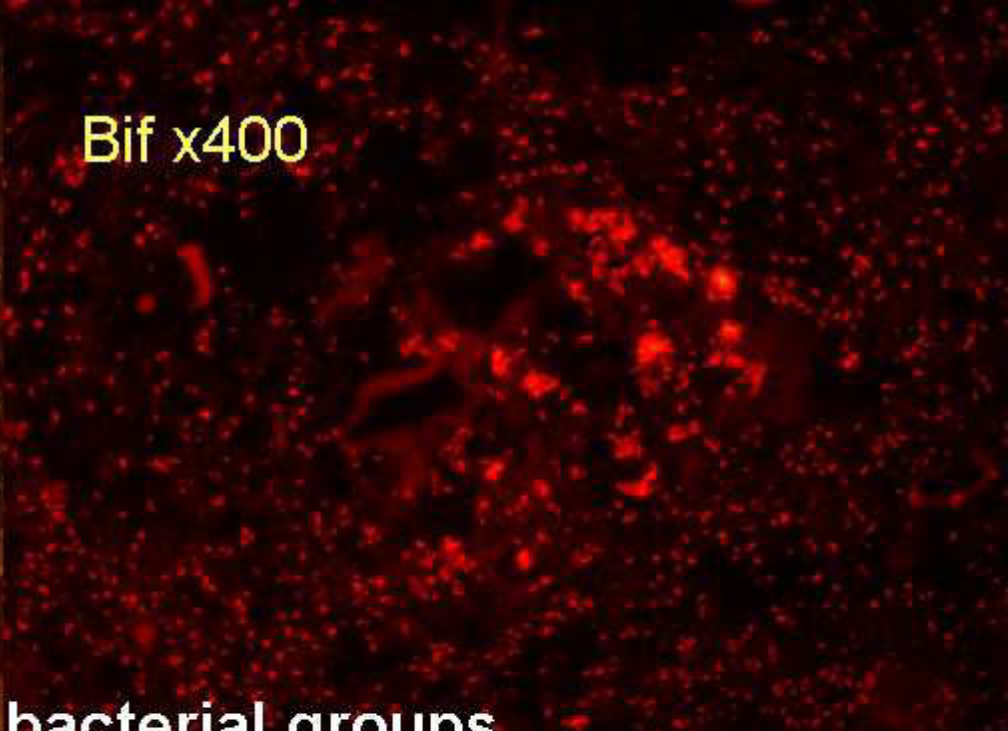
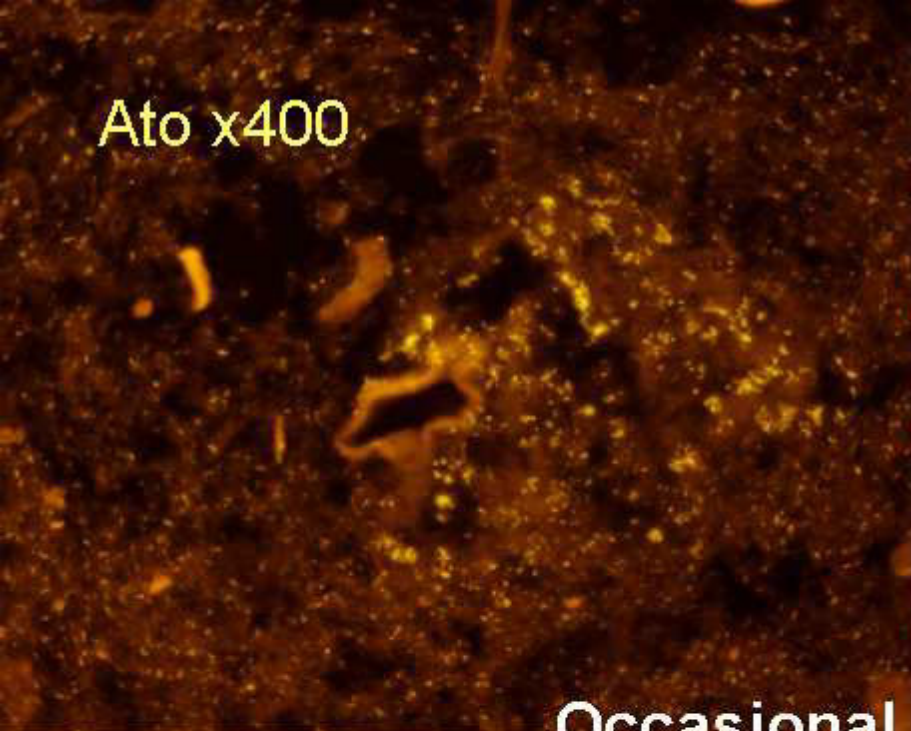
Ato x400

Bif x400

Occasional bacterial groups

EcyI x1000

Chis x1000



- Protection
- Purging
- Decontamination
- Restocking

- **Protection**

- Mucus thickening,
- Flatulence,
- colic

Healthy
Mucus layer



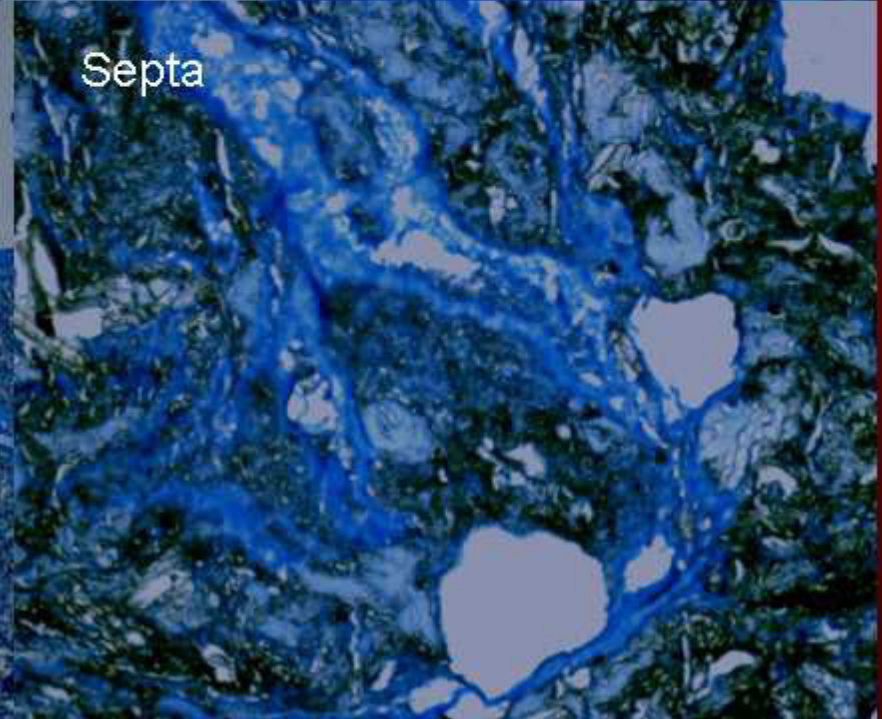
Diarrhoea
Mucus layer



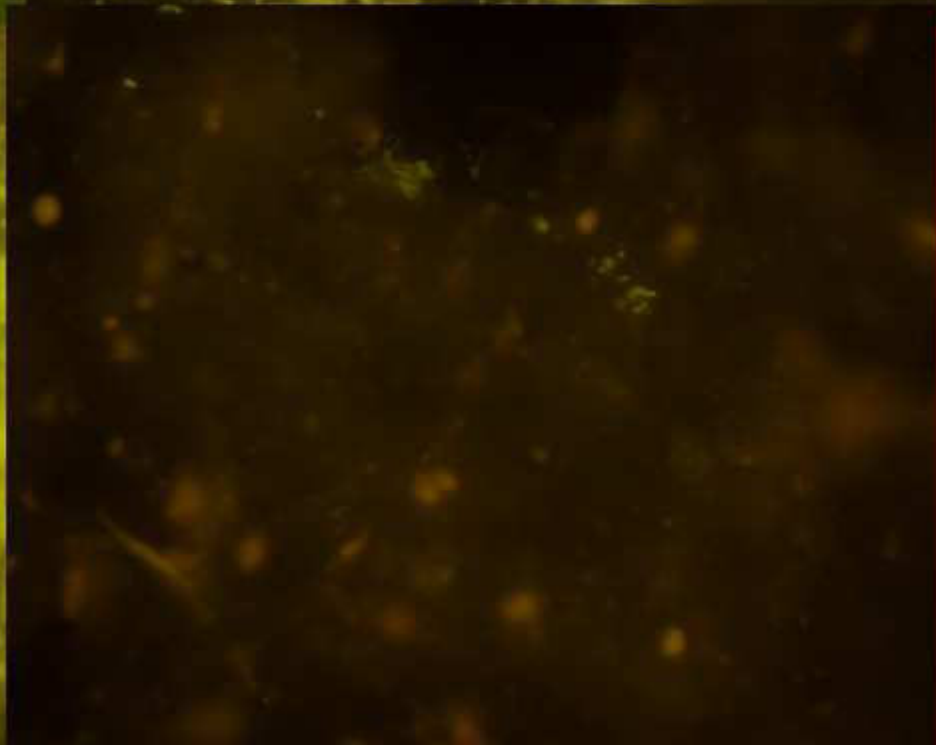
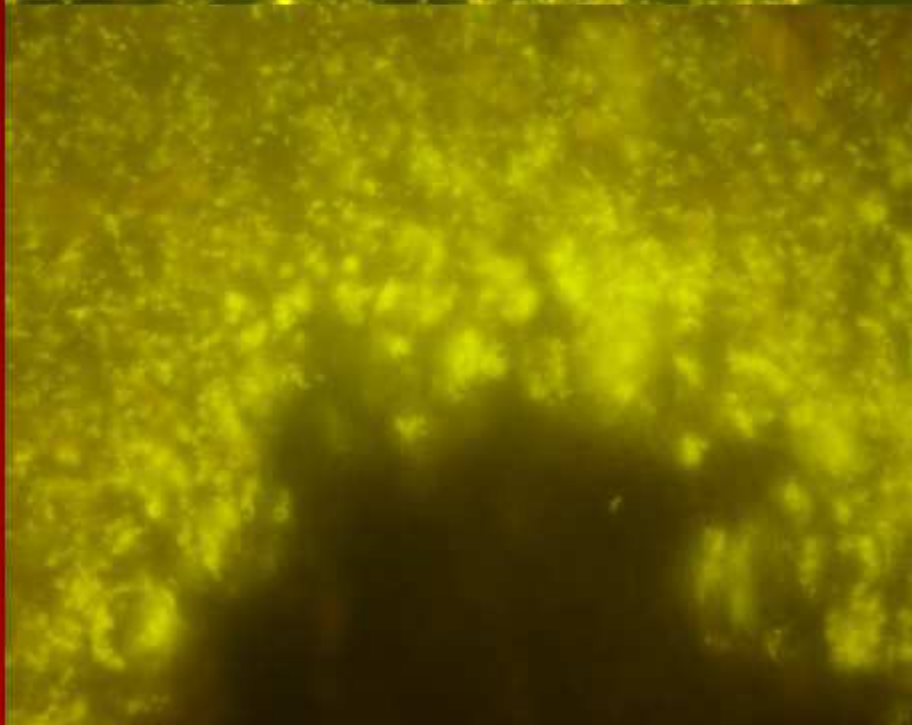
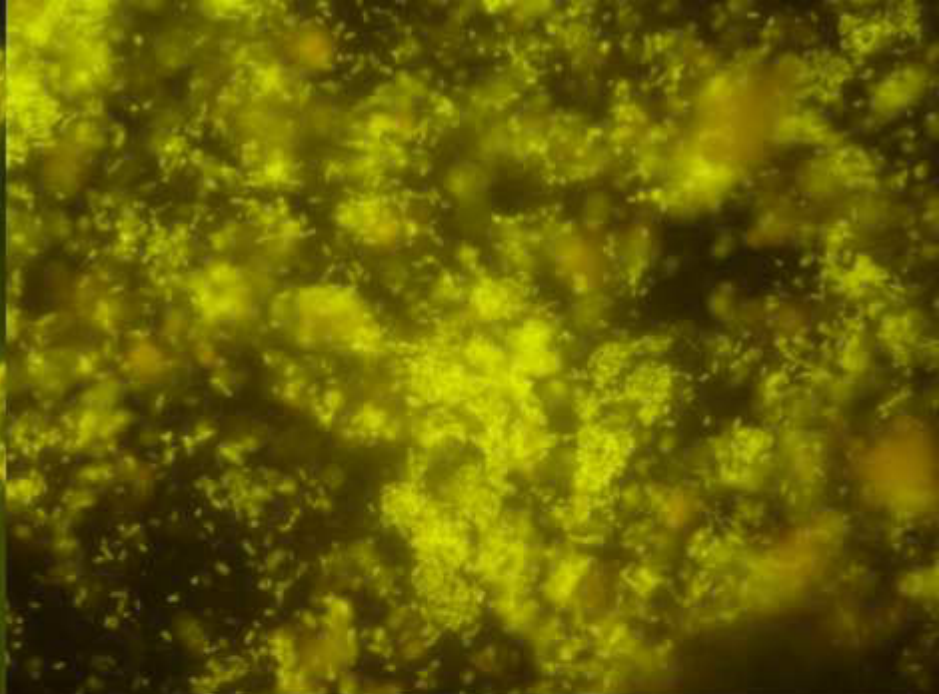
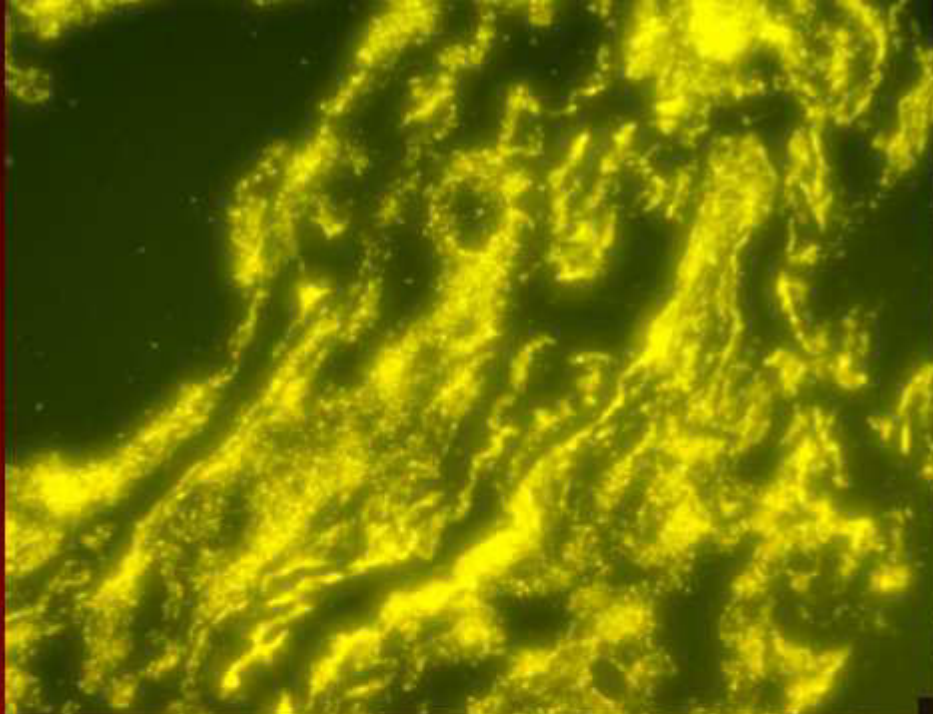
Septa



Septa

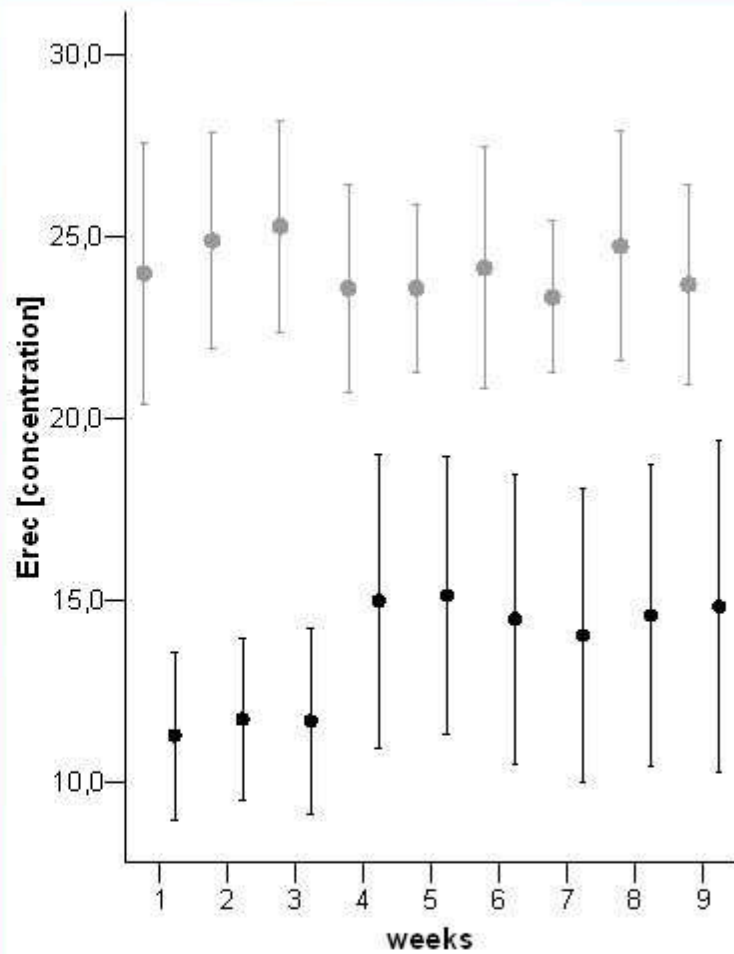


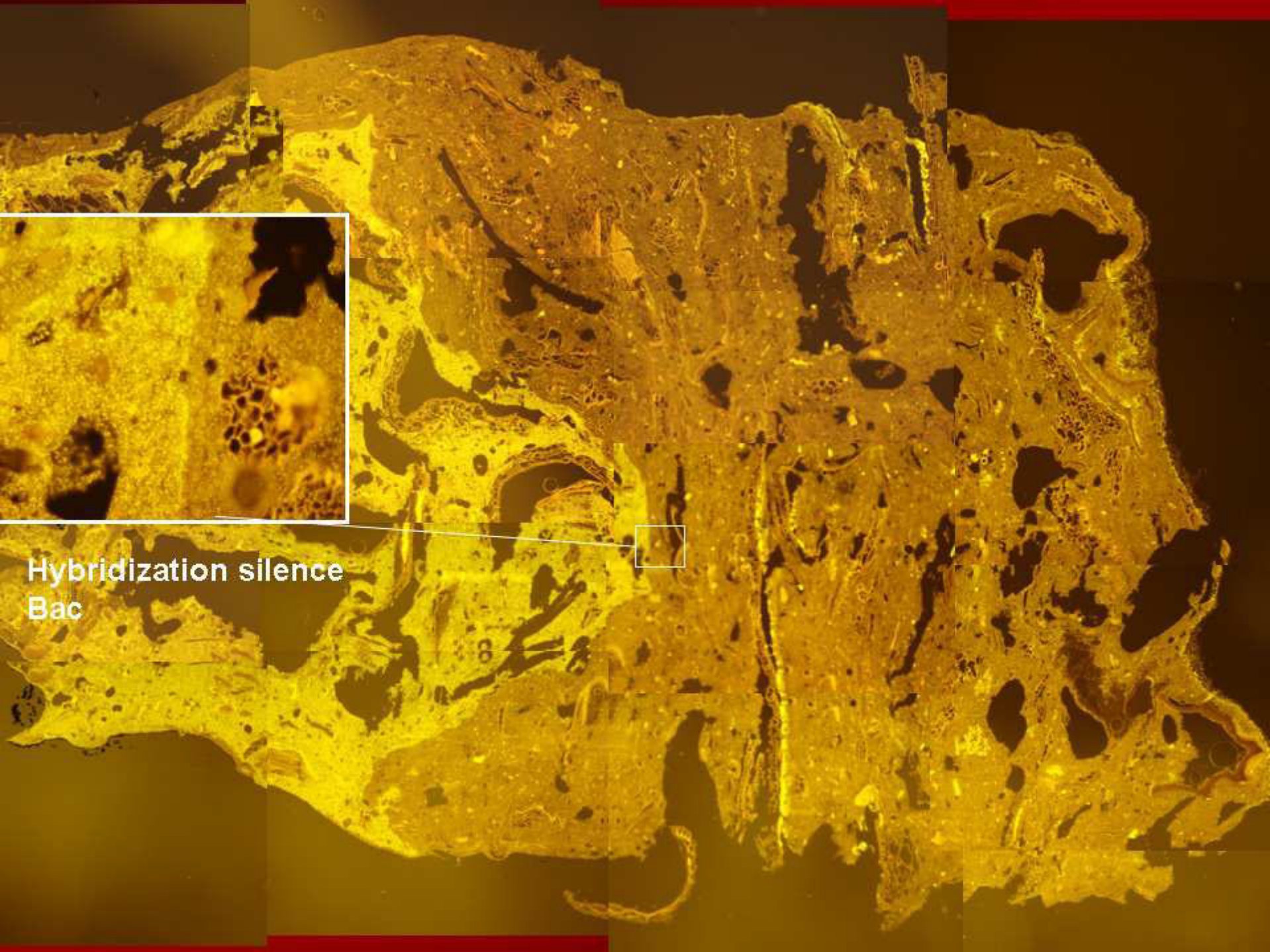
- Purging
- (destructuring of the habitual bacterial groups)



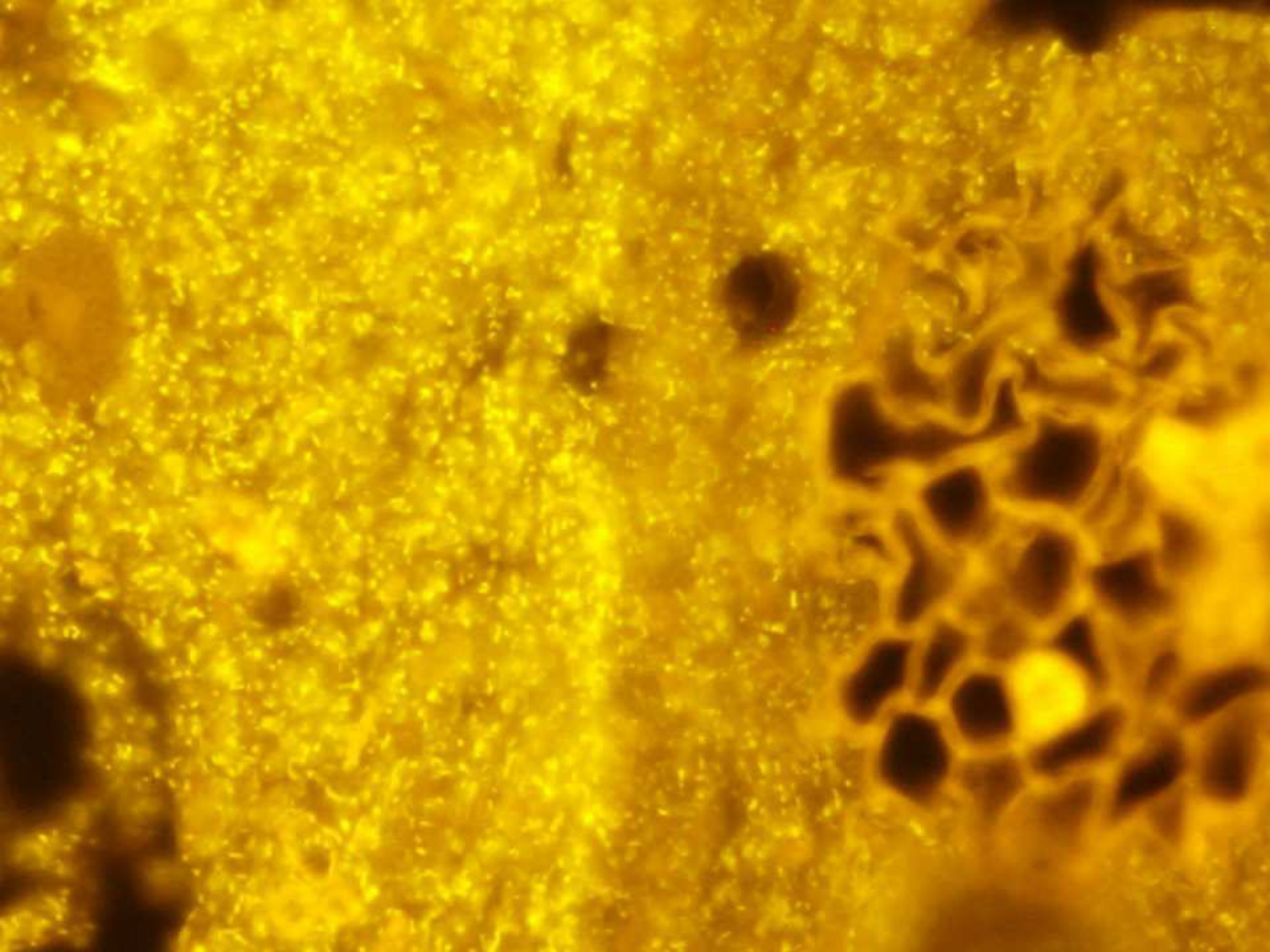
- **Decontamination**

- (Hybridization silence or suppression of habitual bacterial groups)

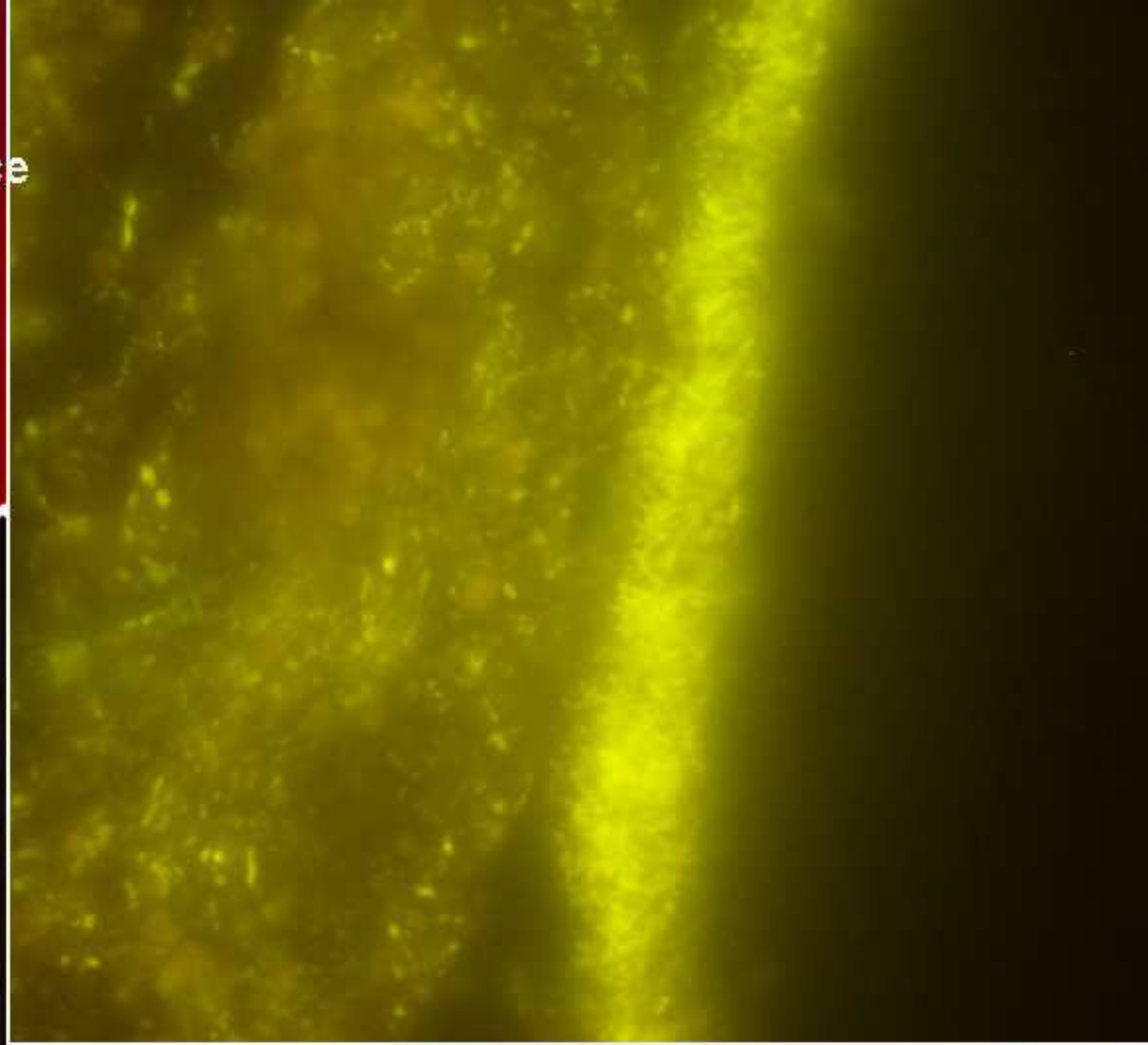
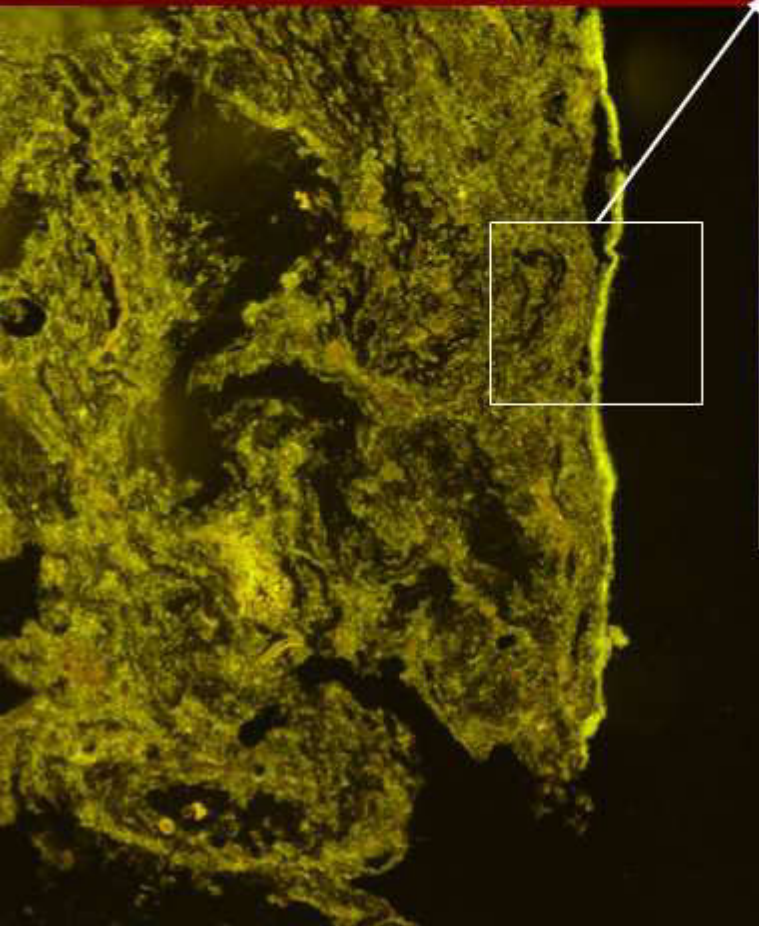




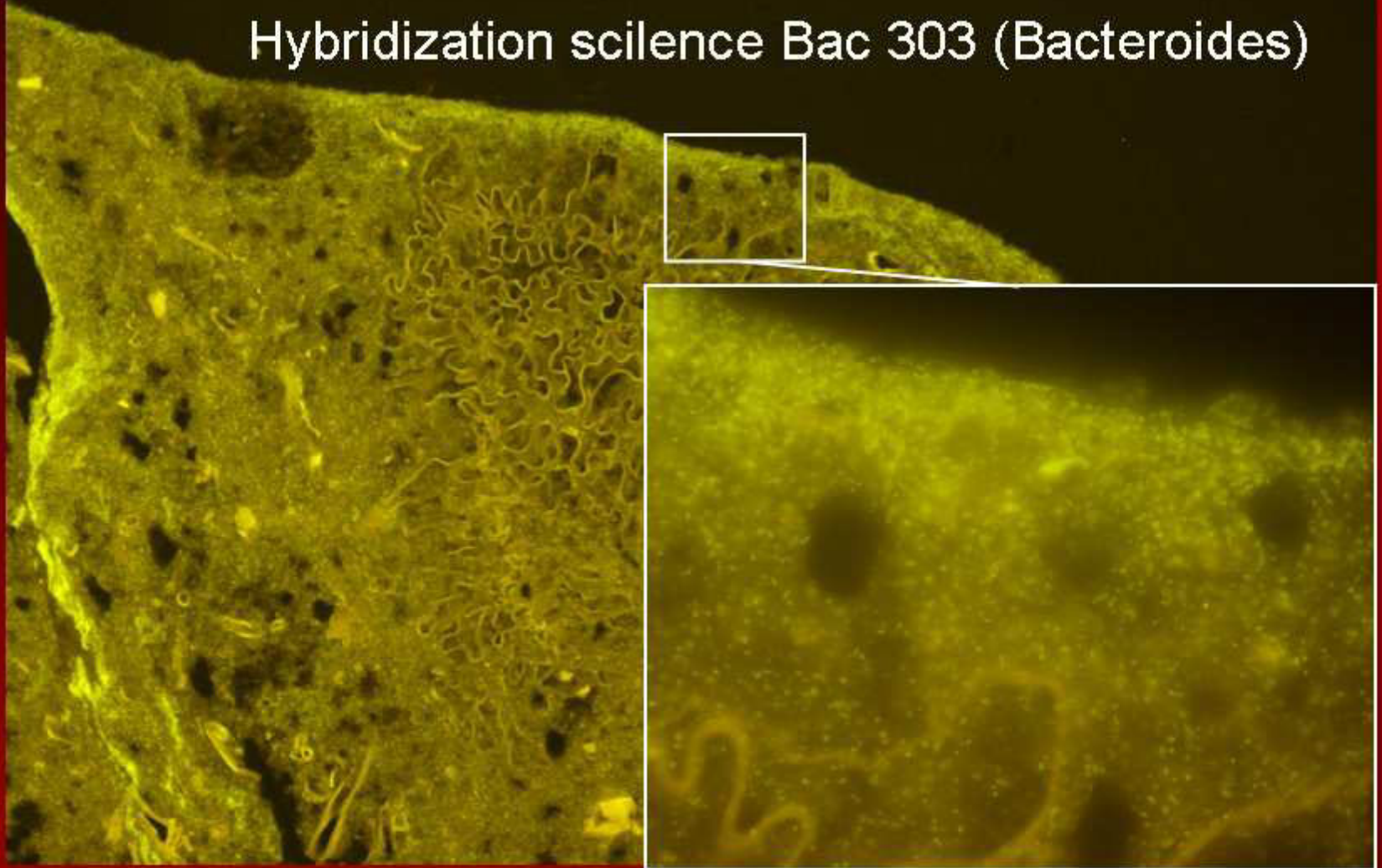
Hybridization silence
Bac

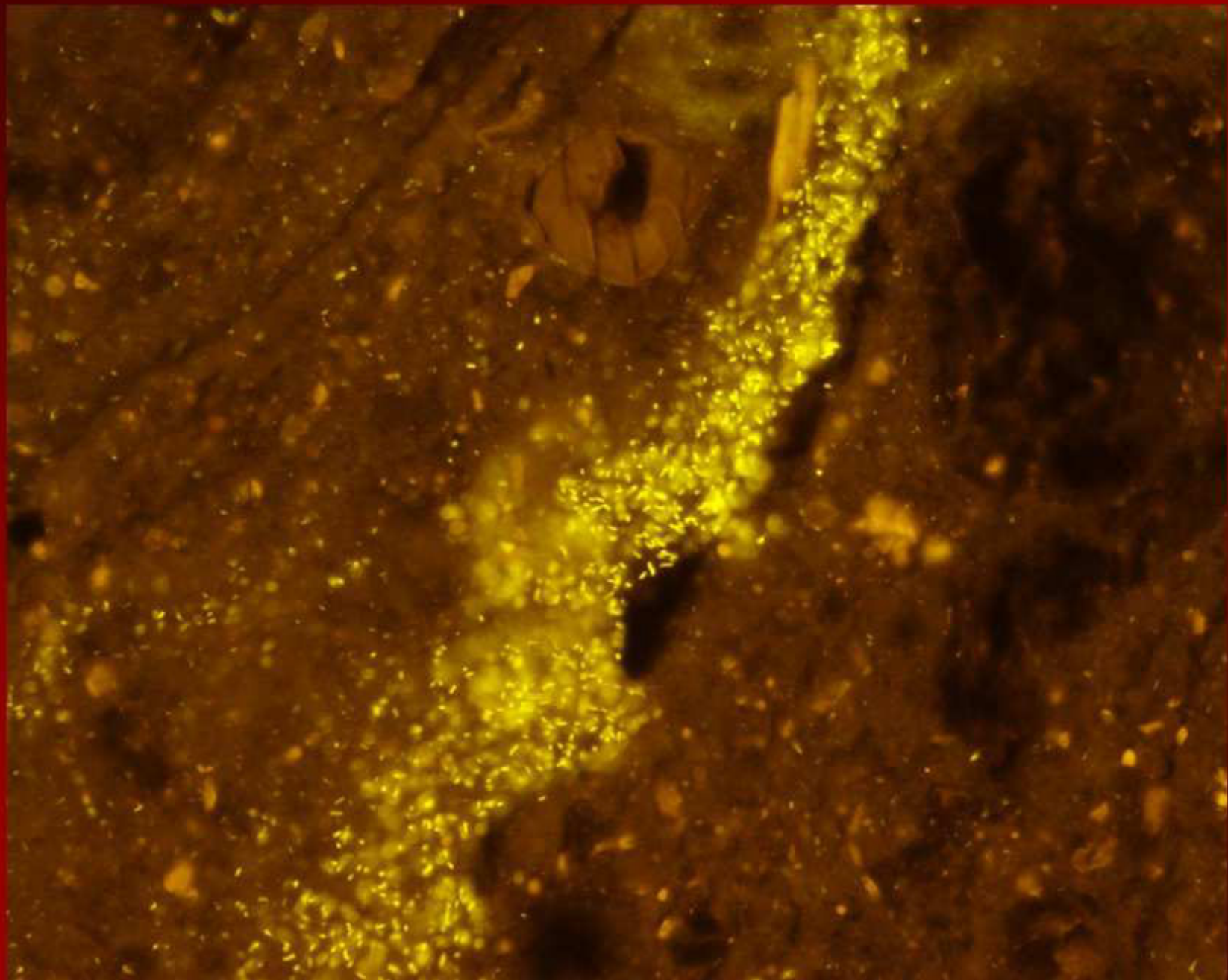


absolute hybridization science
Bac

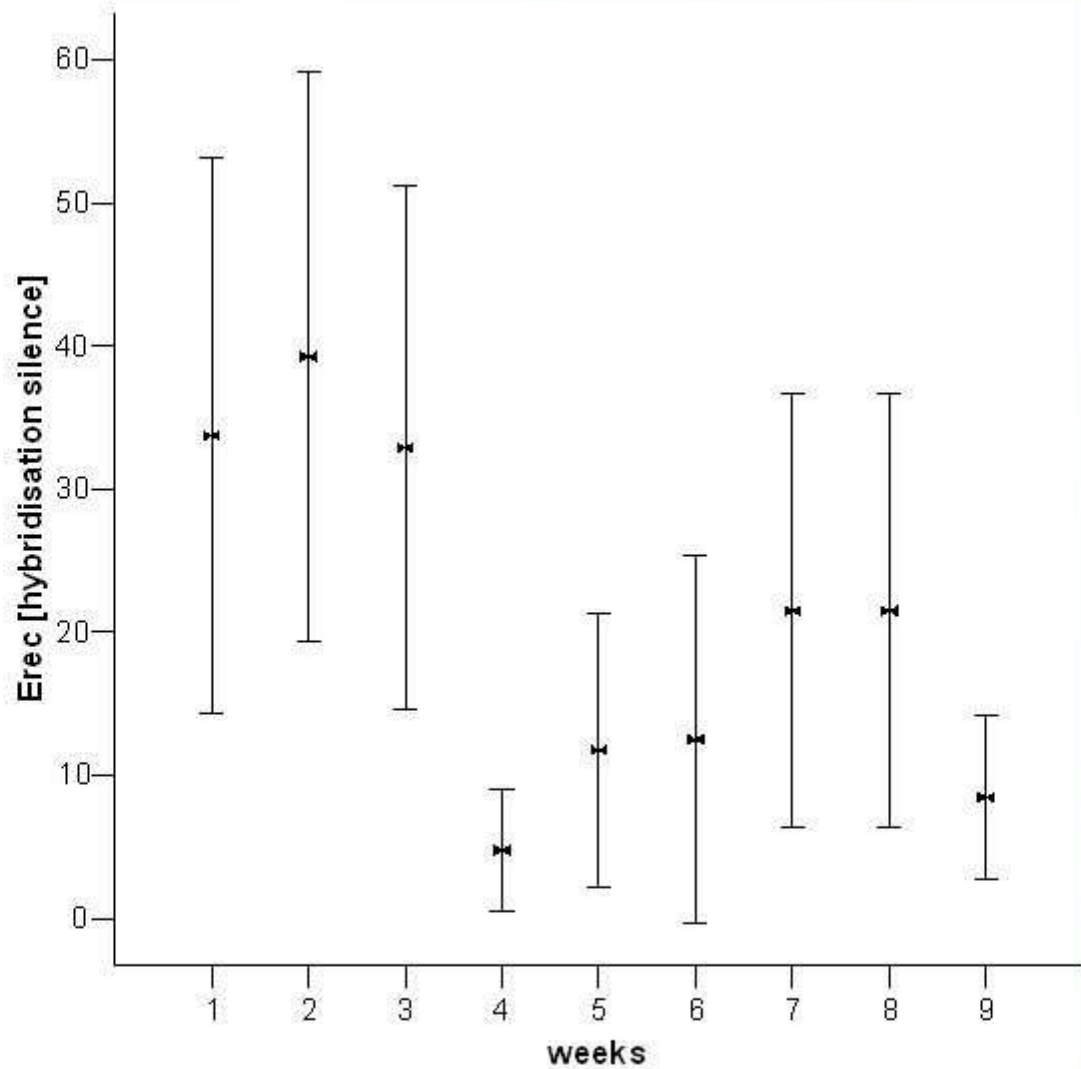


Hybridization science Bac 303 (Bacteroides)

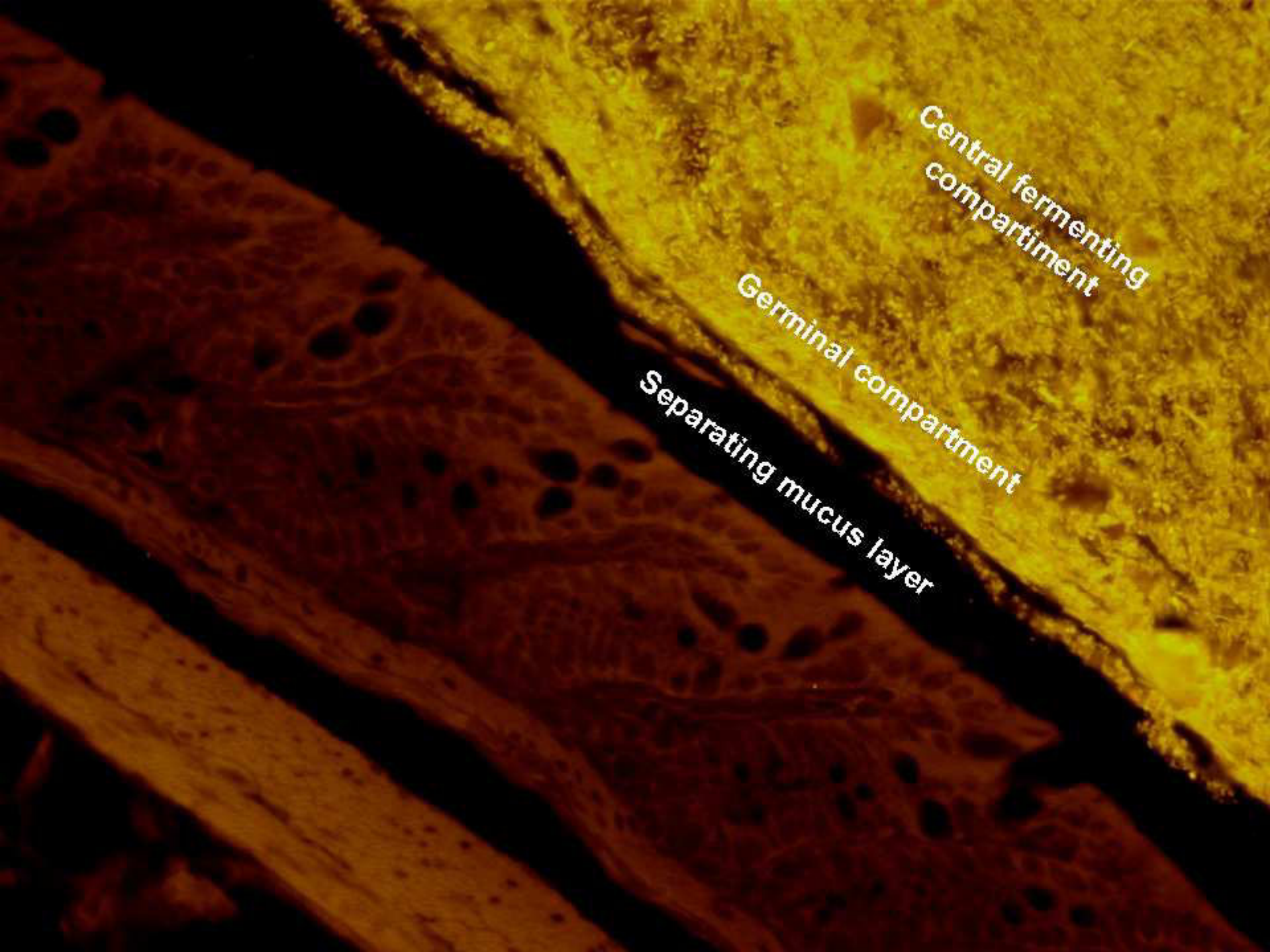




- **Restocking**



IBD

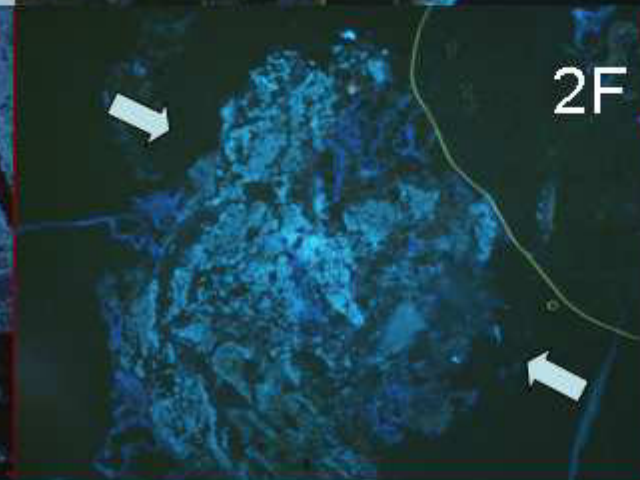
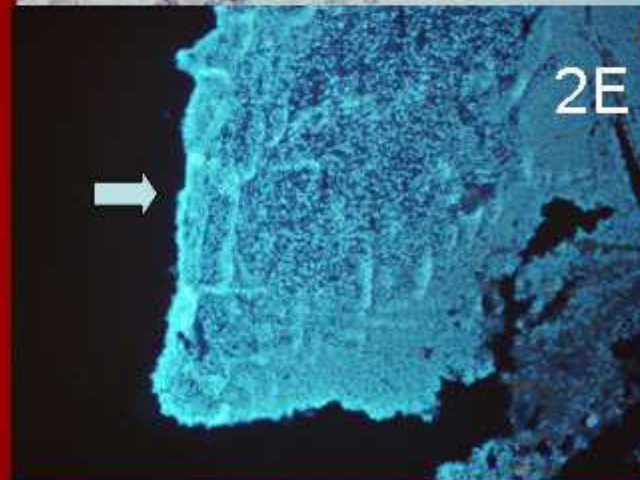
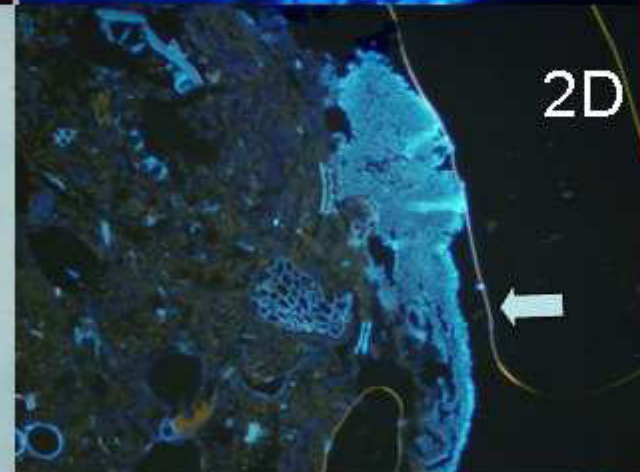
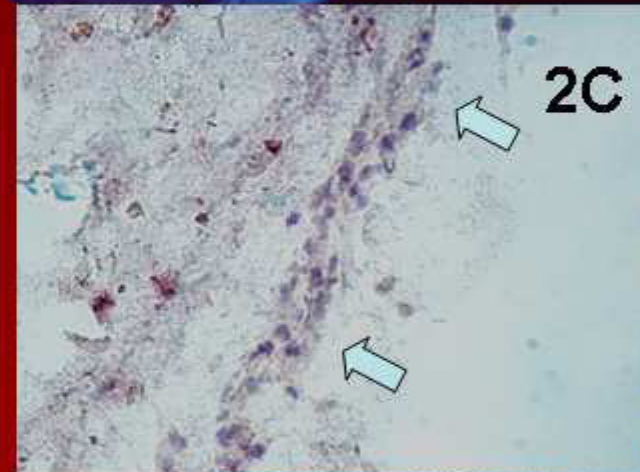
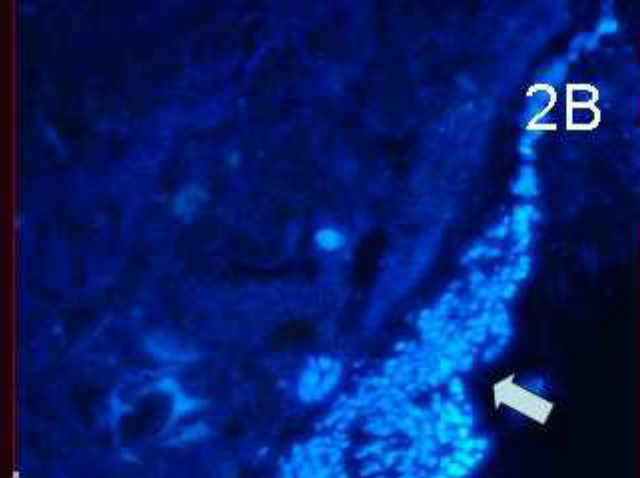
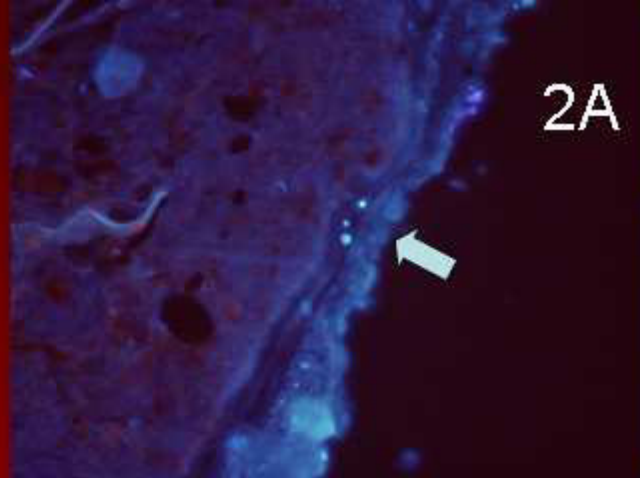


Central fermenting compartment

Germinal compartment

Separating mucus layer





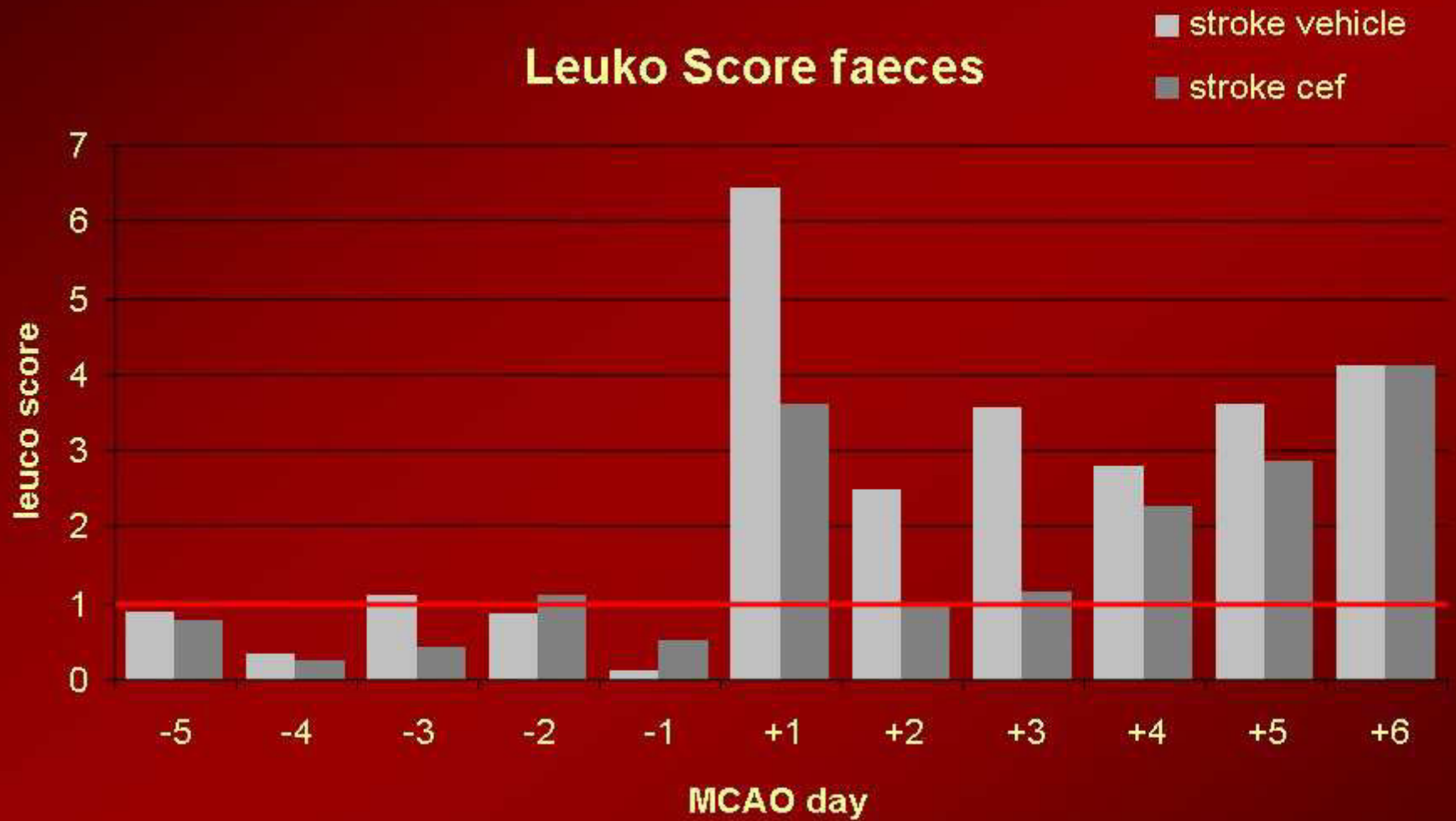
	Ulcerative colitis				Crohn				IC	CD celiac	Slc	Healthy	other
	CAI >9	3< CAI ≤9	Rem. ≤1 year	Rem >1 year	CAI >300	150< CAI ≤300	Rem ≤1 year	Rem >1 year					
85 82	N=27	N=32	N=14	N=32	N=19	N=23	N=18	N=22	N=17	N=12	N=9	N=32	N=165
Fprau <1 Leuko ≤30 Crohnsease pattern		3%	7%	8%	84%	74%	50%	18%	18%	58%			
Fprau >1 Leuko >30 UC pattern	93%	69%	50%	14%	11%	9%	17%	10%	29%				
Fprau <1 Leuko >30 Intermediate IBD pattern	8%	7%	14%	4%	5%	9%			24%				
Leuko ≤30 Fprau >1 Non-inflammatory pattern	0	21%	29%	78%	0	9%	33%	72%	29%	42%	100%	100%	100%

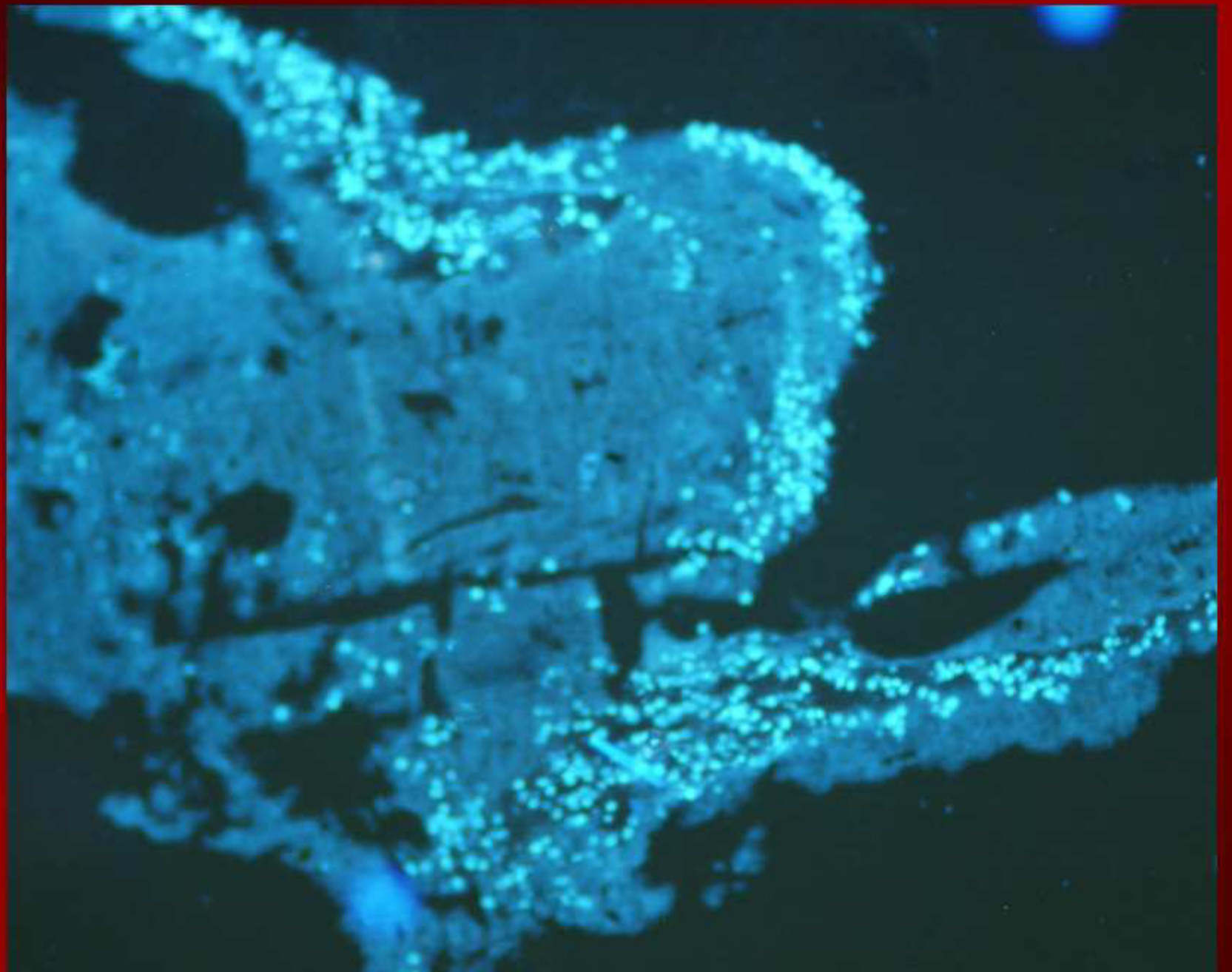
Stroke

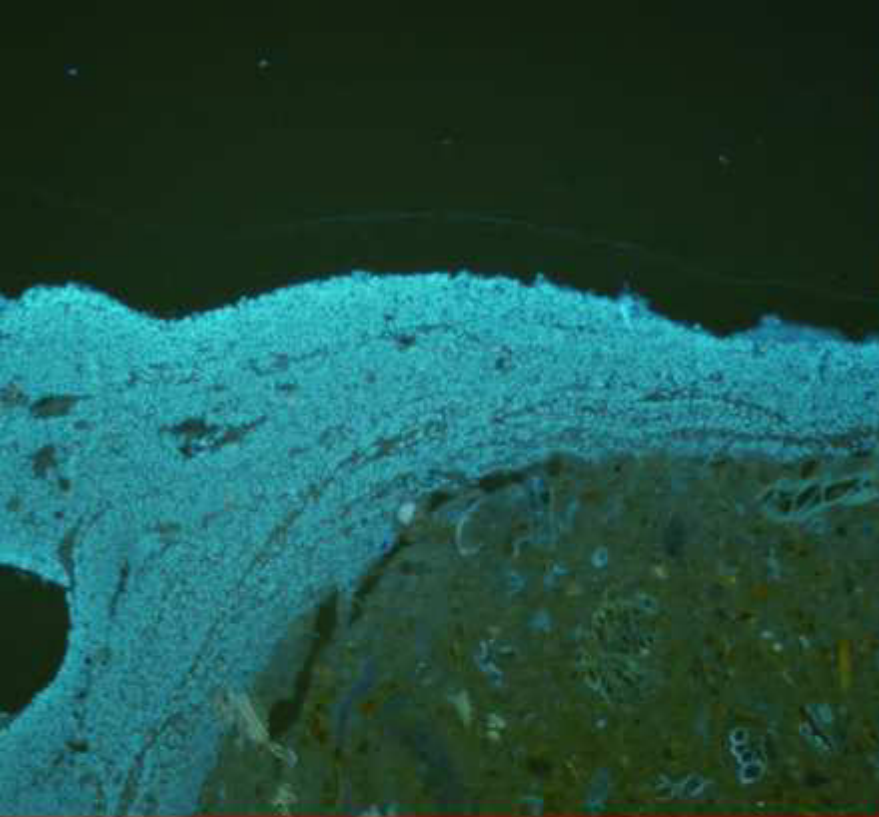
Ratten Kolon nach dem Abbinden der A cerebri media



Leuko Score faeces





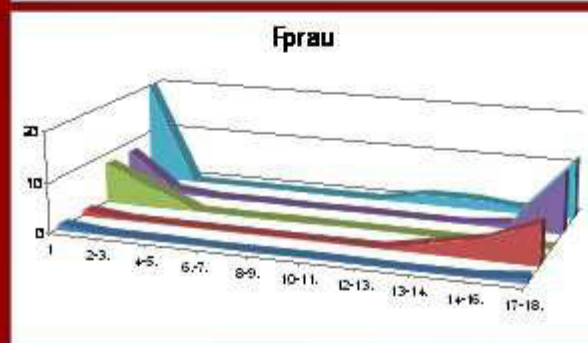
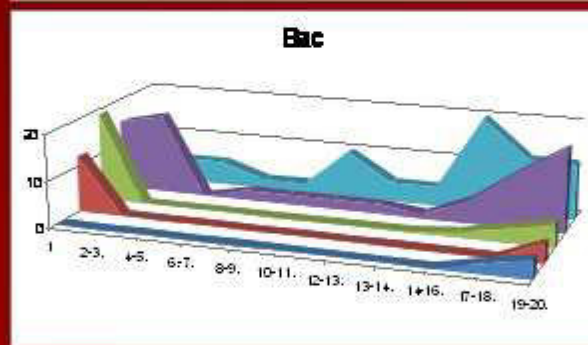
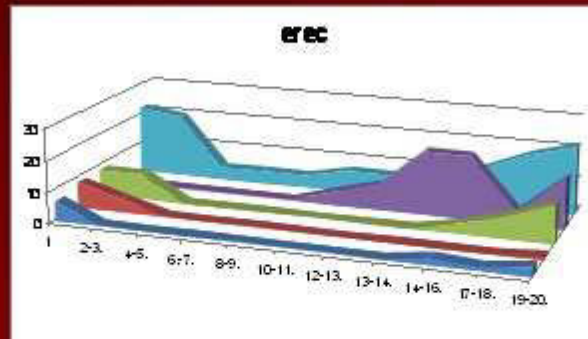


UC

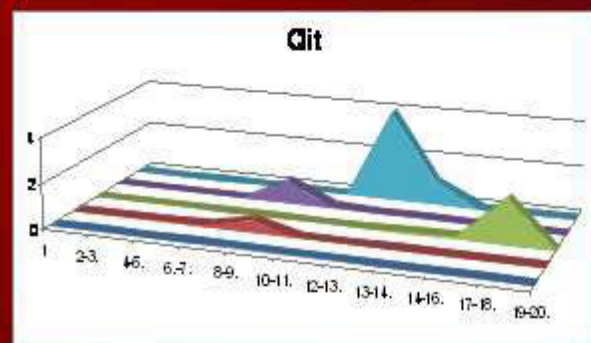
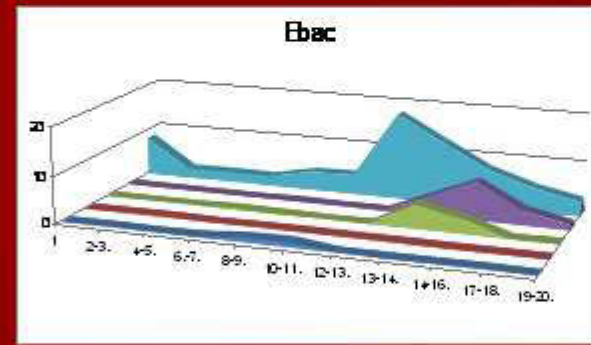
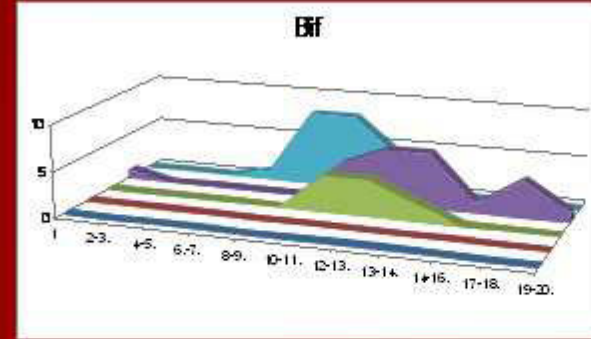


Stroke, day 2

Habitual Bacteria



Occational Bacteria



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**Spatial organization of intestinal
microbiota**



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Arbeiten aus der Medizinischen Klinik der Charite'

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Die ärztliche Tätigkeit am Krankenbett, im Labor, Lehre, Forschung, Gesellschaft und Kultur lässt sich nicht in den engen Rahmen einer wissenschaftlichen Publikation unterbringen. So geht eine Fülle an wertvollem Material verloren. Die vorliegende Homepage soll nach und nach Beiträge zugänglich machen, die wegen ihrer Größe oder Form nicht publiziert worden sind.

A. Swidsinski

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Informationen](#)

Darm von Innen

[Patientenseite](#)[FISH-Methode](#)

Seite in Arbeit

[Nachdenkliches](#)

Possible areas of cooperation:

Influence of probiotics, foods and foods ingredients on function of colonic bioreactor: increasing output of main fermentative habitual bacterial groups (Roseburia, Fecalibacterium prausnitzii, Bacteroides), maintaining stability of individual biodiversity, reduction in concentrations of substitutive bacterial groups, positive effects on clinical symptoms

- IBS

- IBD

- Celiac disease

- Bacterial overgrowth

Reprogramming of colonic microbiota (real option to fecal transplantation)

- NASH

- Obesity

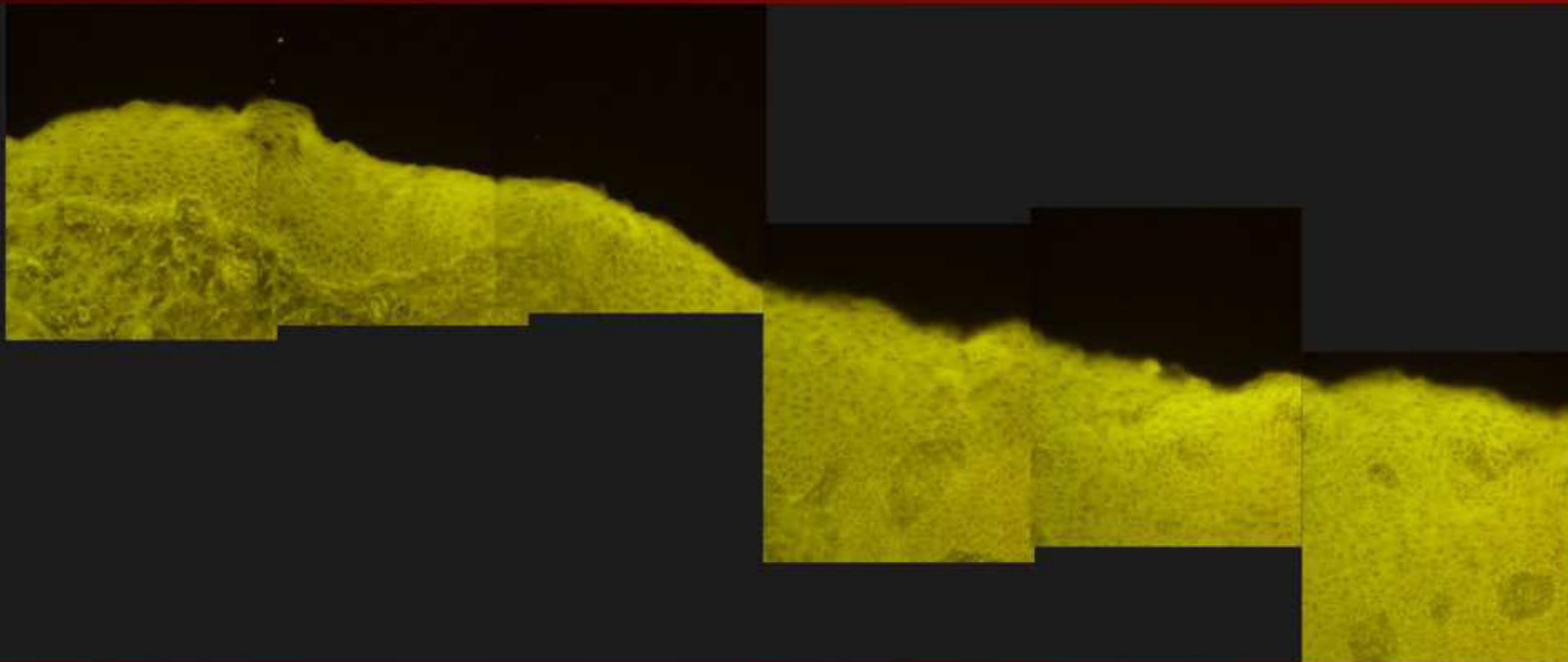
- Chronic fatigue (burn out) syndrome

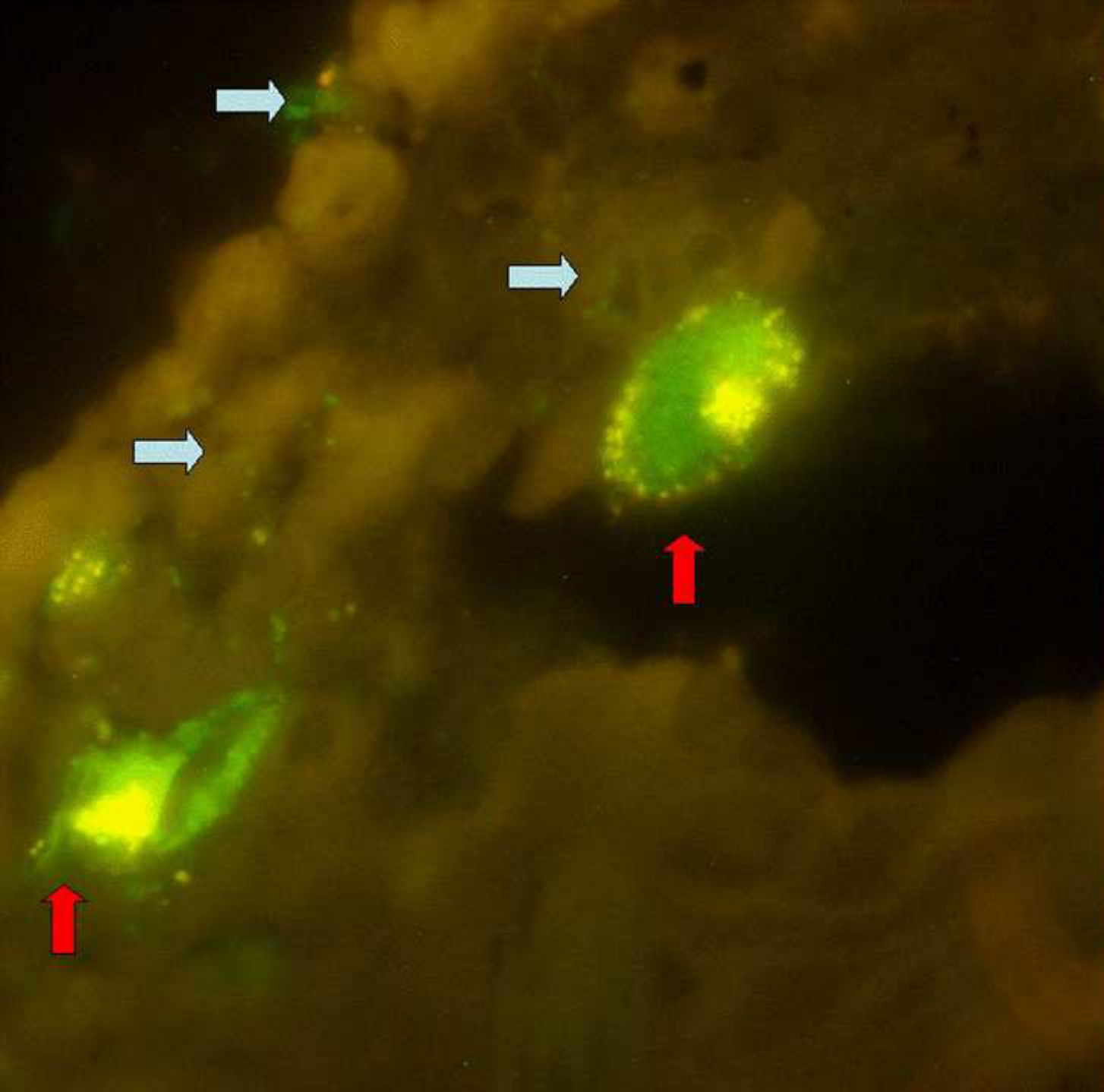
Effects of probiotics or prebiotics on mouth health

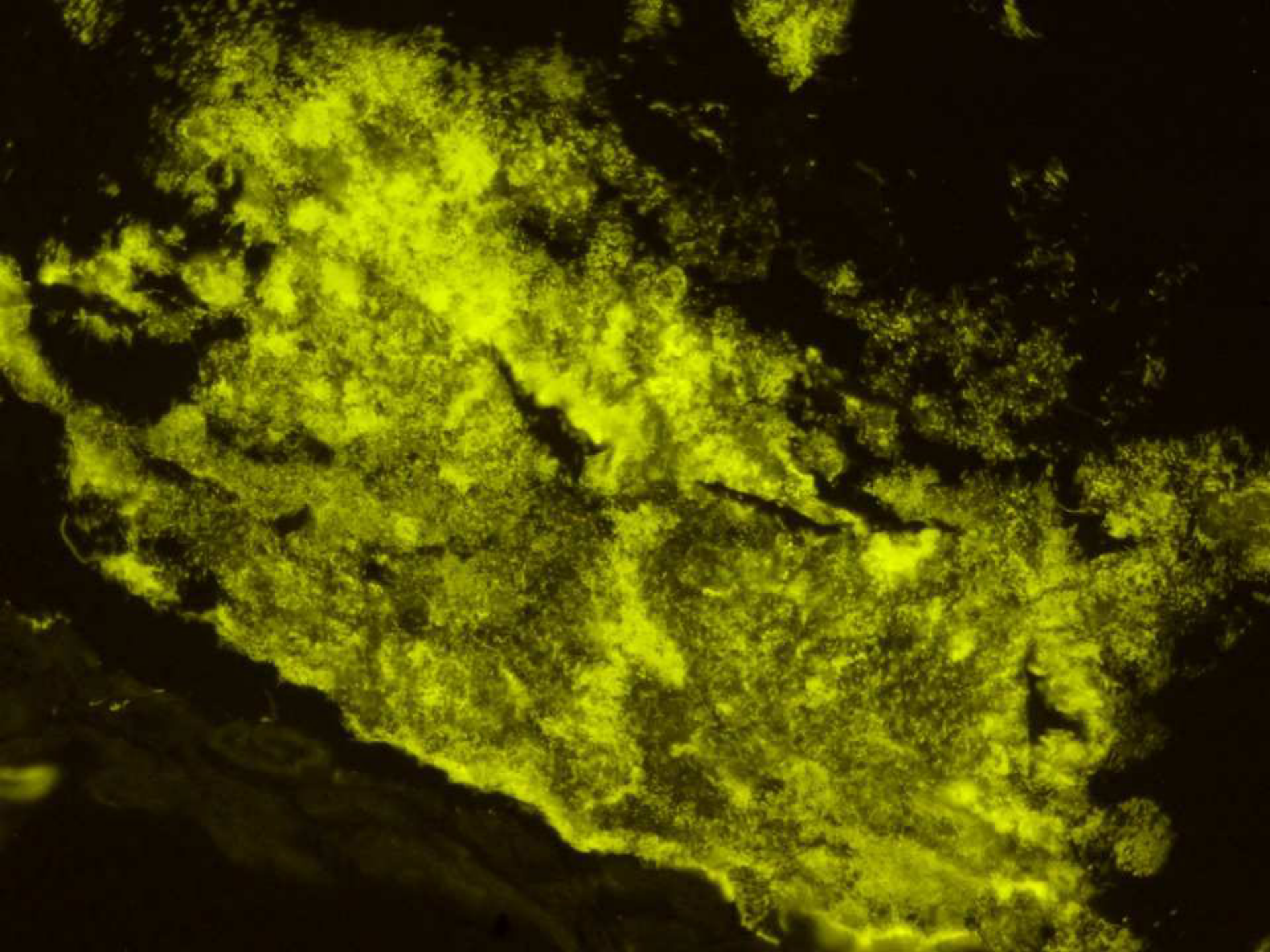
- Halitosis

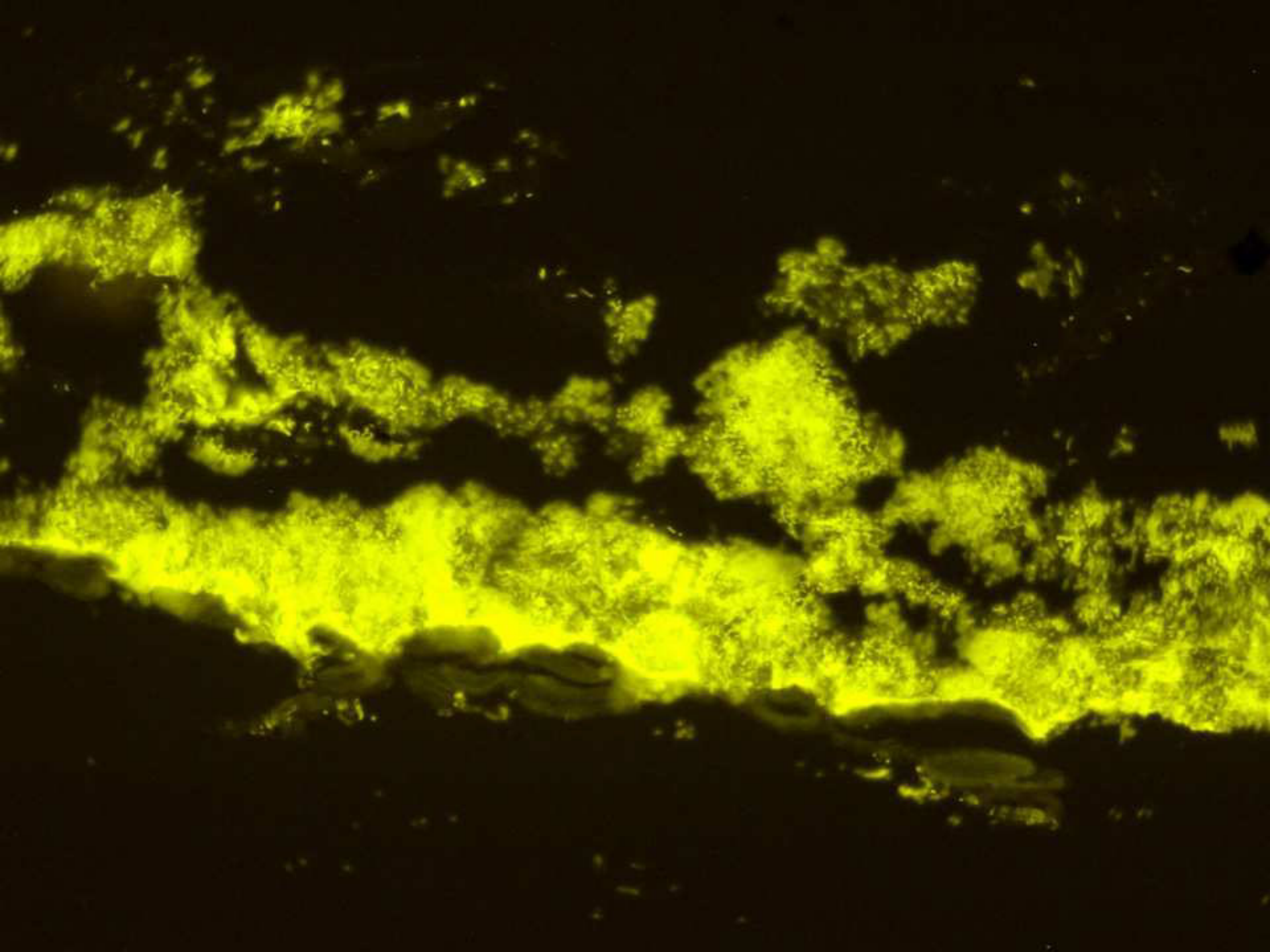
- Gingivitis

Mund





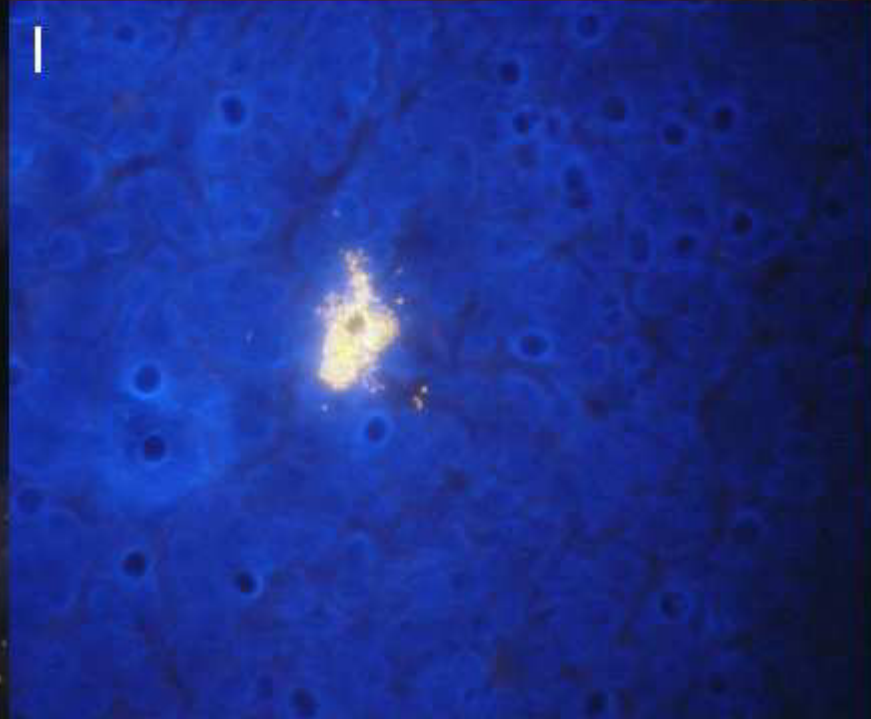
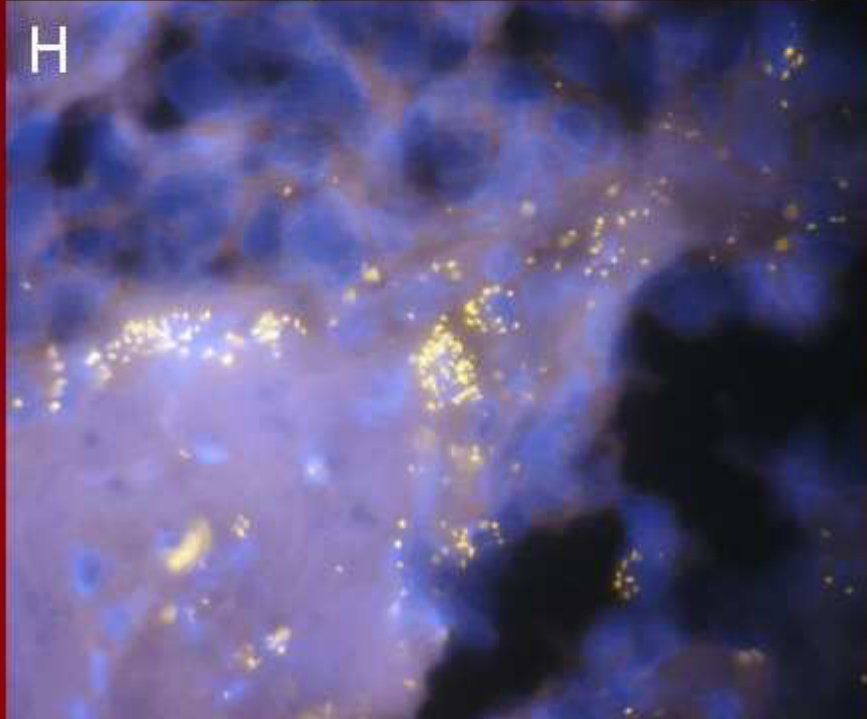
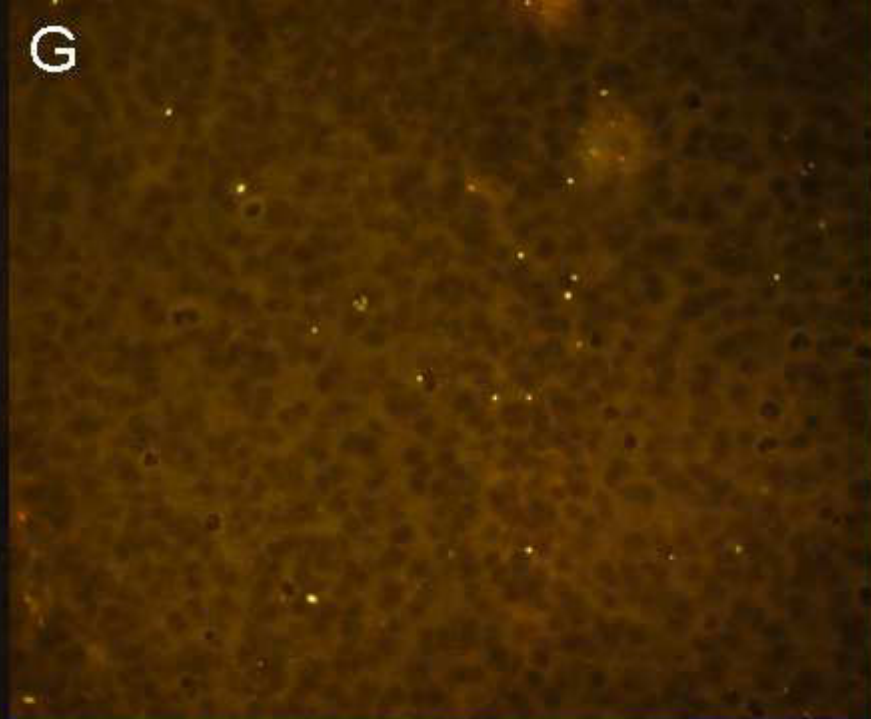




HNO



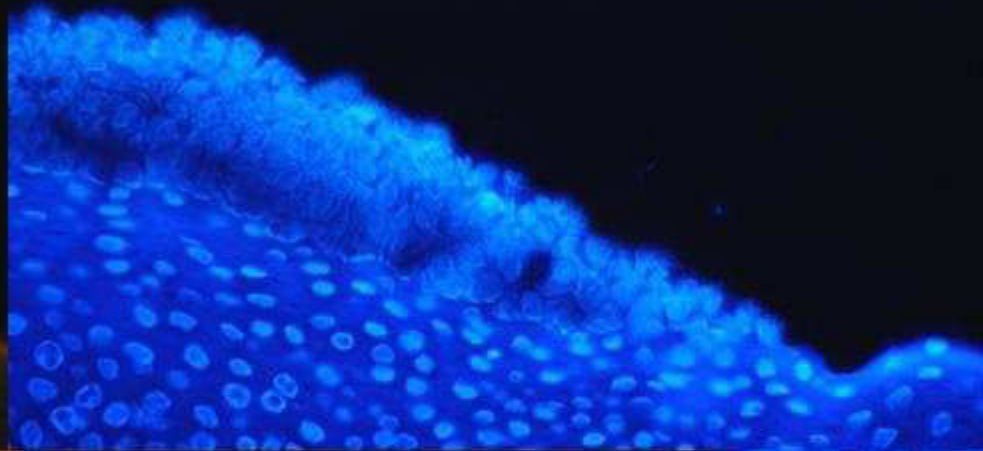




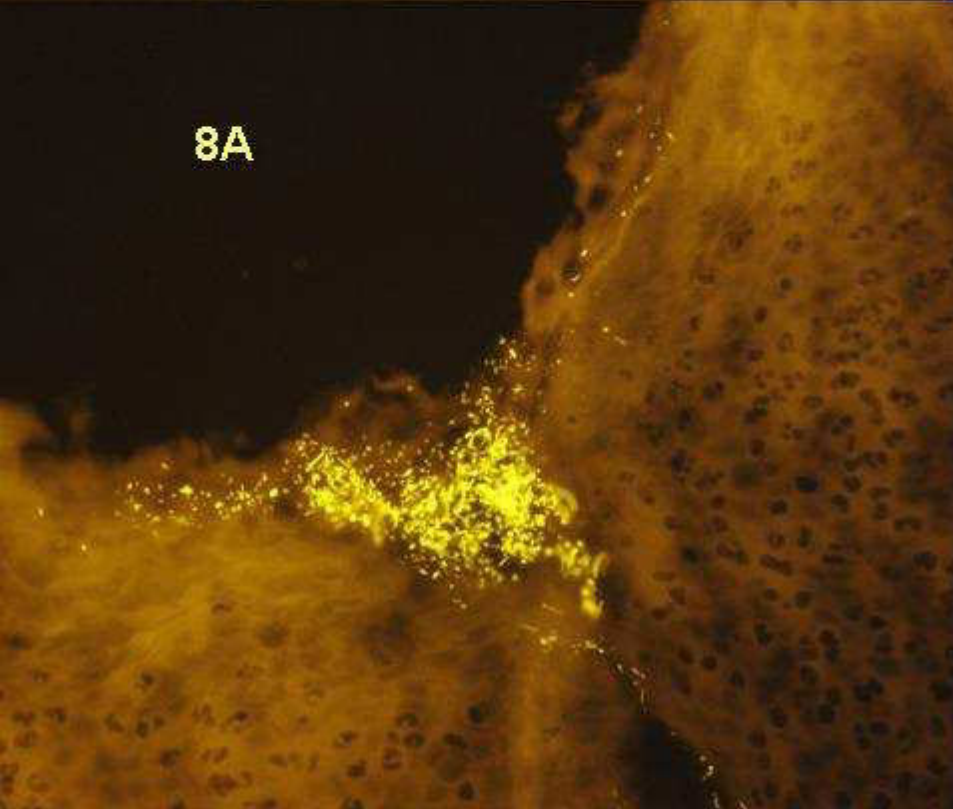
7A



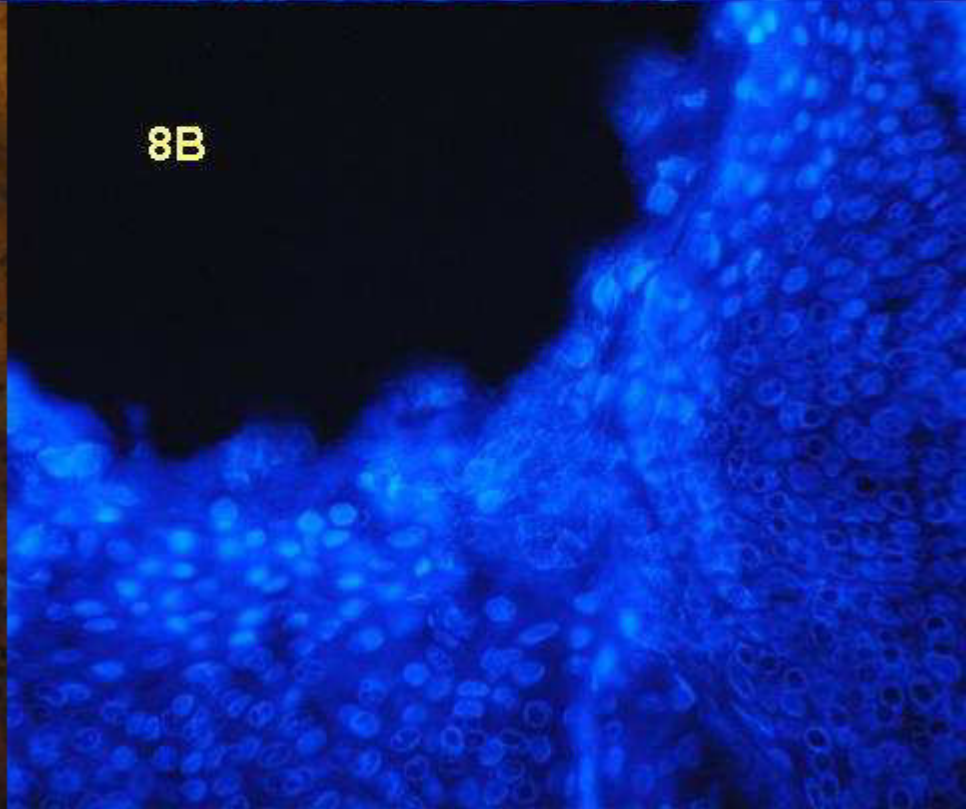
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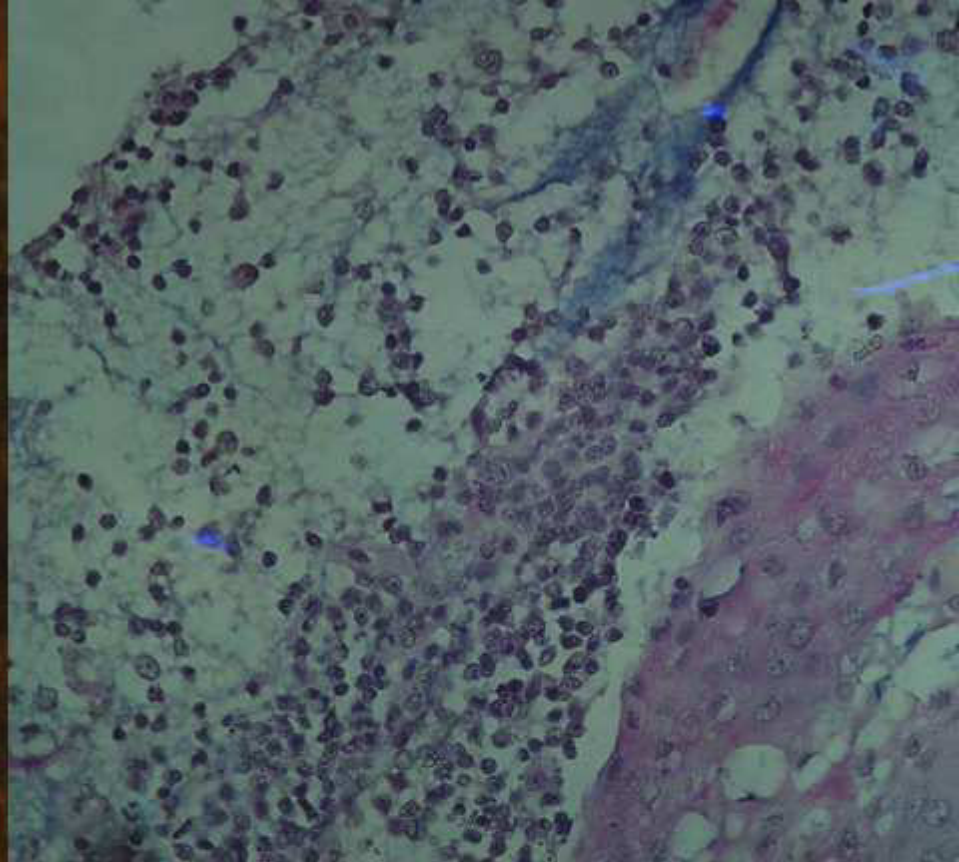
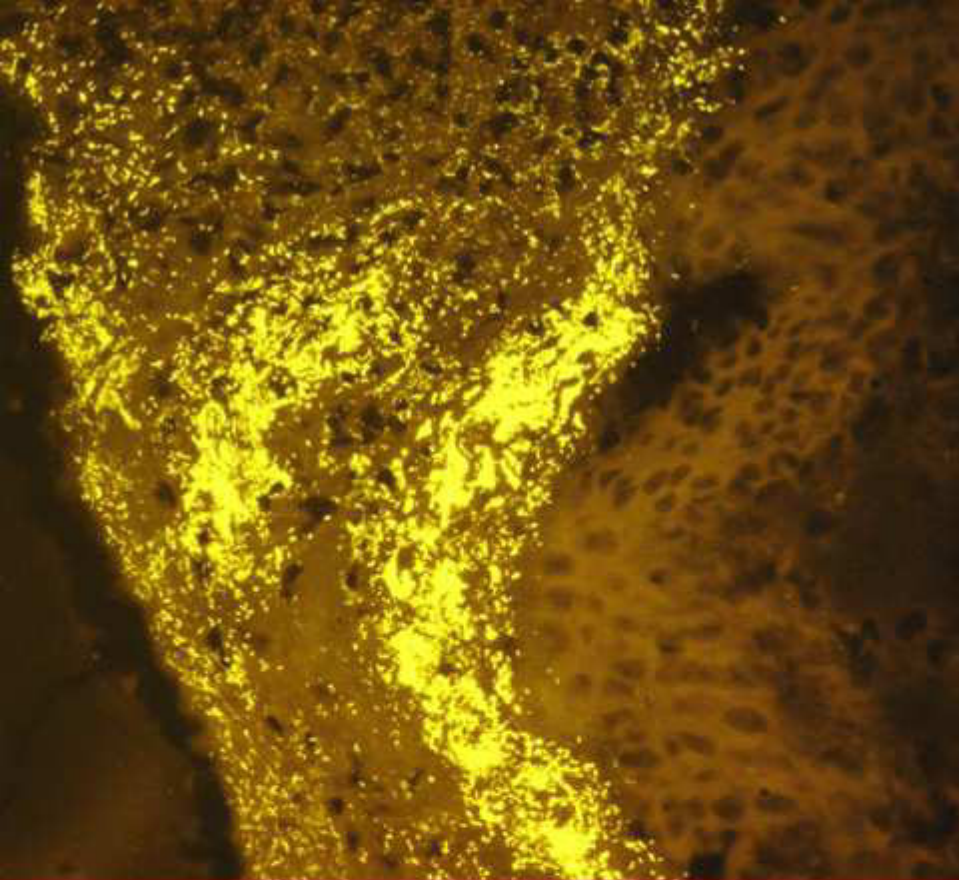


8A

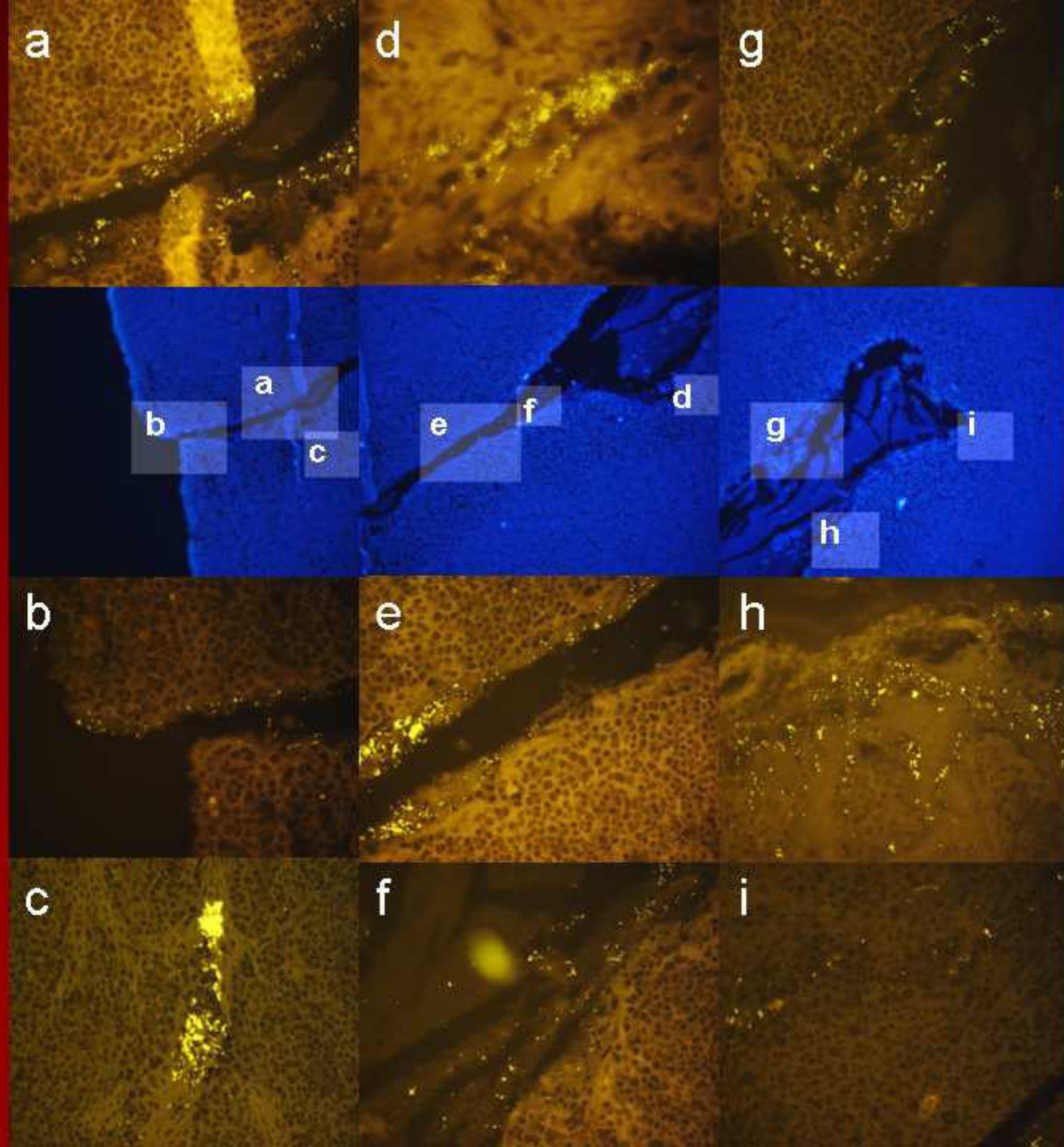


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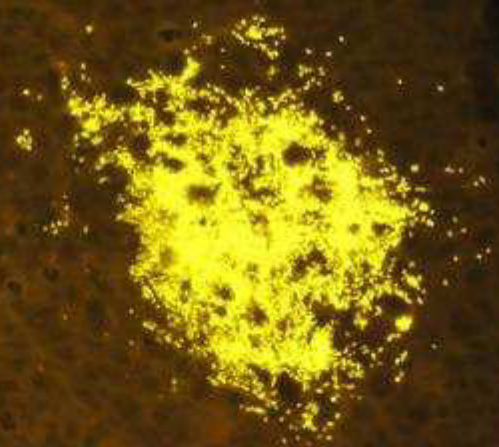




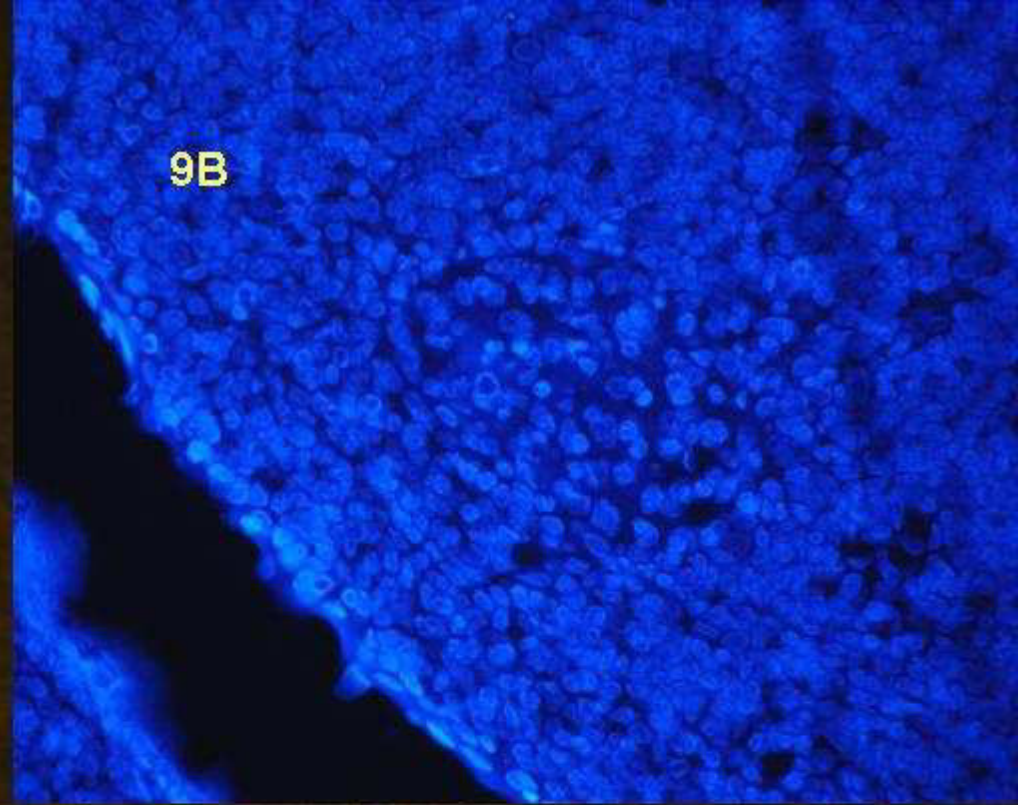
E



9A

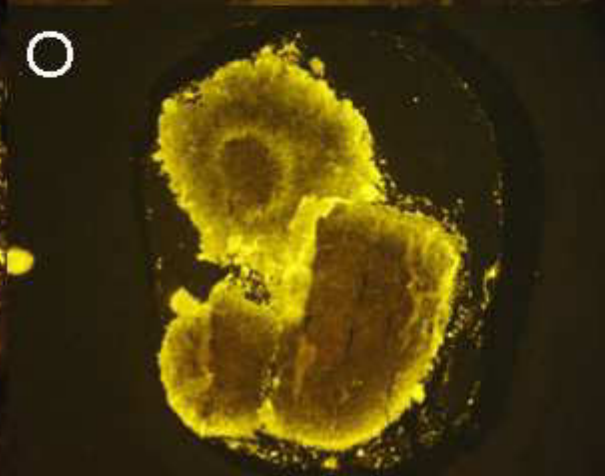
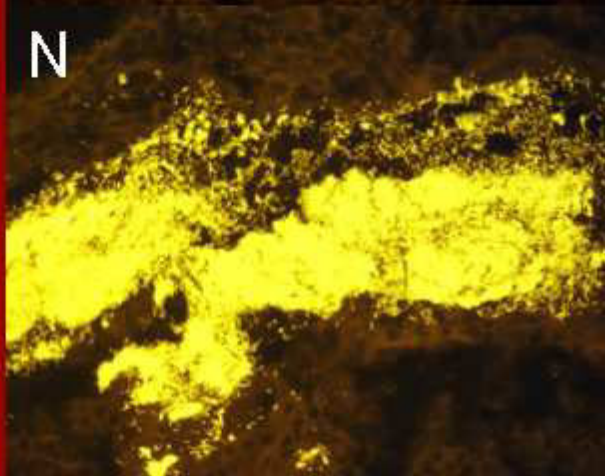
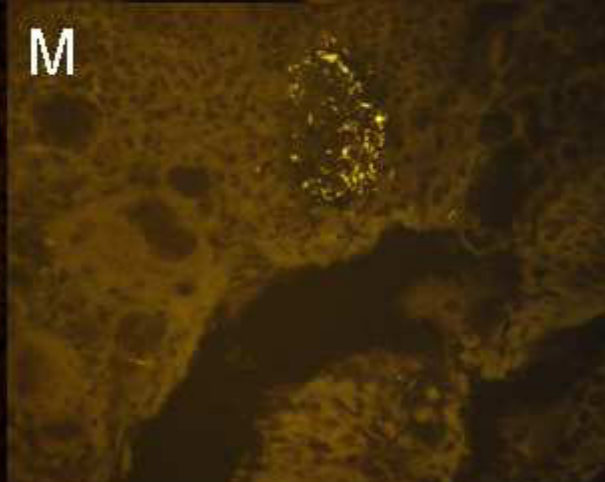
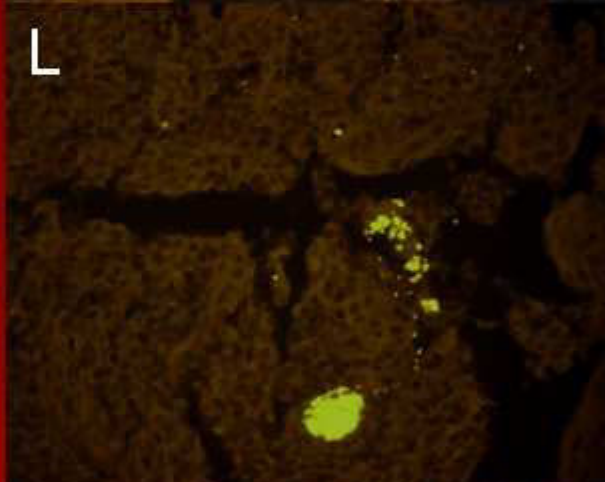
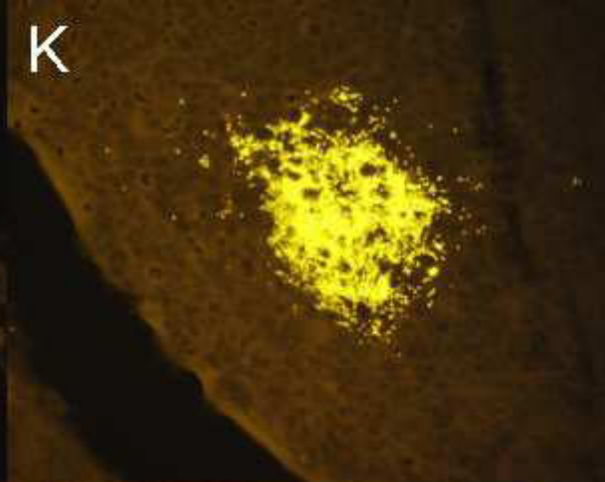
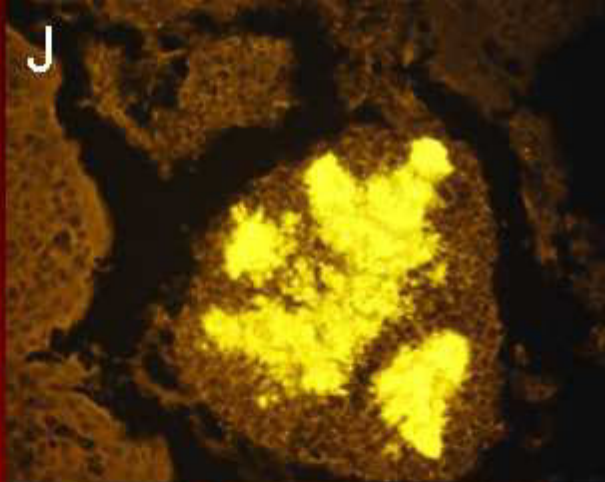


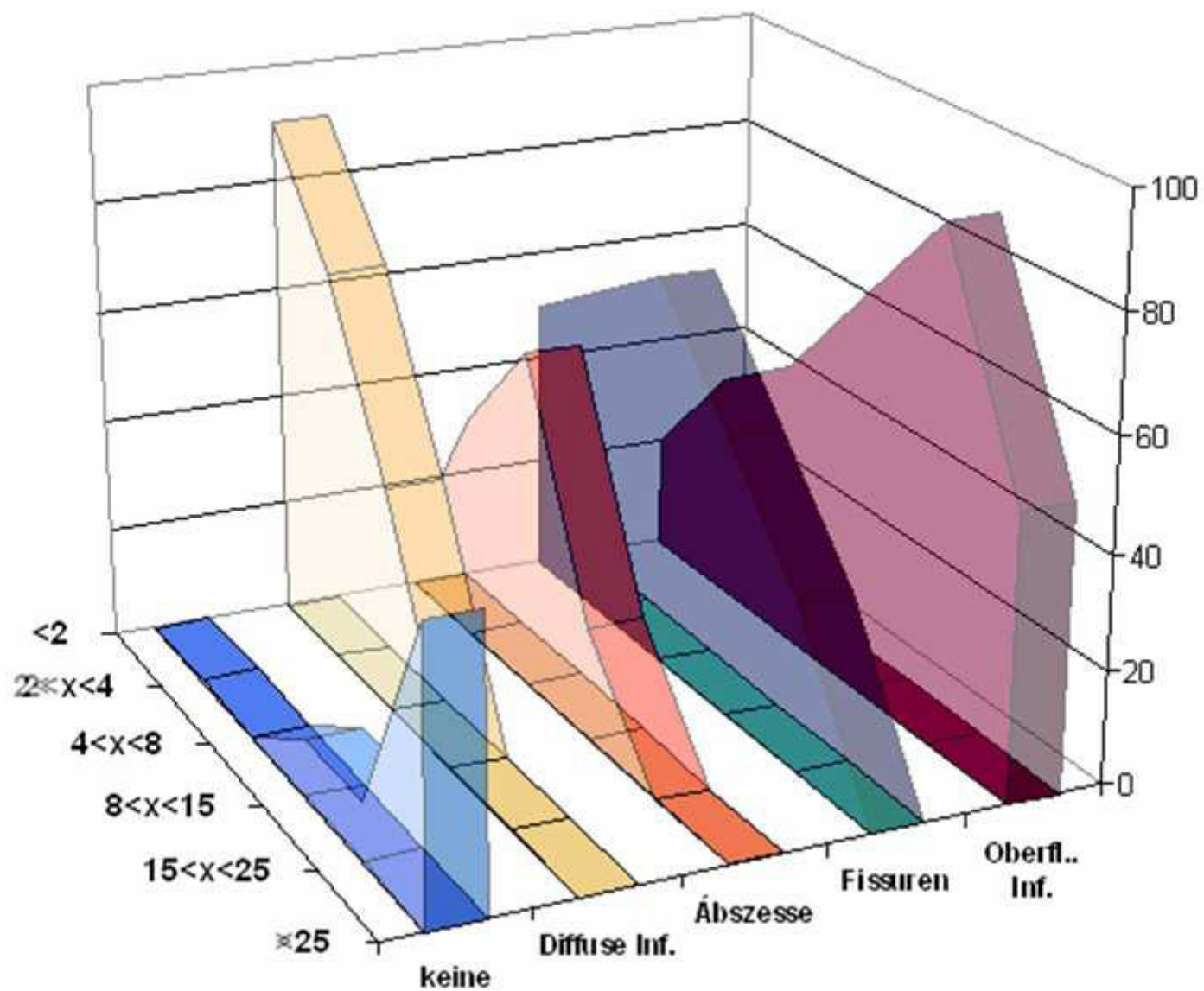
9B



10







Occurrence of different bacterial groups within local tonsillar lesions such as fissures and diffuse infiltrates

Superficial Infiltration and Fissures*	%	Diffuse Infiltration*	%
<i>Fusobacteria</i> spp. (Fuso)	36	<i>Firmicutes</i> (LGC)	74
<i>Pseudomonas</i> (Ps, Pseaer A, Pseaer B)	34	<i>Streptococcus</i> (Strc493)	74
<i>Beta-Proteobacteria</i> inclusive. <i>Neisseria</i> (Bet42a)	33	<i>Haemophilus influenzae</i> (Haeinf)	66
<i>Burkholderia</i> (Burcep, Burkho)	30	<i>Actinobacteria</i> (HGC)	50
<i>Lactobacillus</i> and <i>Enterococcus</i> (Lab)	24	<i>Bacteroides/Prevotella</i> (Bac303)	39
<i>Veillonella</i> group inclusive <i>Veillonella parvula</i> (Veil, Vepa)	23	<i>Cytophaga-Flavobacteria</i> (CF319)	34
<i>Clostridium coccoides</i> – <i>E. rectale</i> (Erec)	20	<i>Streptococcus pyogenes</i> (Strpyo)	11
<i>Staphylococcus aureus</i> (Staaaur)	11	<i>Atopobium</i> and others (Ato291)	6
<i>Prevotella intermedia</i> (Prin)	10		
<i>Ruminococcus bromii</i> , <i>R. flavefaciens</i> (Rbro, Rfla)	7		
<i>Coriobacterium</i> group (Cor653)	6		
<i>Listeria</i> , <i>Brochothrix</i> (Lis637,1255)	4		

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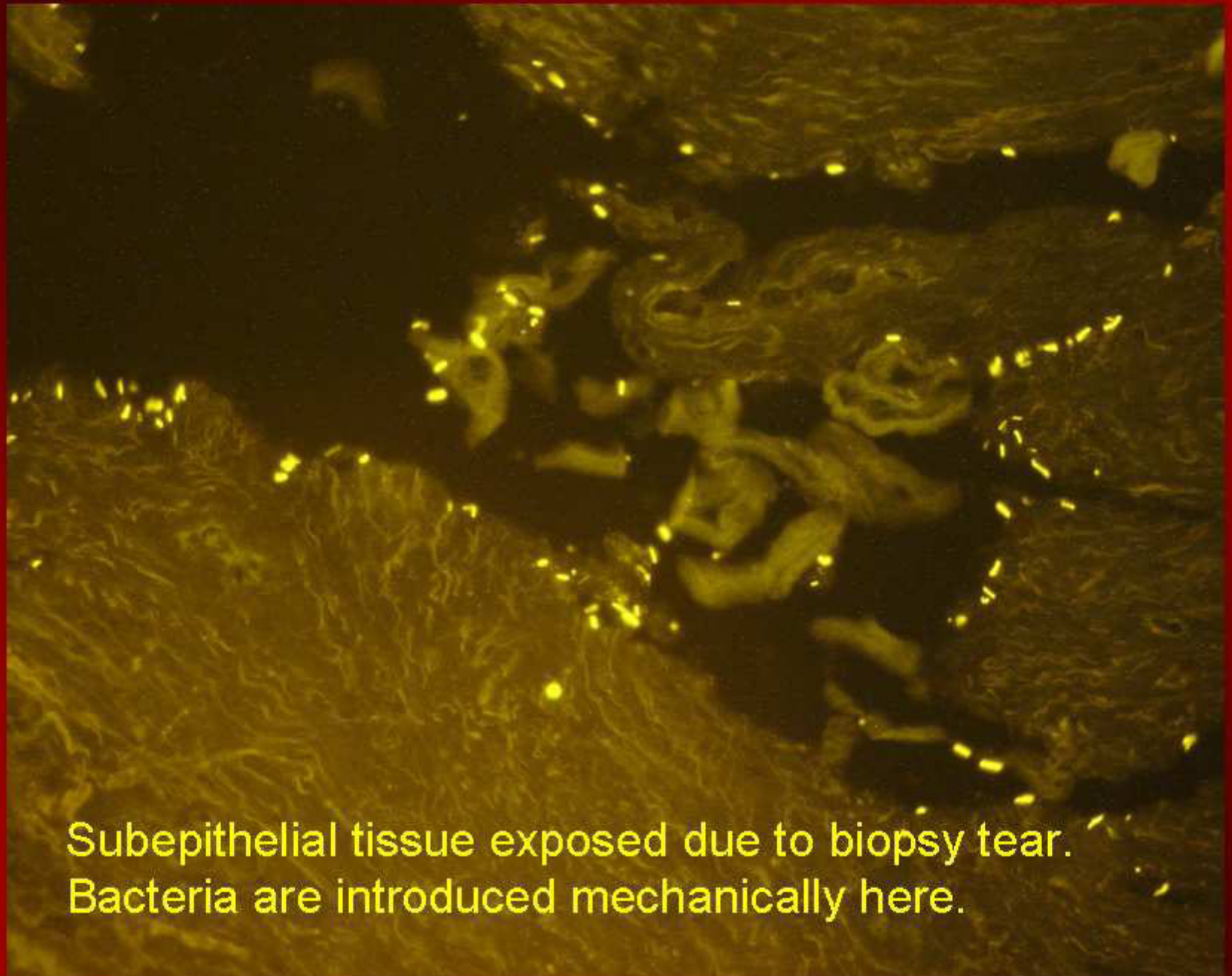
**Spatial organization of intestinal
microbiota**



BV

A microscopic image showing a cross-section of vaginal epithelium. The tissue exhibits a regular, organized pattern of cells, characteristic of healthy vaginal epithelium. The cells are arranged in a stratified layer, with a distinct boundary between the epithelial layer and the underlying connective tissue. The overall appearance is uniform and lacks any signs of infection or abnormality.

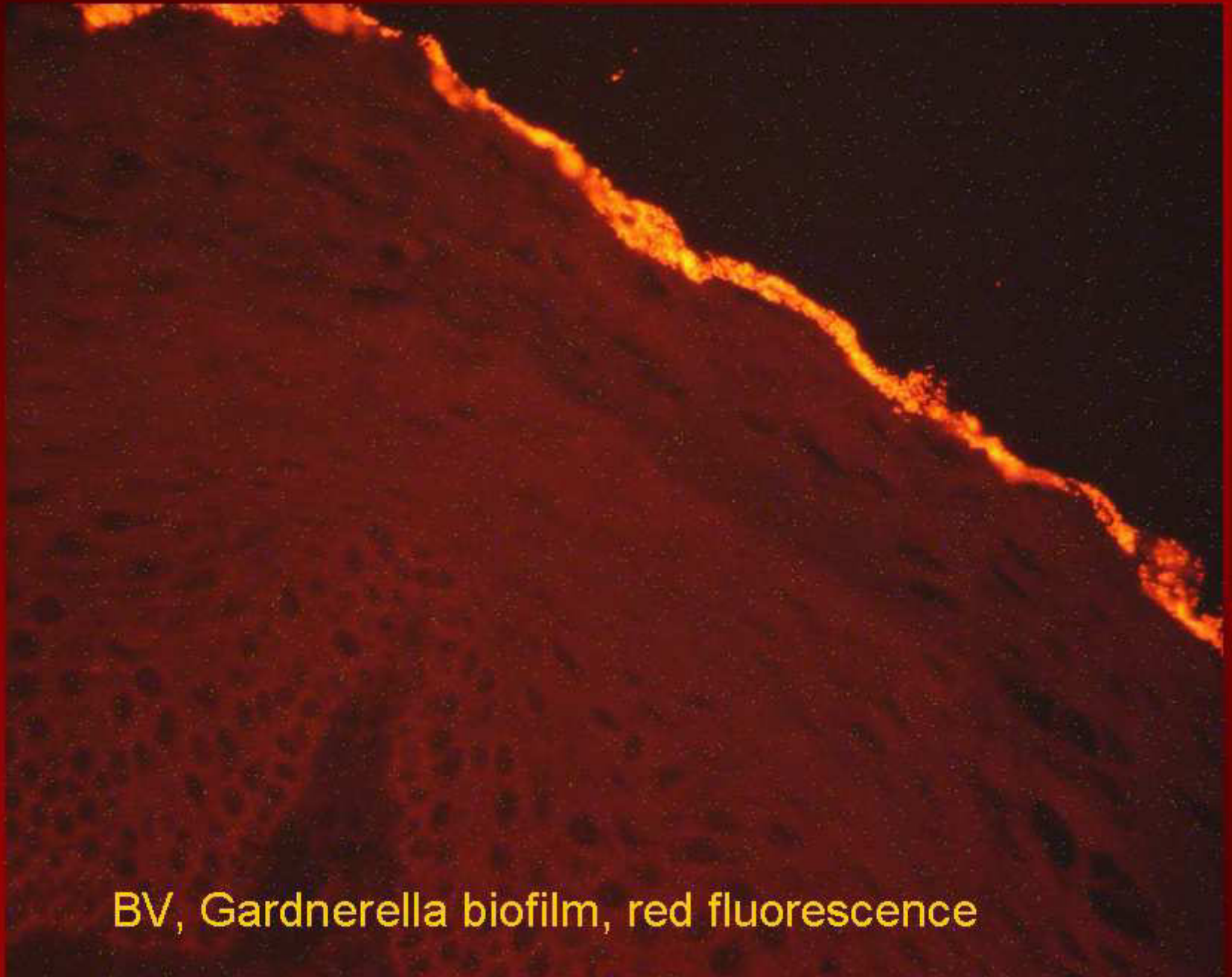
Healthy vaginal epithelium, no bacteria detectable



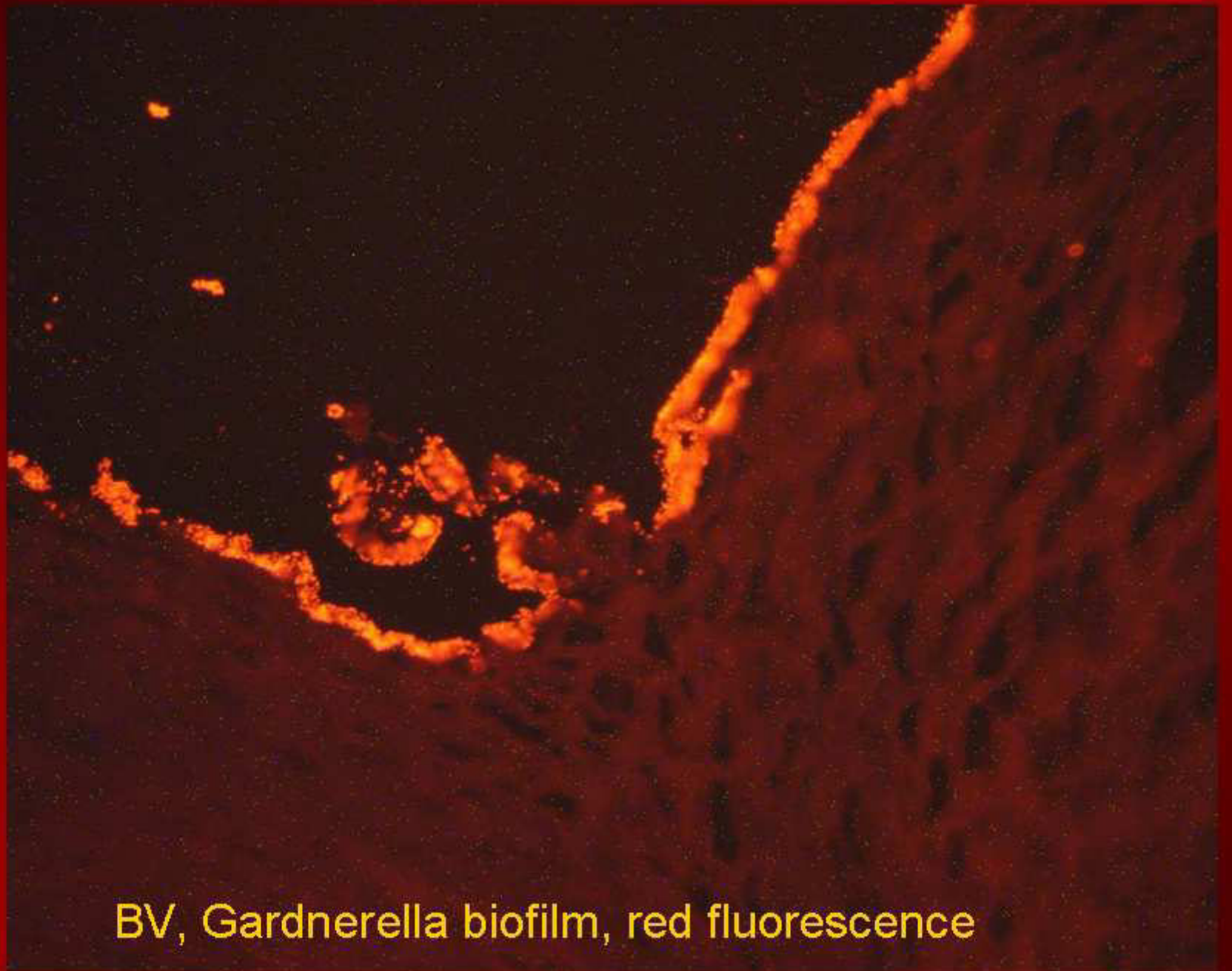
Subepithelial tissue exposed due to biopsy tear.
Bacteria are introduced mechanically here.

Subepithelial tissue exposed due to biopsy tear

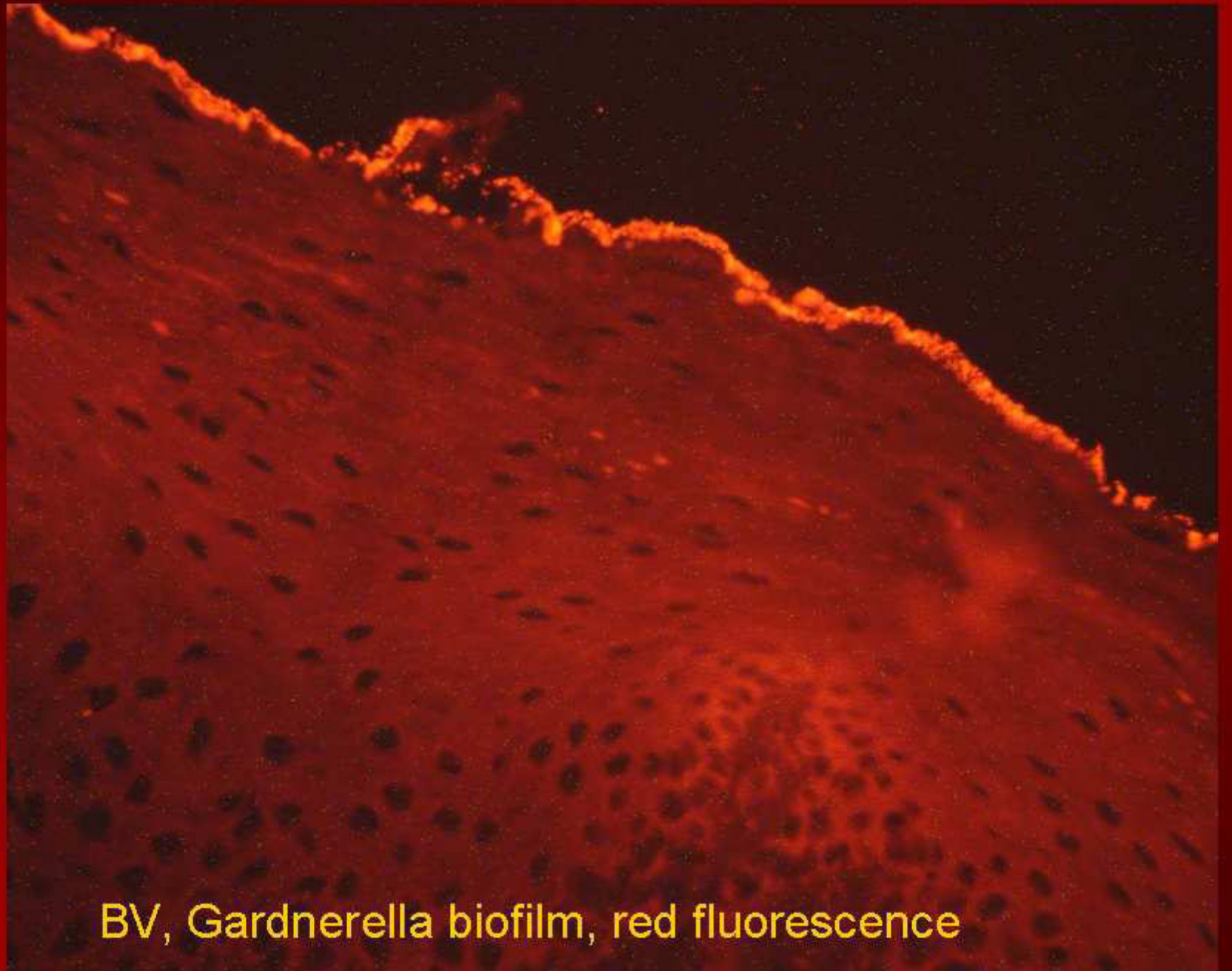




BV, Gardnerella biofilm, red fluorescence



BV, Gardnerella biofilm, red fluorescence



BV, Gardnerella biofilm, red fluorescence



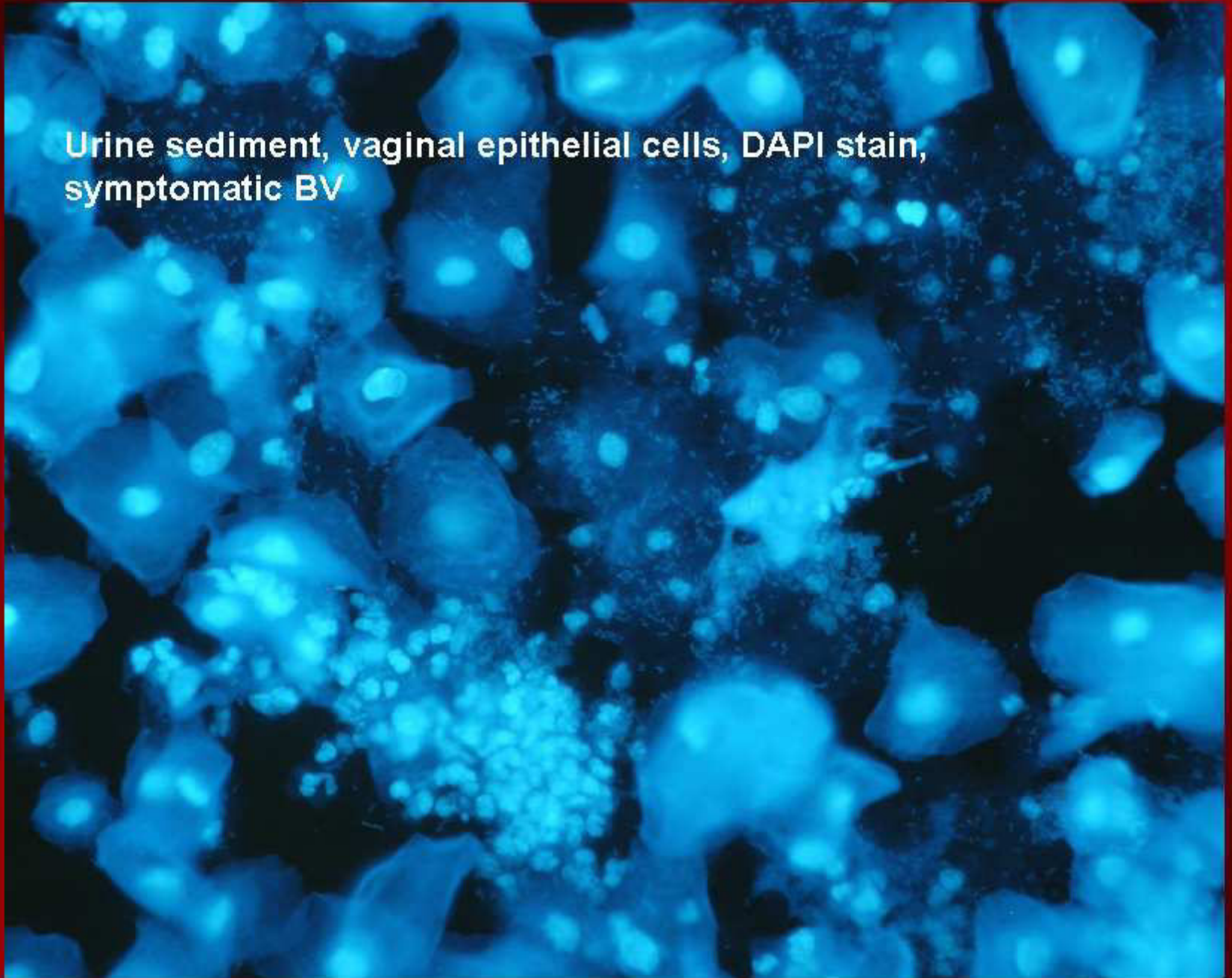
Abundant Lactobacilli, yellow fluorescence
within Gardnerella biofilm

Controls

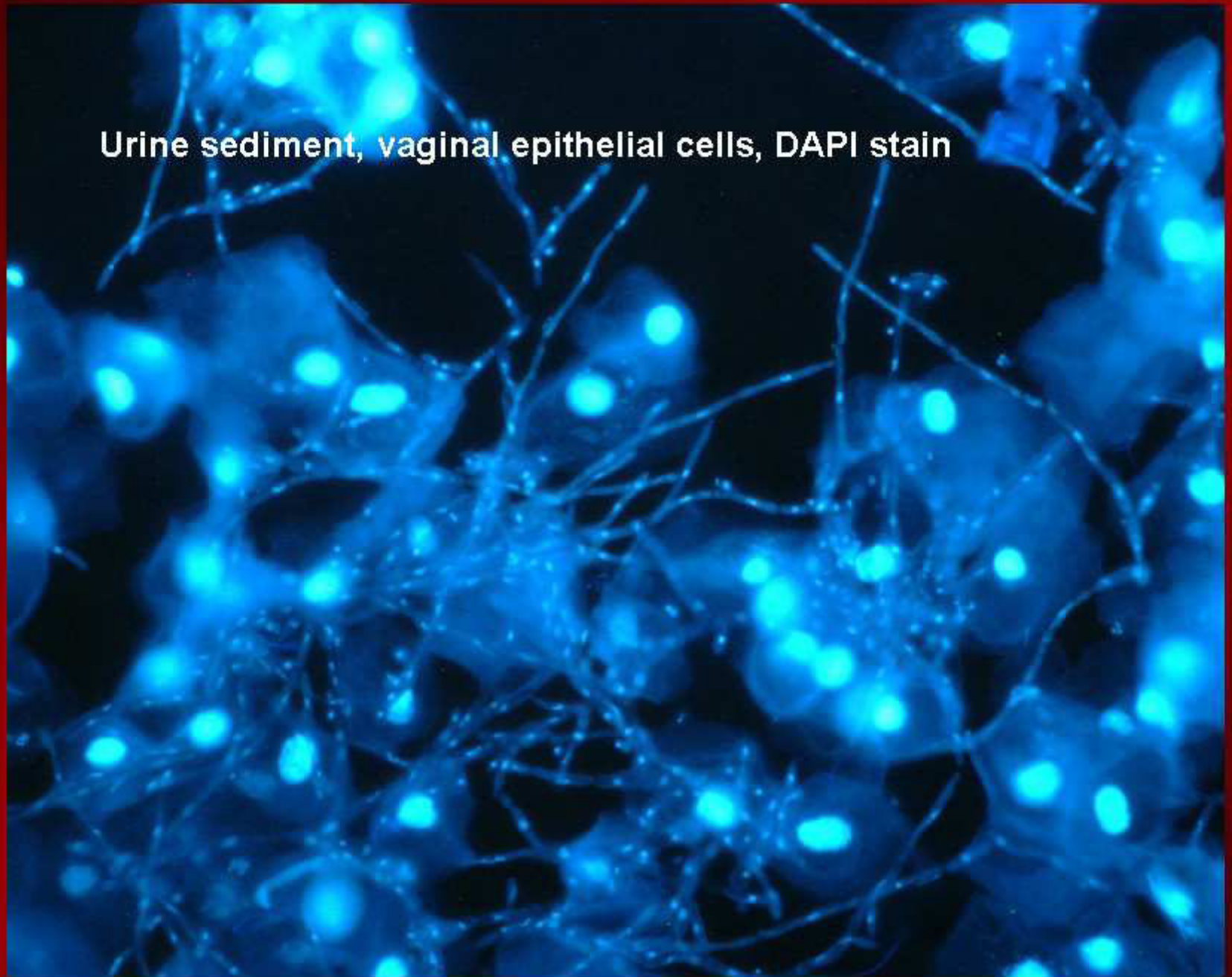
BV

		Max. Concentration ml	Occurrence	Max. Konzentration ml	Vorkommen
		10⁹	40%	10¹¹	100%
Gardnerella	(Gard 5)	10 ⁷	10%	10¹¹	100%
Atopobium	(Ato)	10 ⁷	8%	10 ¹⁰	60%
Lactobacillus	(Lab)	10⁹	40%	10⁹	80%
Coriobacterium	(Cor)	10 ⁷	5%	10 ⁸	17%
Enterobacteriaceae	(Ebac)	0	0	10 ⁶	10%
Bacteroides	(Bac)	0	0	10 ⁶	5%
Veilonella	(Veil)	0	0	10 ⁶	8%
Cytophaga-Flavobacteria (CF)		0	0	10 ⁶	10%
Clostridien (Clit, Chis, Erec)		0	0	10 ⁶	3%
Fusobacterien (Fus)		0	0	10 ⁶	5%

Urine sediment, vaginal epithelial cells, DAPI stain,
symptomatic BV

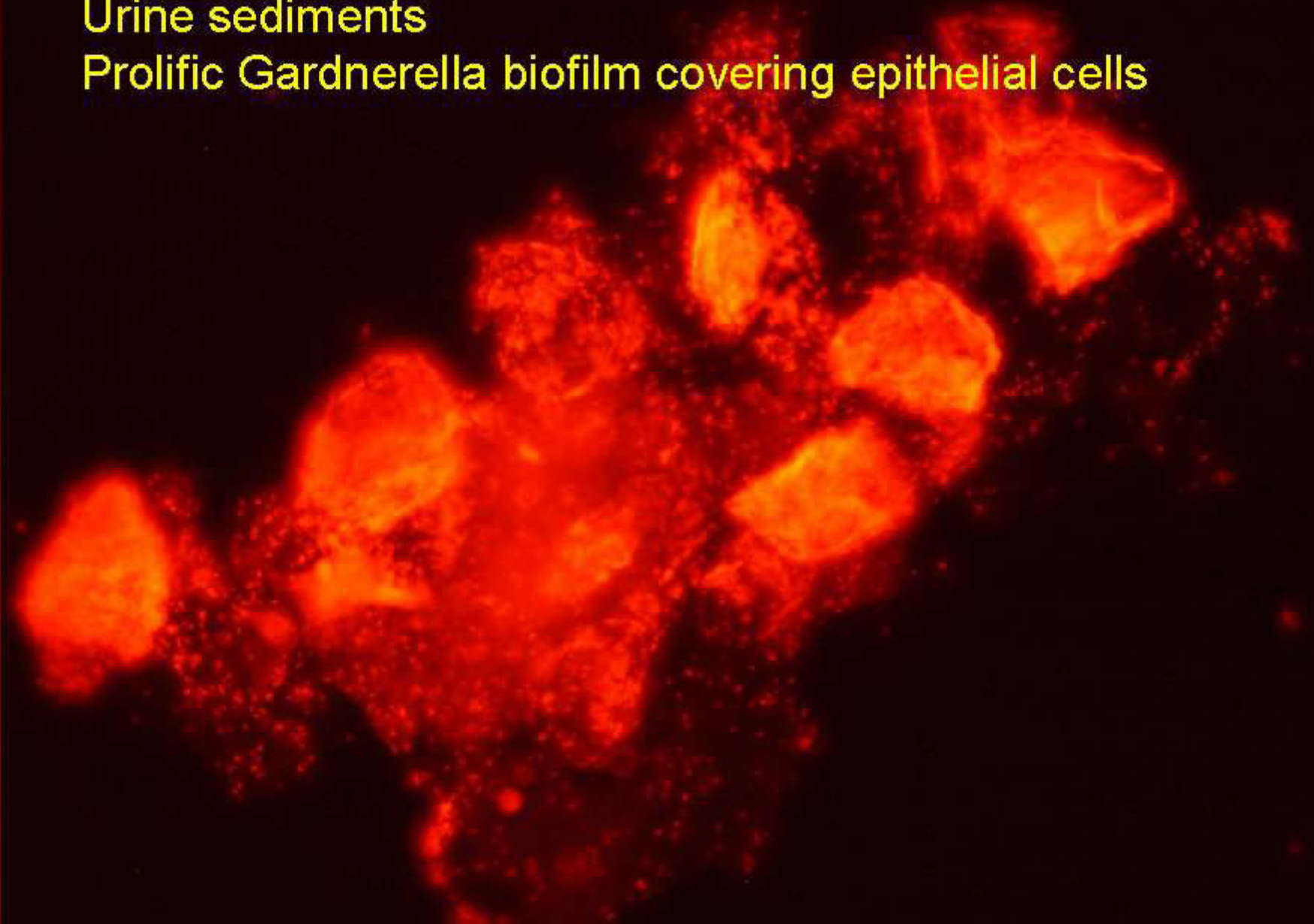


Urine sediment, vaginal epithelial cells, DAPI stain



Urine sediments

Prolific *Gardnerella* biofilm covering epithelial cells

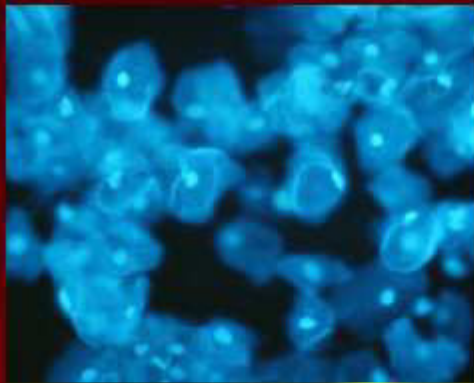


A multicolor fluorescence in situ hybridization (FISH) image showing a dense biofilm. The biofilm is primarily composed of Gardnerella species, which fluoresce in red. Interspersed within this red biofilm are numerous bright orange spots, representing high concentrations of Lactobacilli. The overall appearance is a complex, textured network of red and orange fluorescence against a dark background.

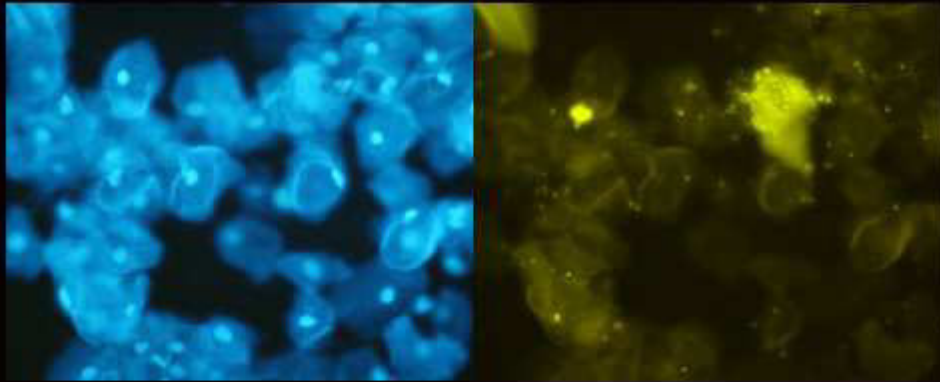
Multicolor FISH. prolific Gardnerella biofilm (red fluorescence)
is associated with high concentrations of Lactobacilli (orange fluorescence),
symptomatic BV

A microscopic image showing numerous vaginal epithelial cells from a healthy woman. The cells are stained with DAPI, which highlights their nuclei in a bright blue color. The cells themselves are large and flat, with a characteristic squamous morphology. The background is dark, making the blue-stained cells stand out prominently.

**Urine sediment, vaginal epithelial cells,
DAPI stain,
healthy women**



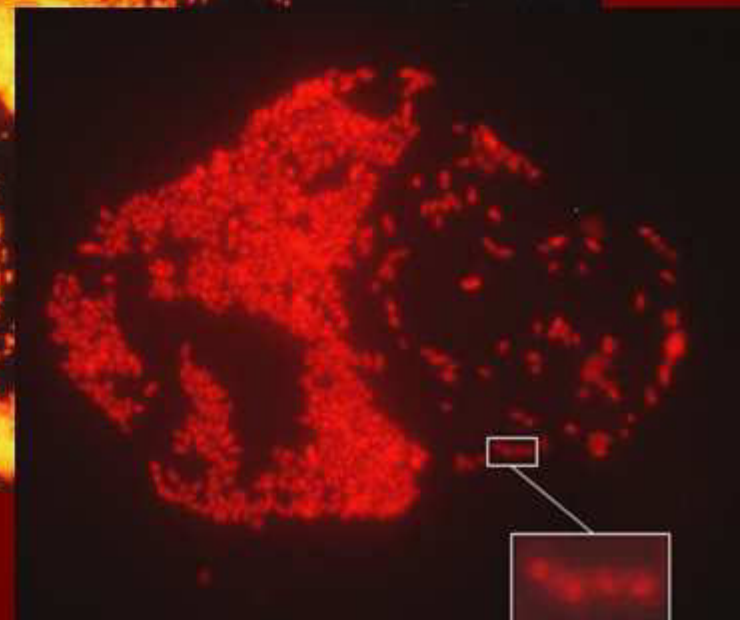
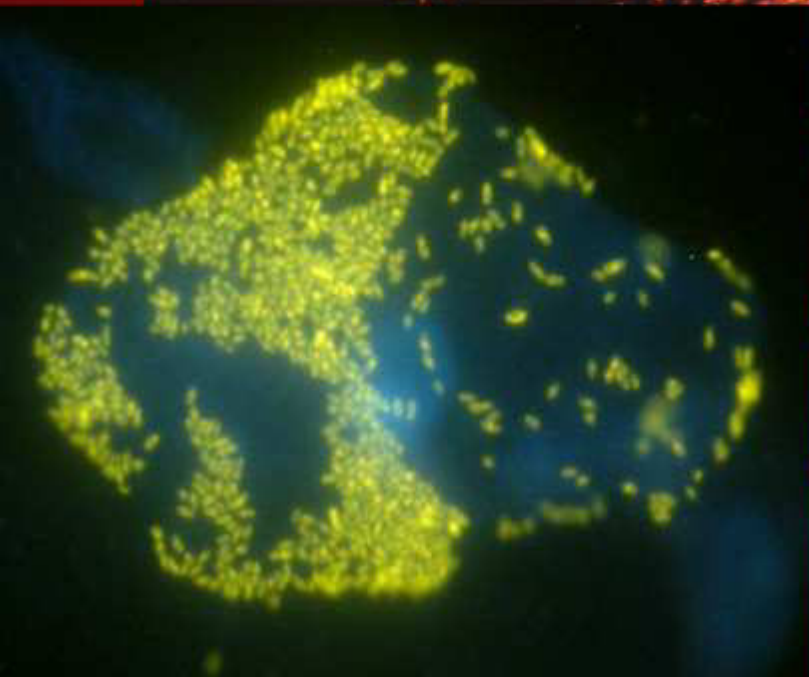
All bacteria (universal bacterial probe – yellow fluorescence), healthy women



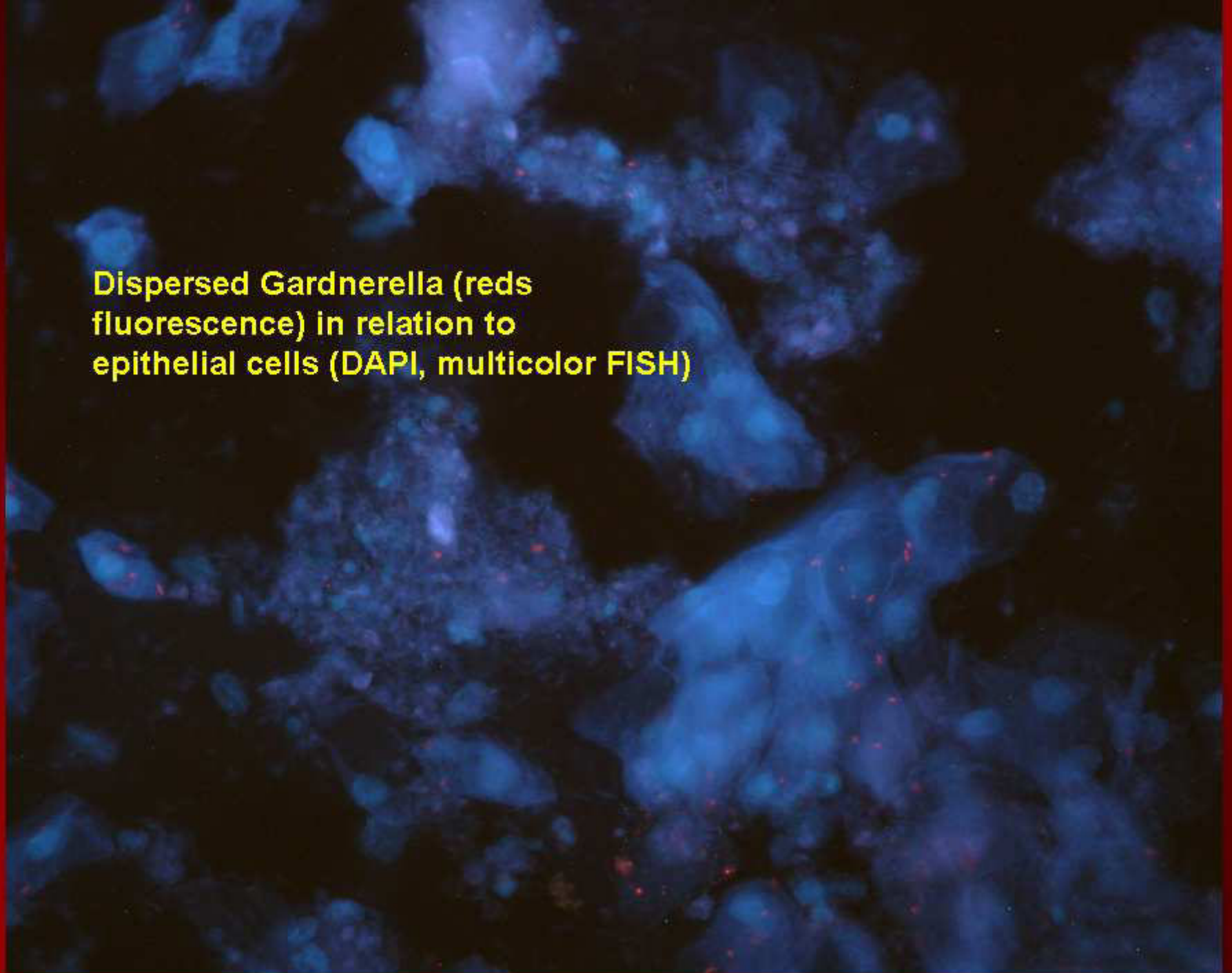
Dispersed Gardnerella (reds fluorescence) in relation to epithelial cells (DAPI, left insertion) and other bacteria (Eub 338, right insertion)

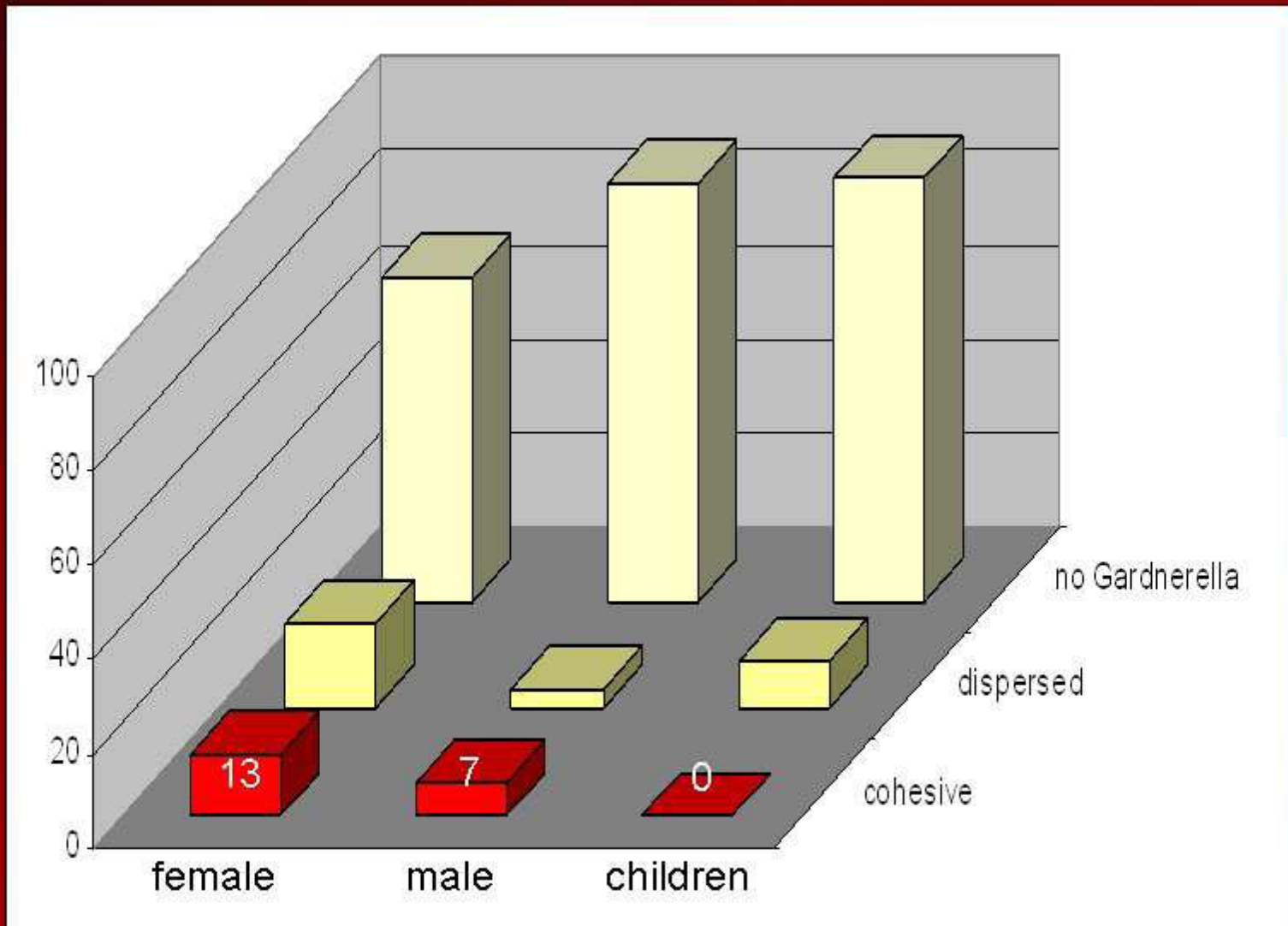
Gardnerella arrangement to structures resembling masonry of brickwork.

Gardnerella is a short rod with a dark spot in the center of the body. Because of this spot, the bacterium can be mistaken as a short chain of cocci (insertion)

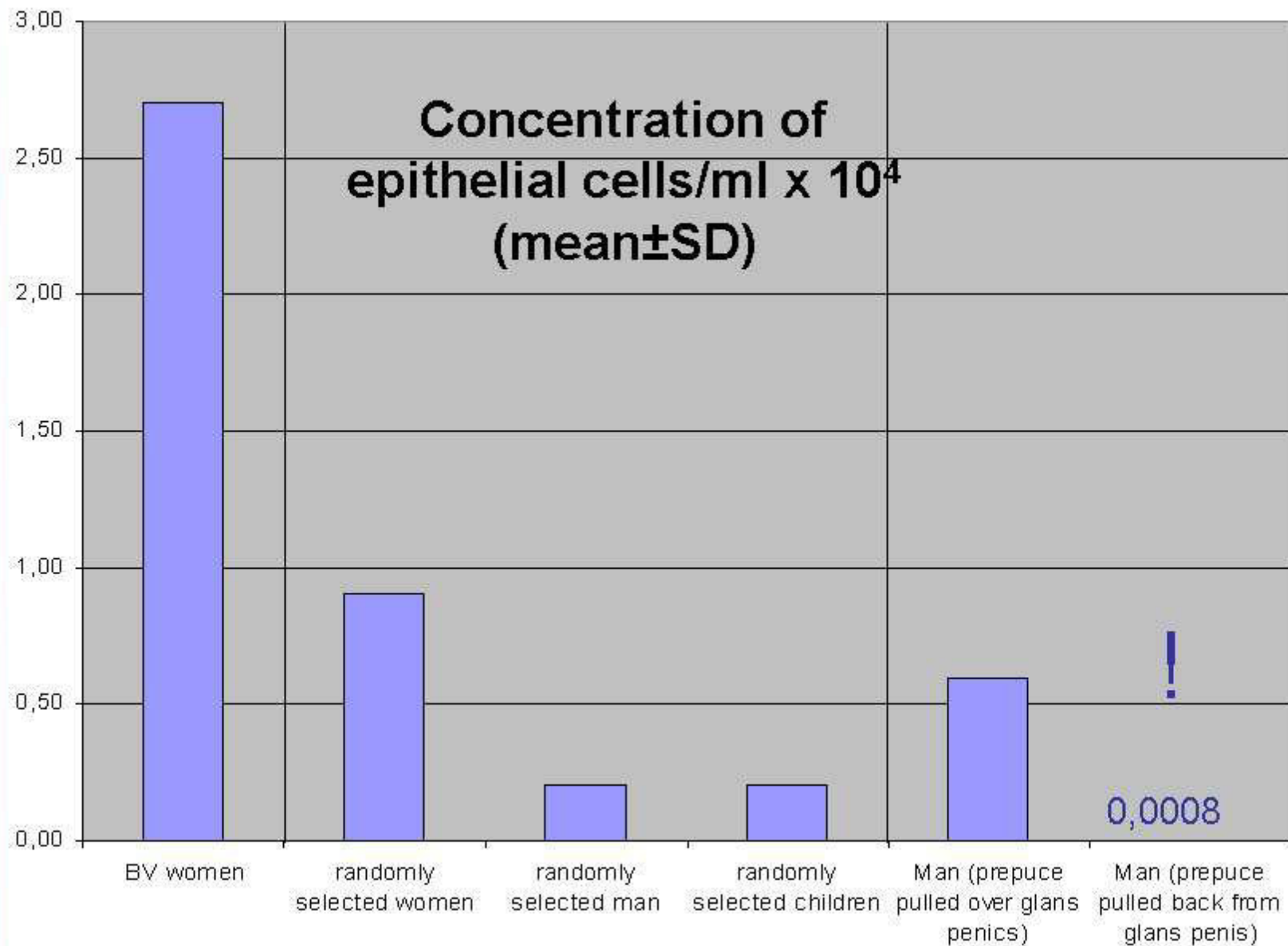


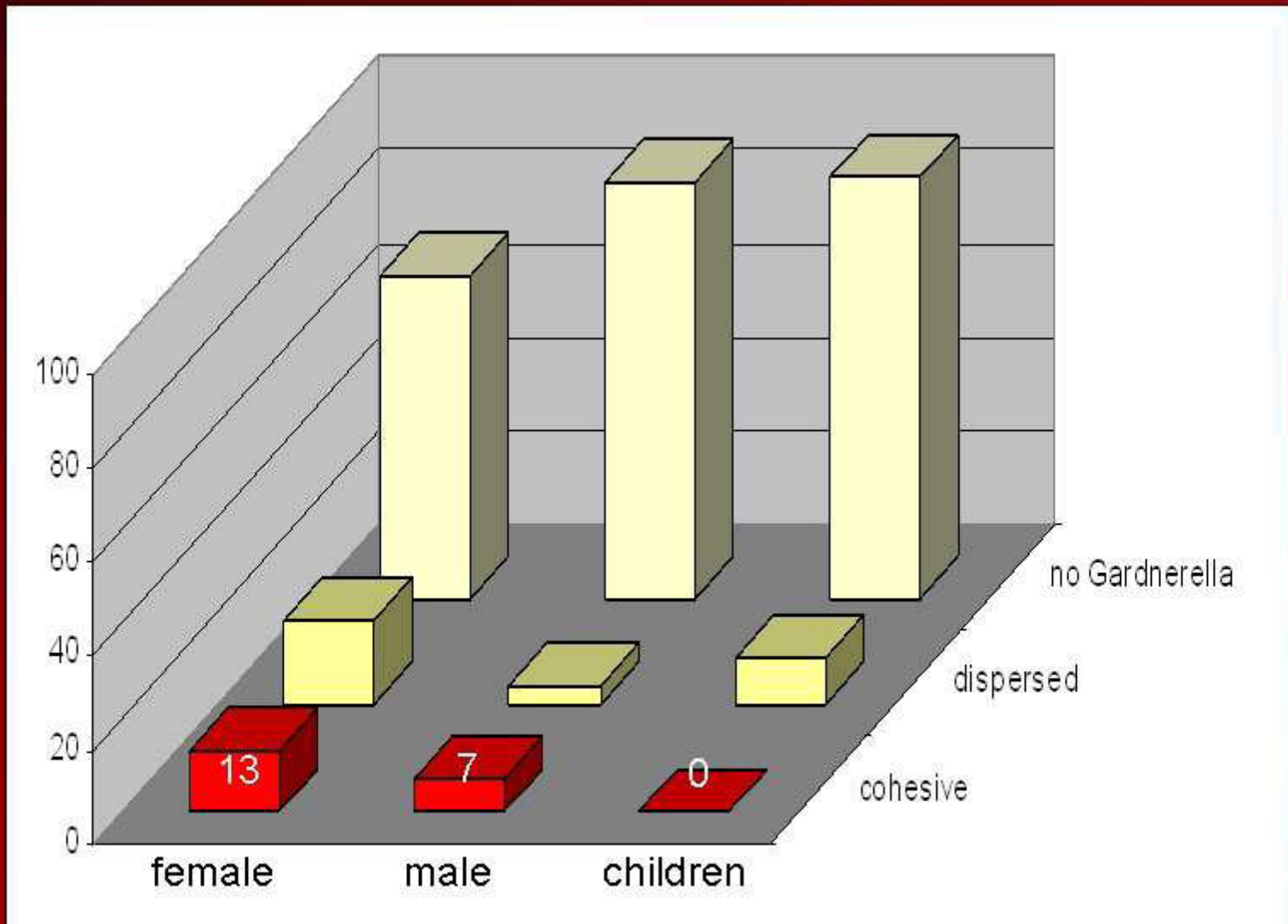
**Dispersed Gardnerella (reds
fluorescence) in relation to
epithelial cells (DAPI, multicolor FISH)**



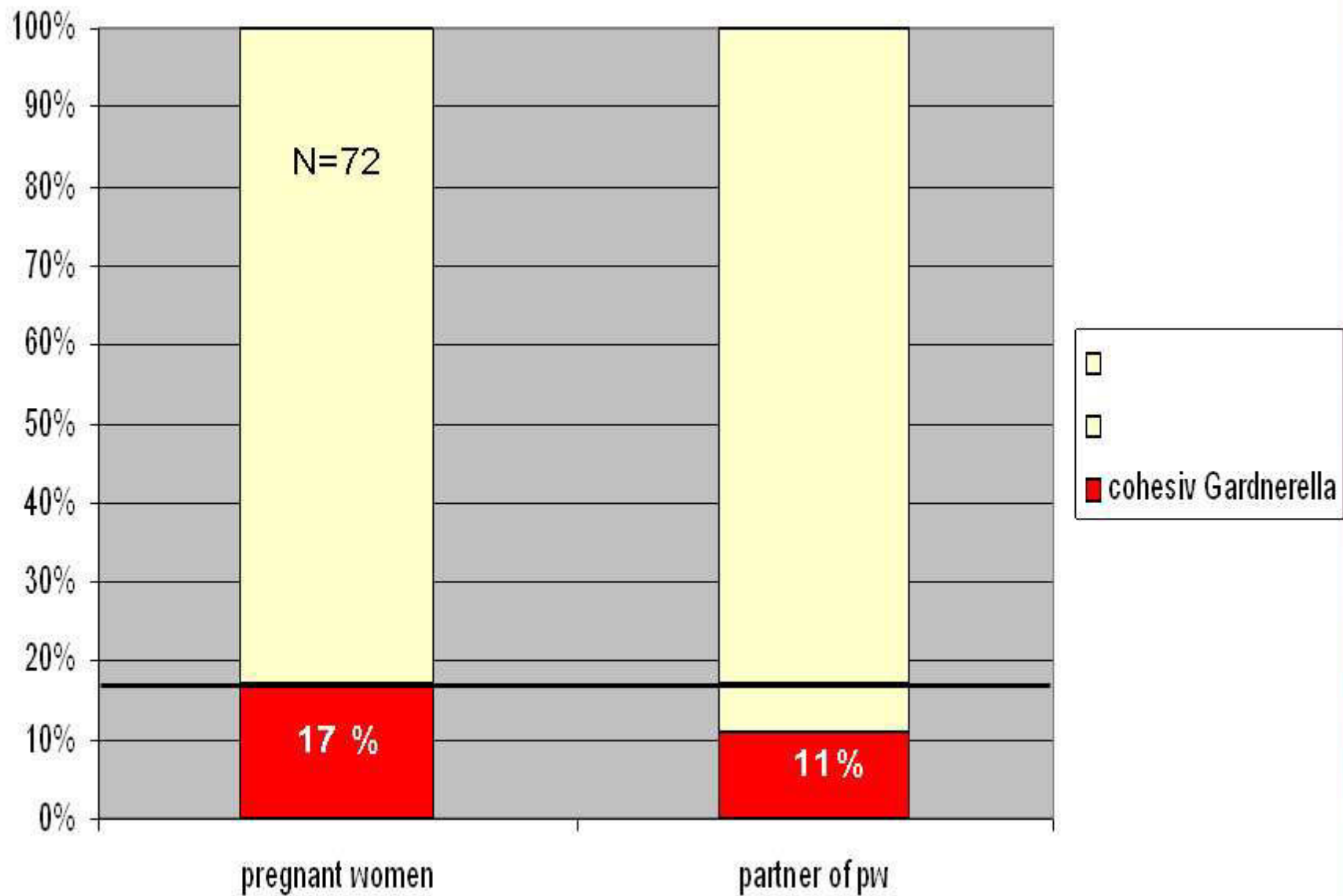


Randomly selected patients hospitalized for reasons other than BV

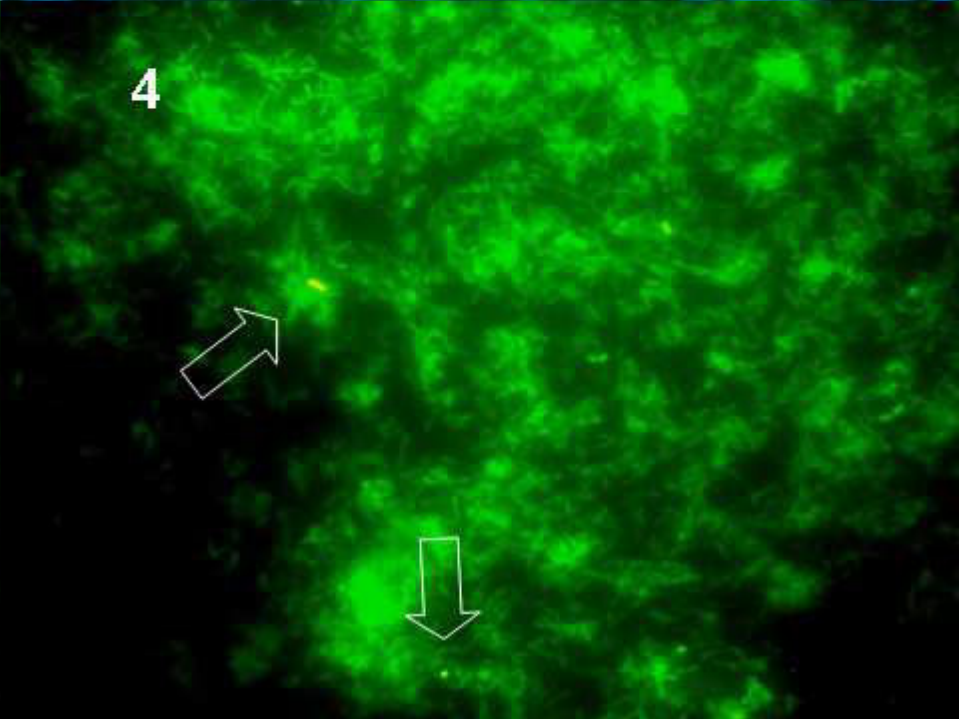
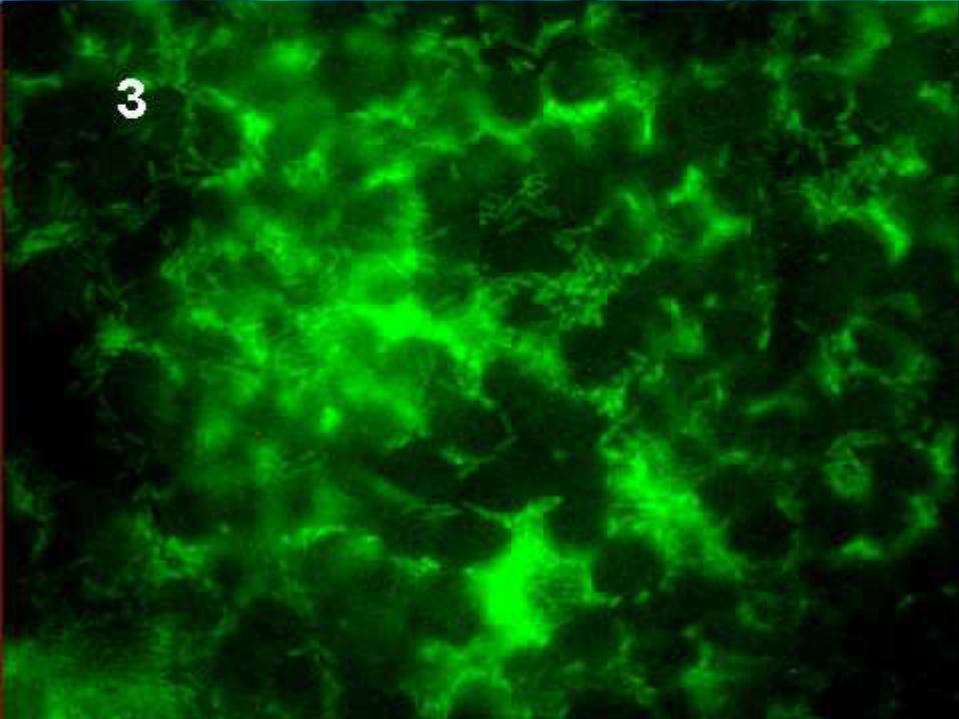
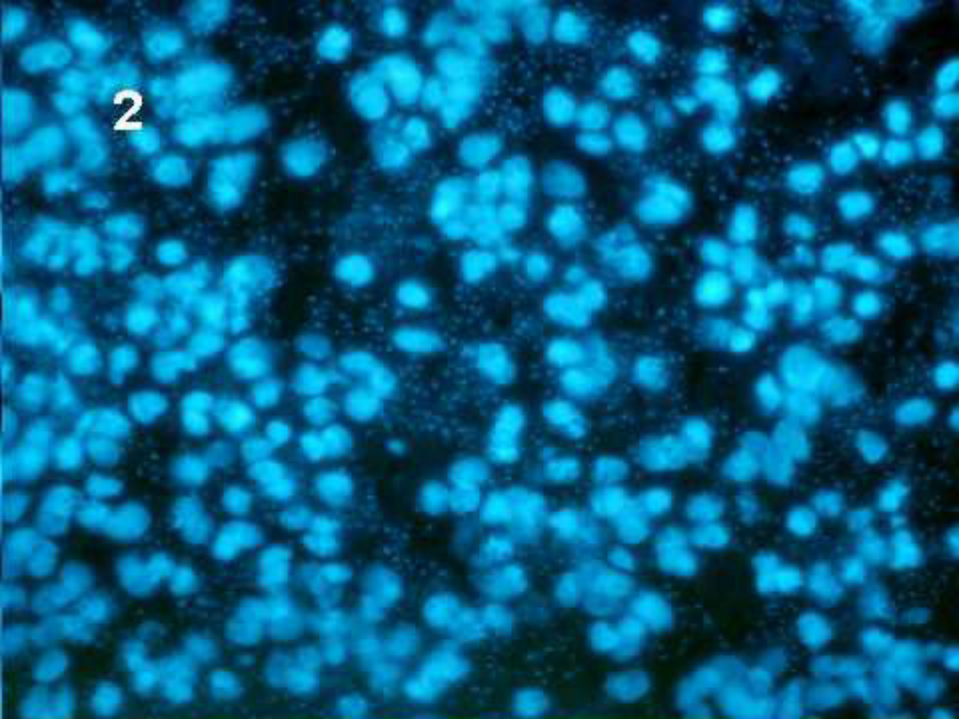
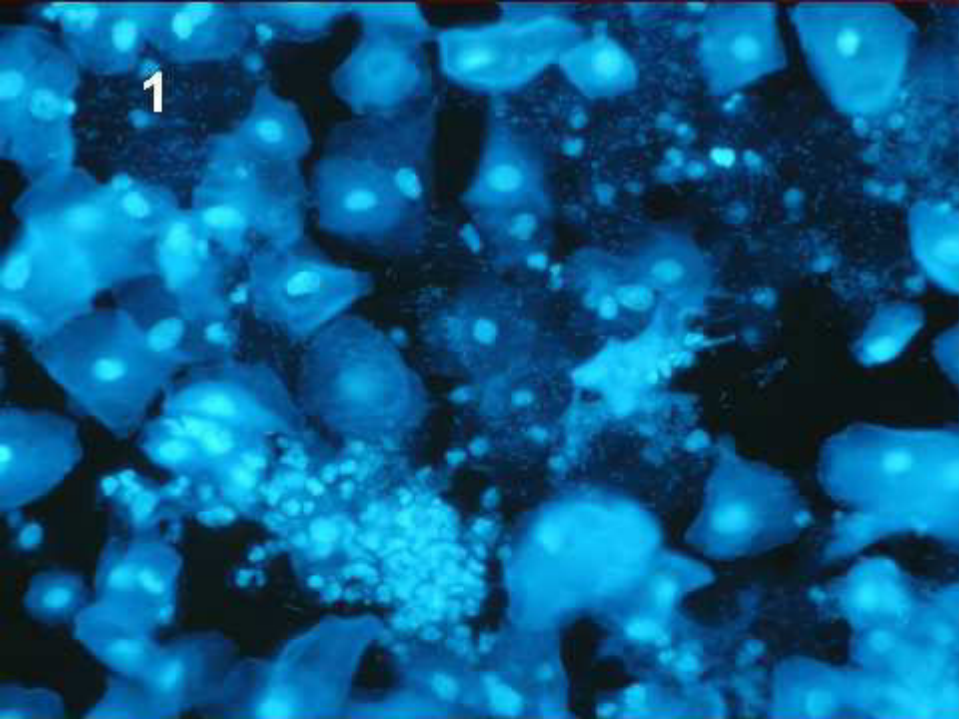




Randomly selected patients hospitalized for reasons other than BV



Gardnerella biofilm is a specific disease entity which involves both genders and is sexually transmitted. The condition should be named Gardnerellosis and the bacterium *Gardnerella genitalis*.

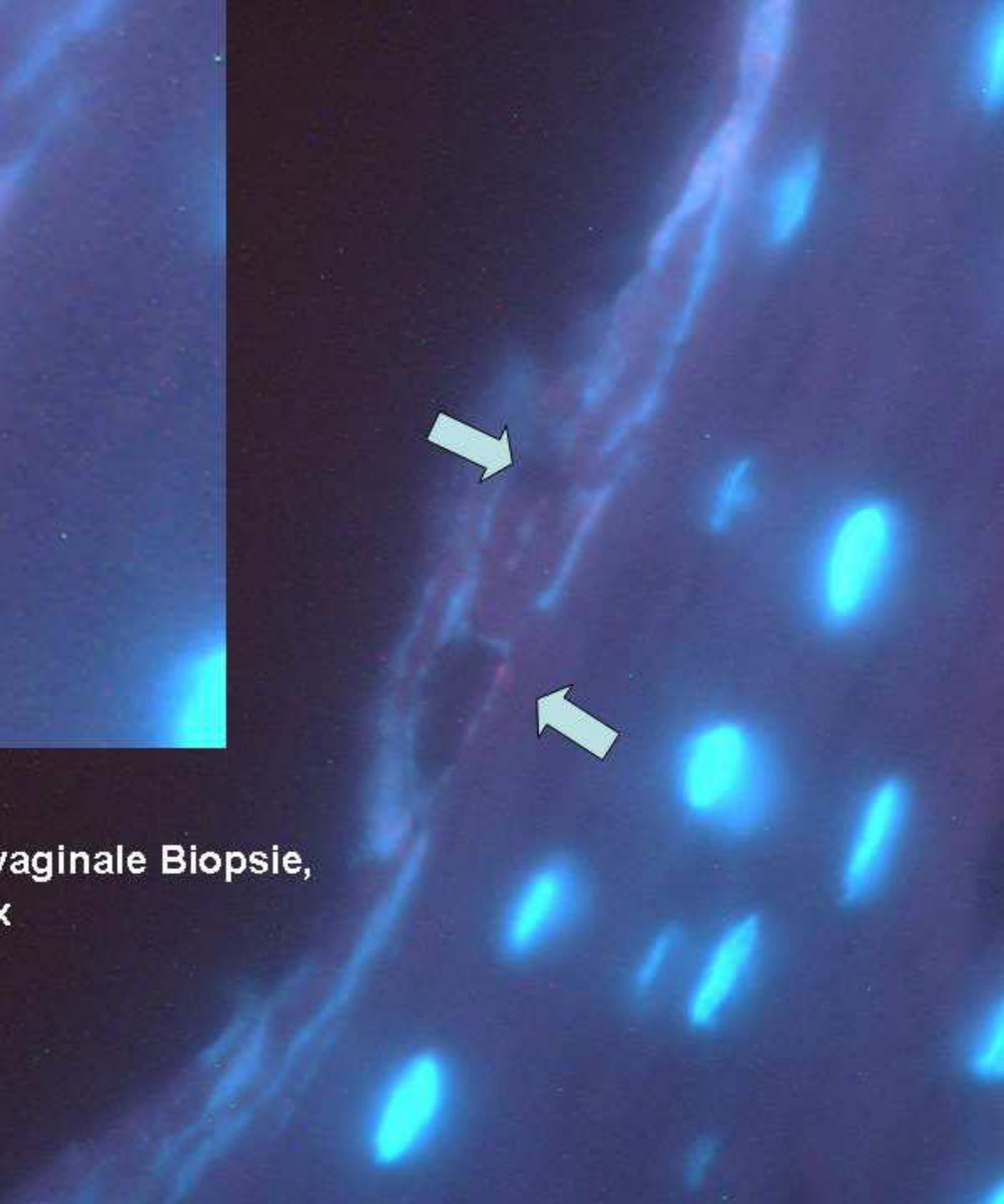
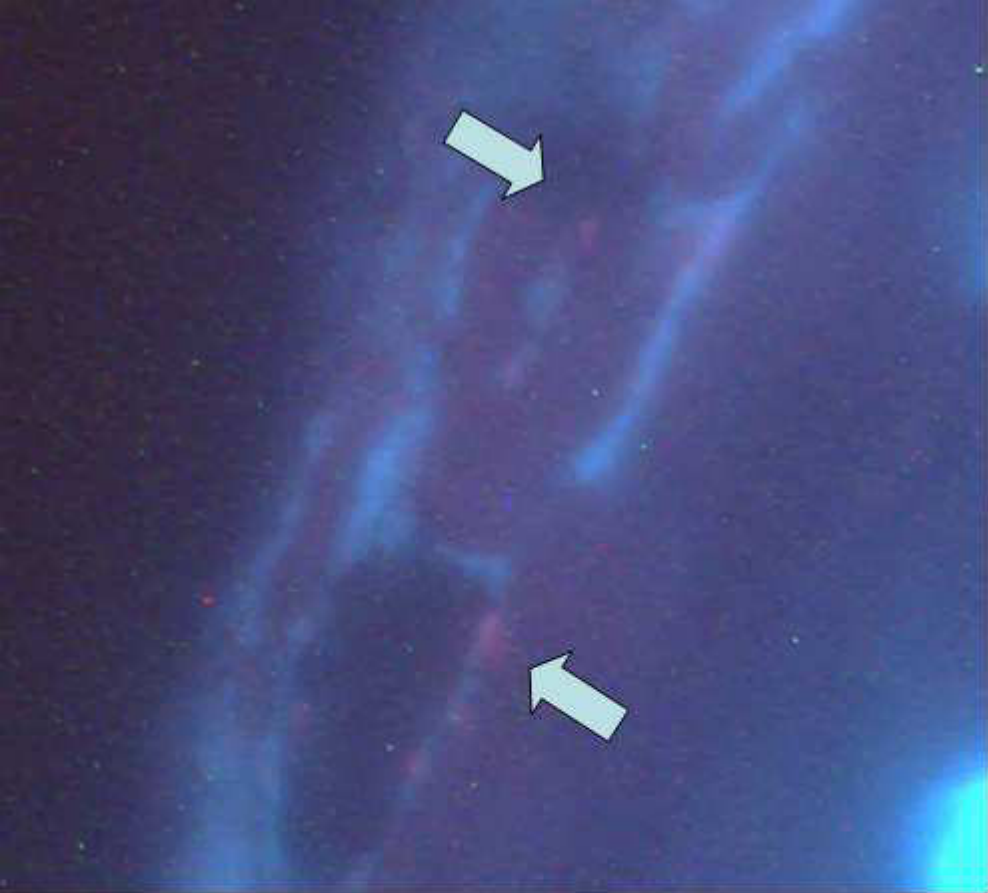


Fertilisierung

Avalox



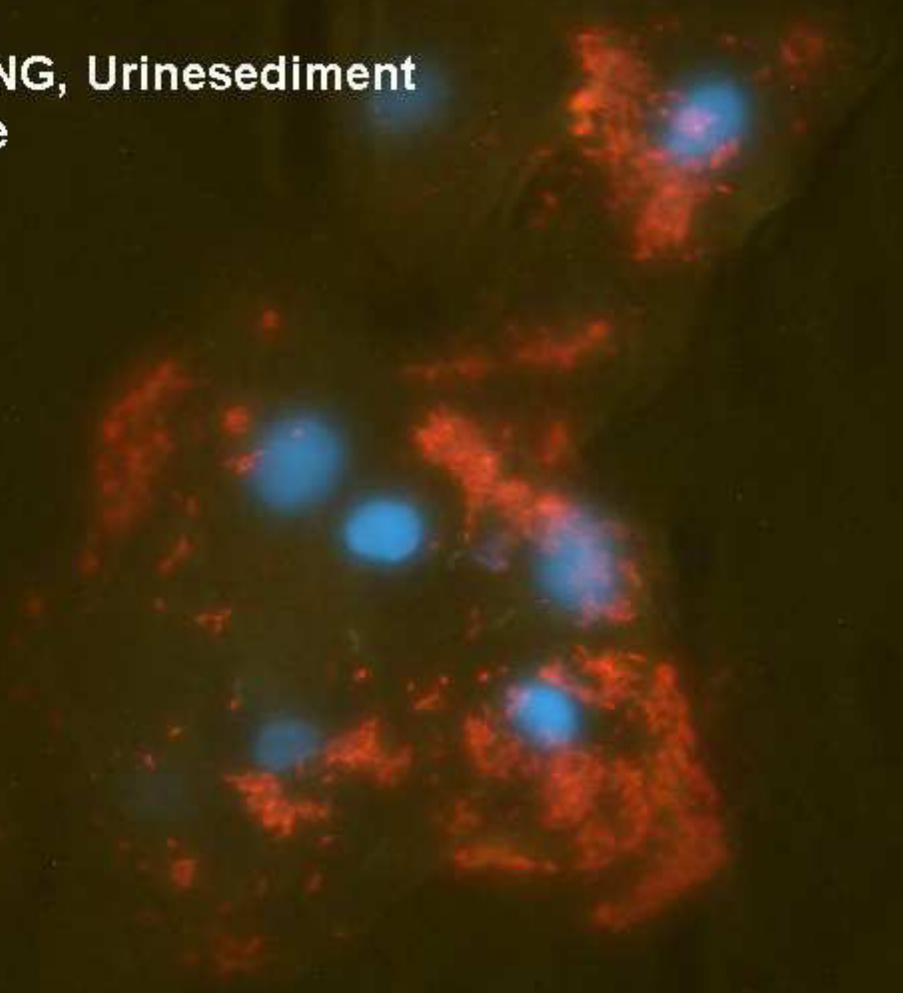
A Patient. NG, Urinsediment vor Avalox



B Patient NG, vaginale Biopsie,
Tag 5 Avalox

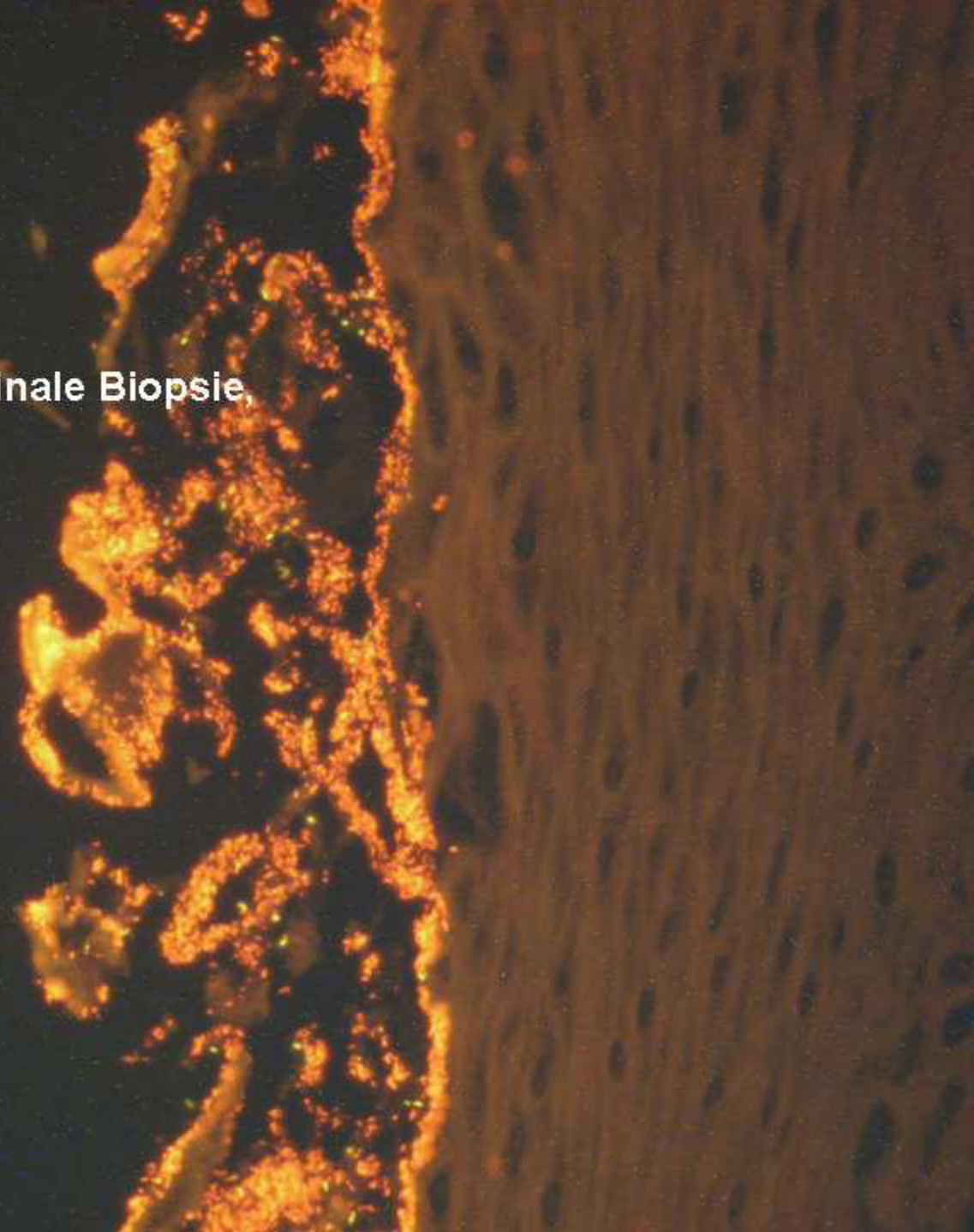
C

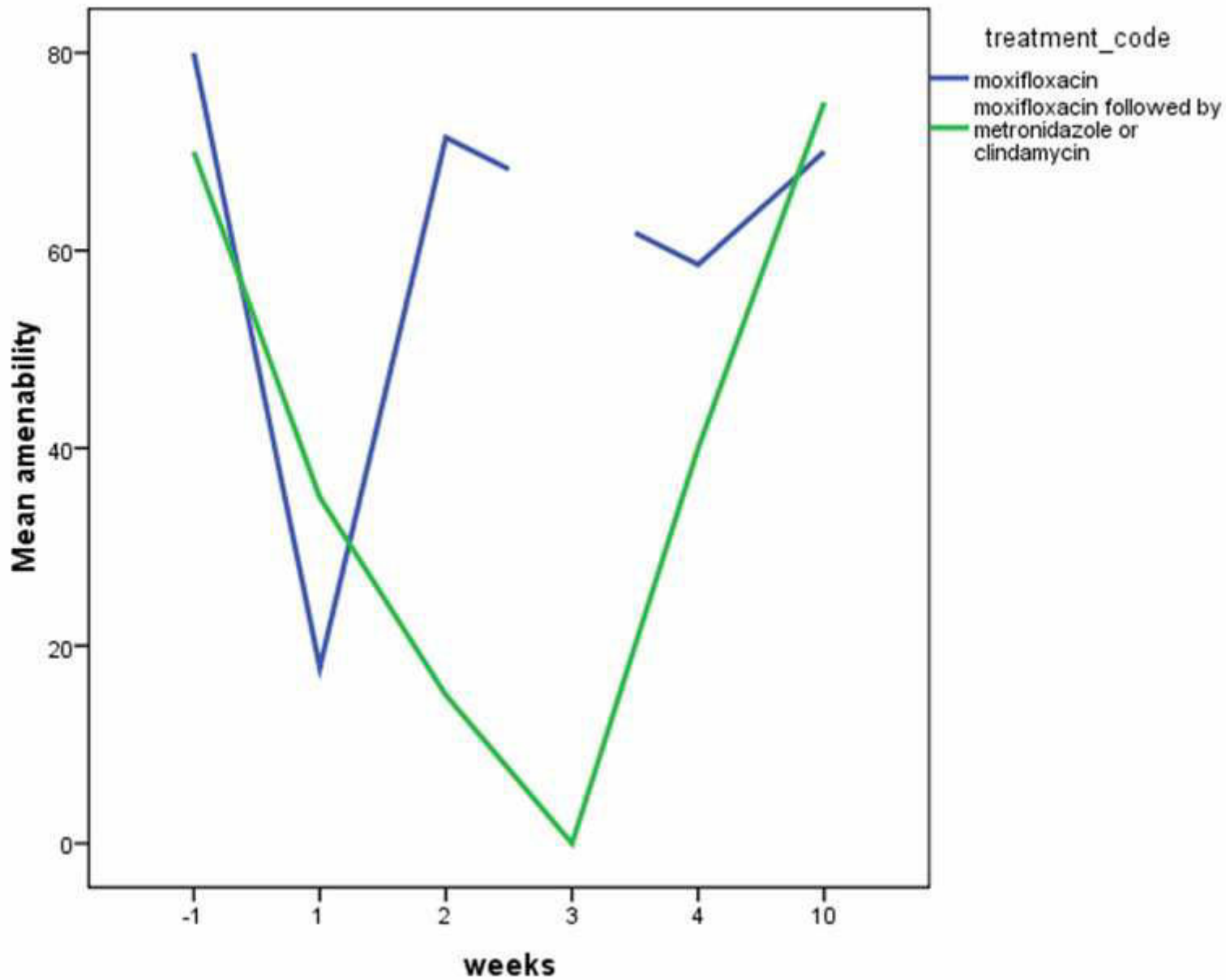
Patient. NG, Urinesediment
3. Woche

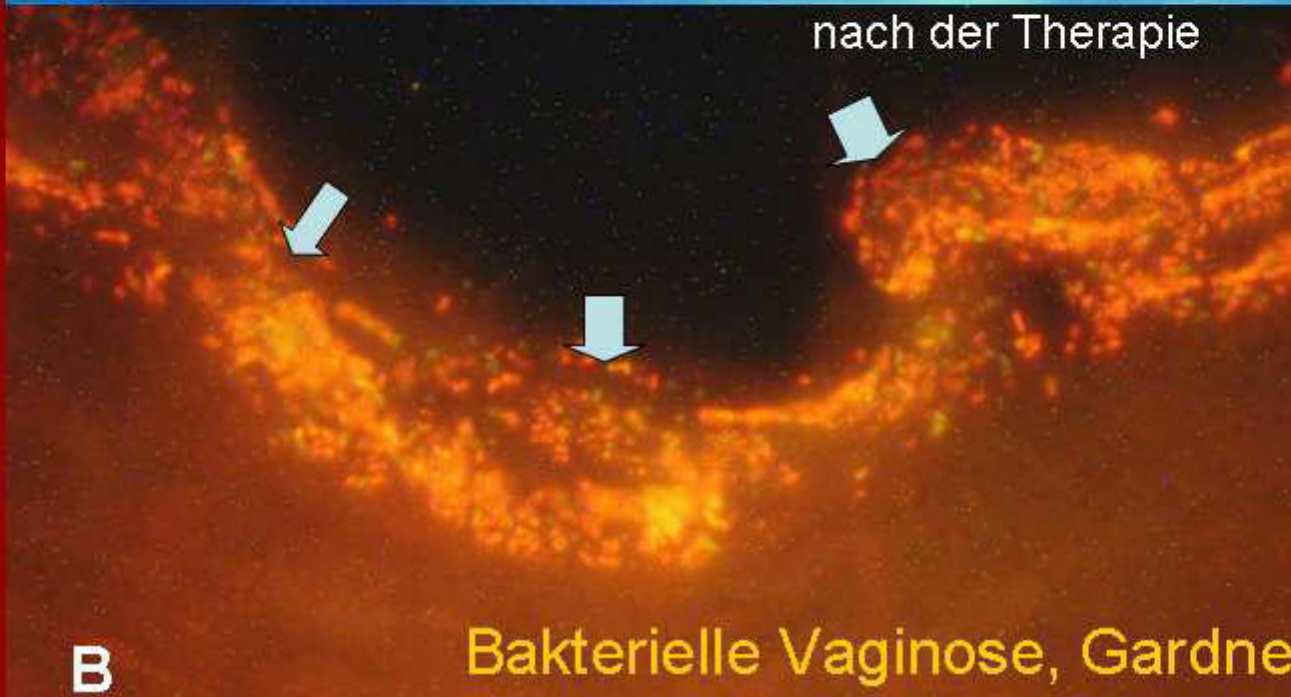


D

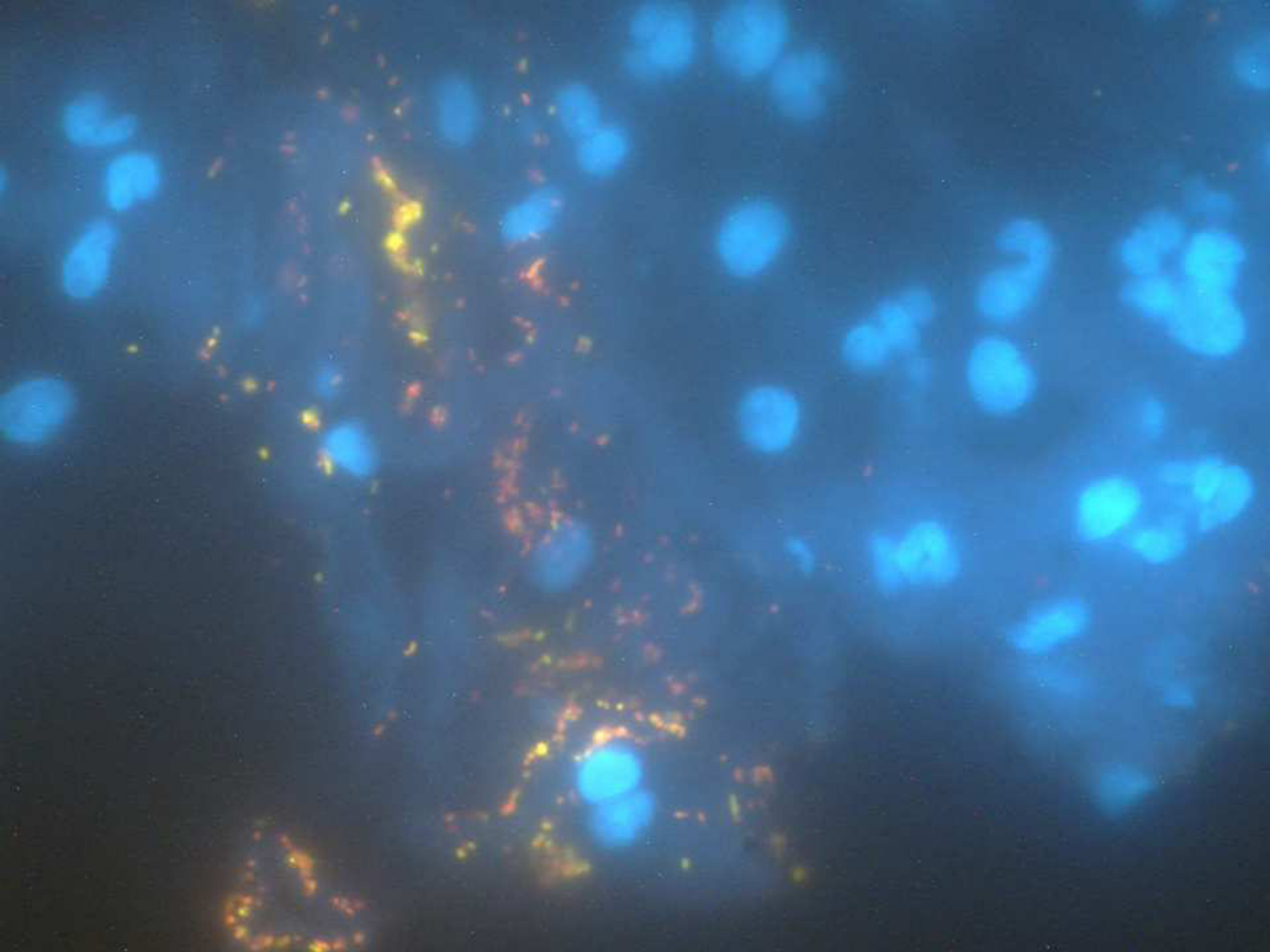
Patient NG, vaginale Biopsie,
12. Woche

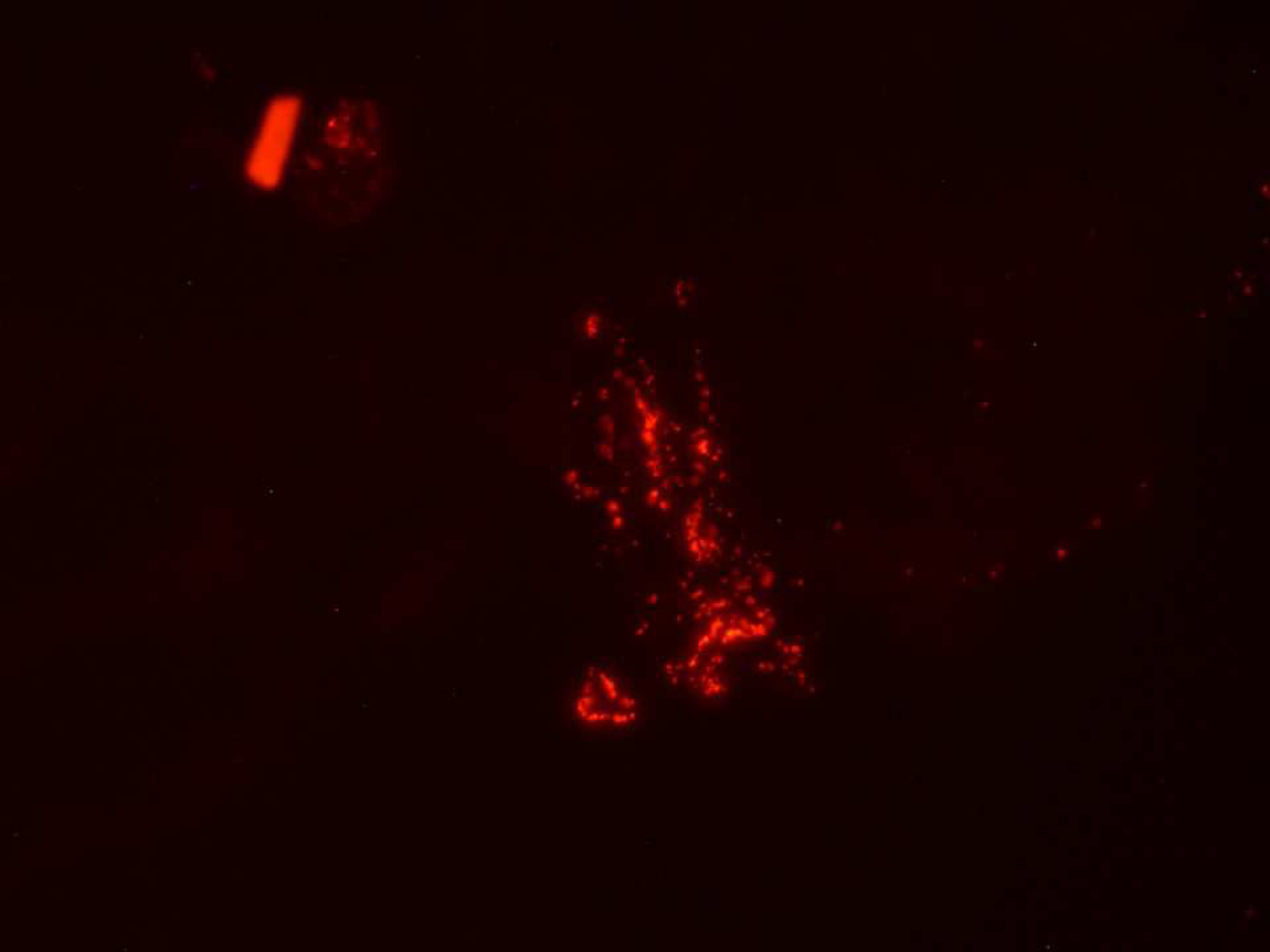




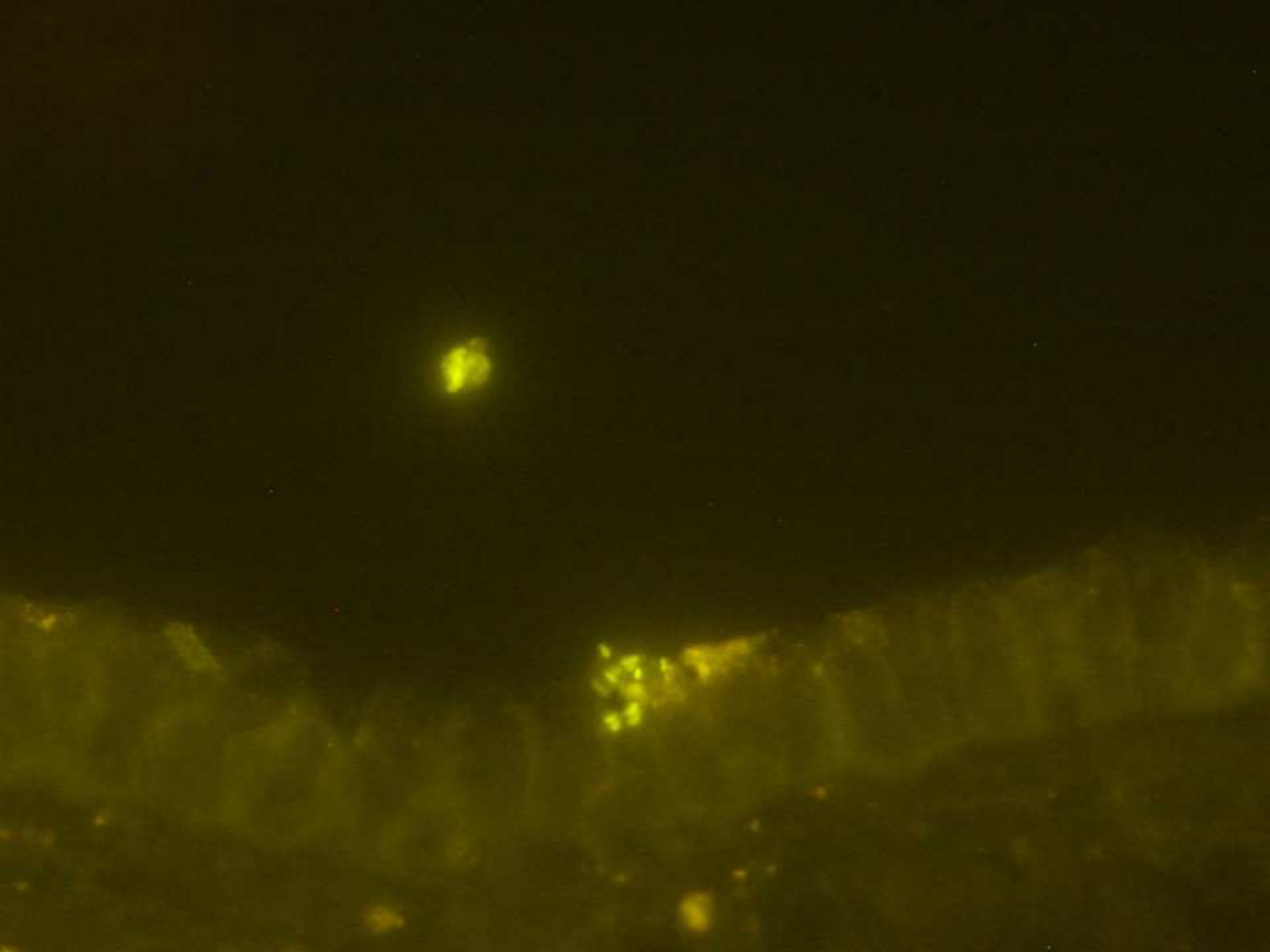


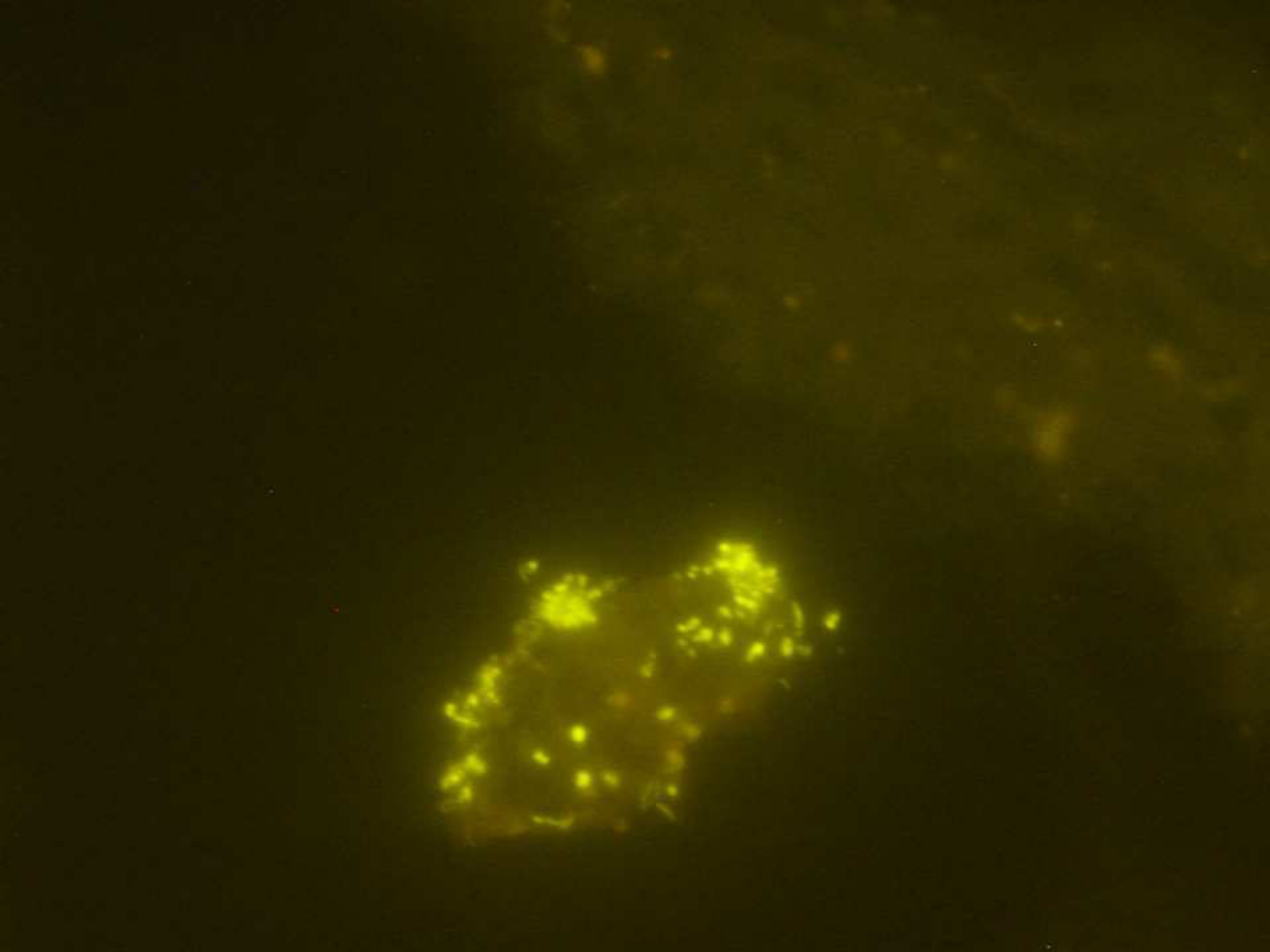
Uterus





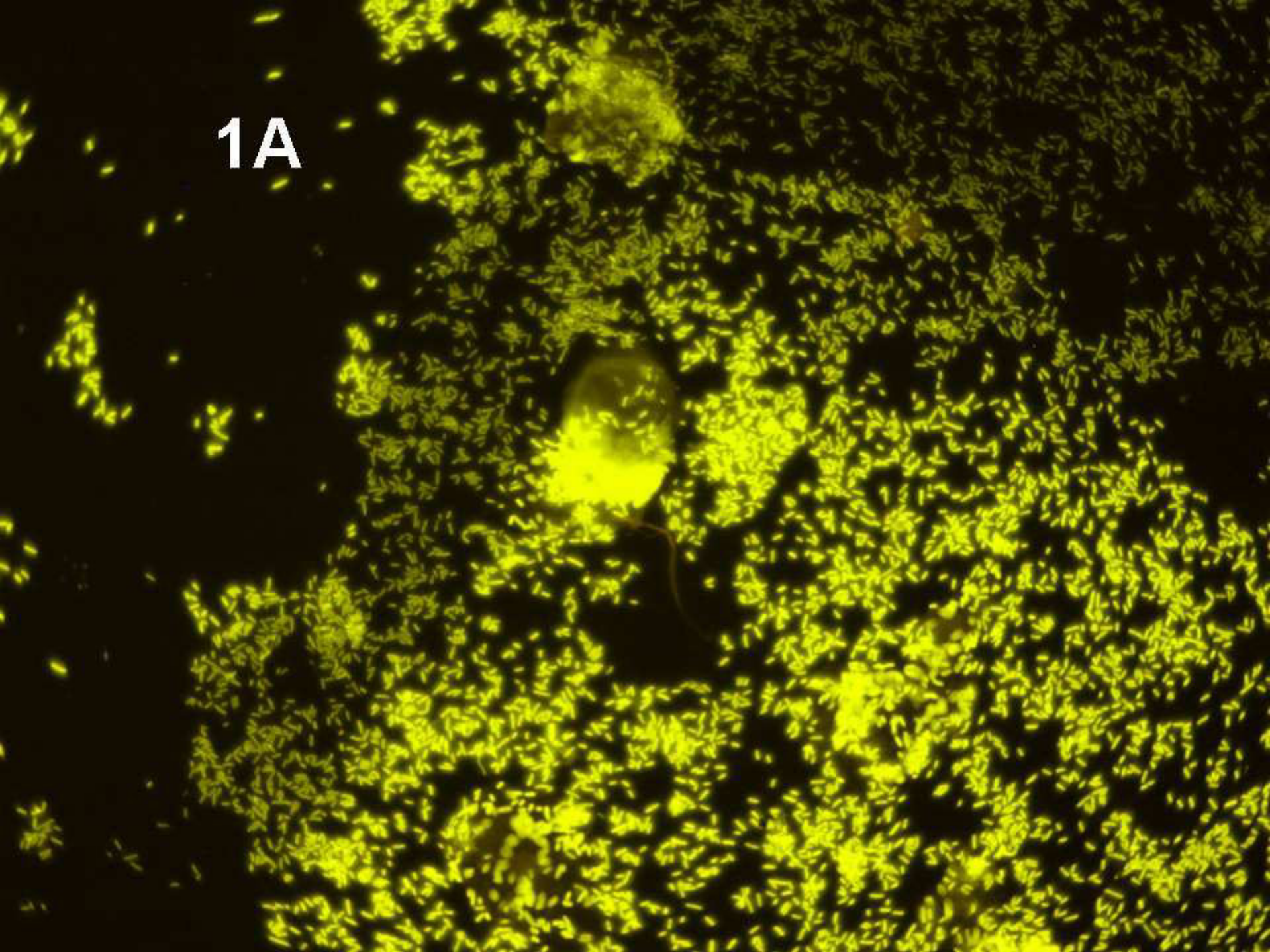
Tube



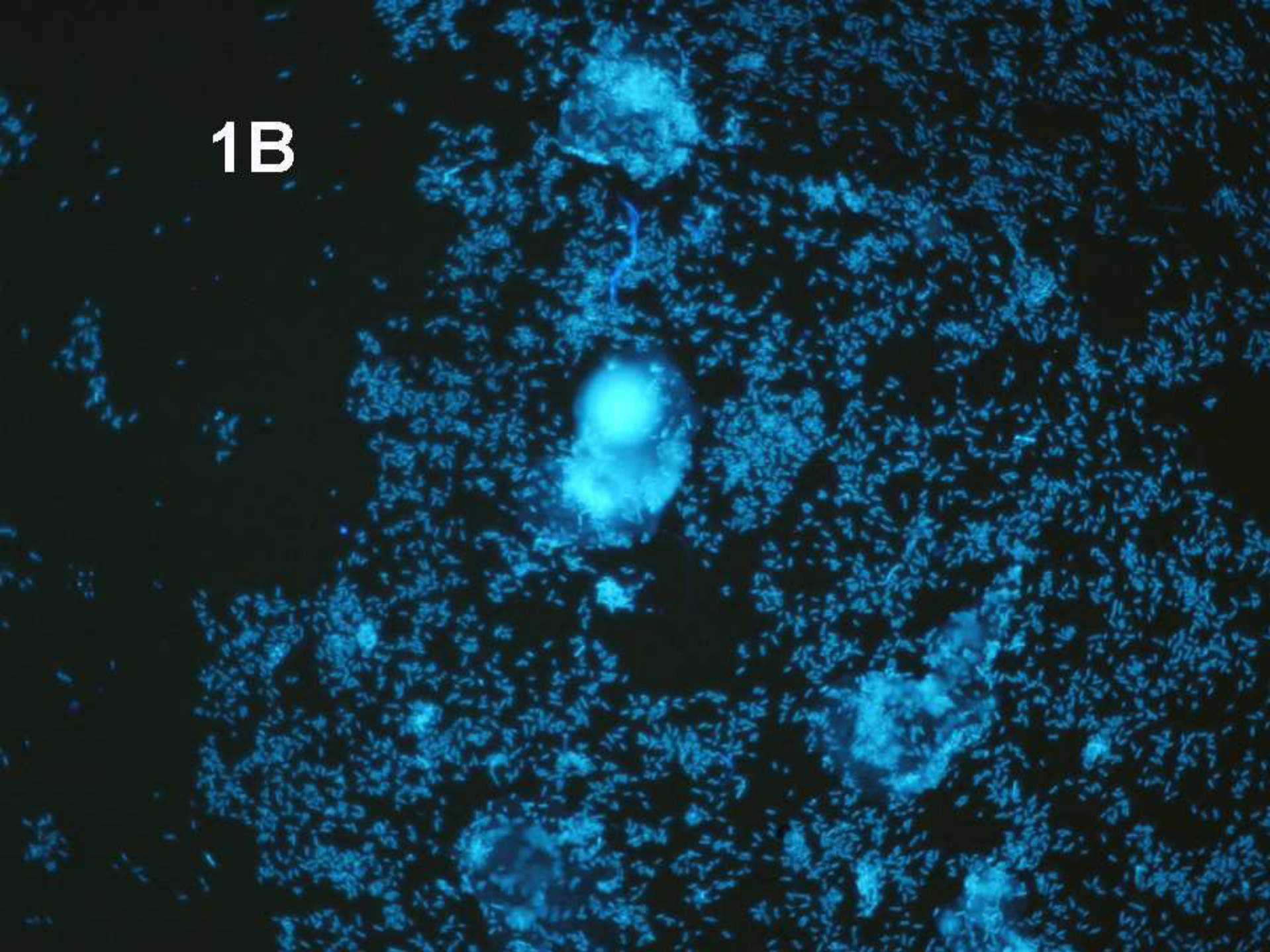


Cystitis

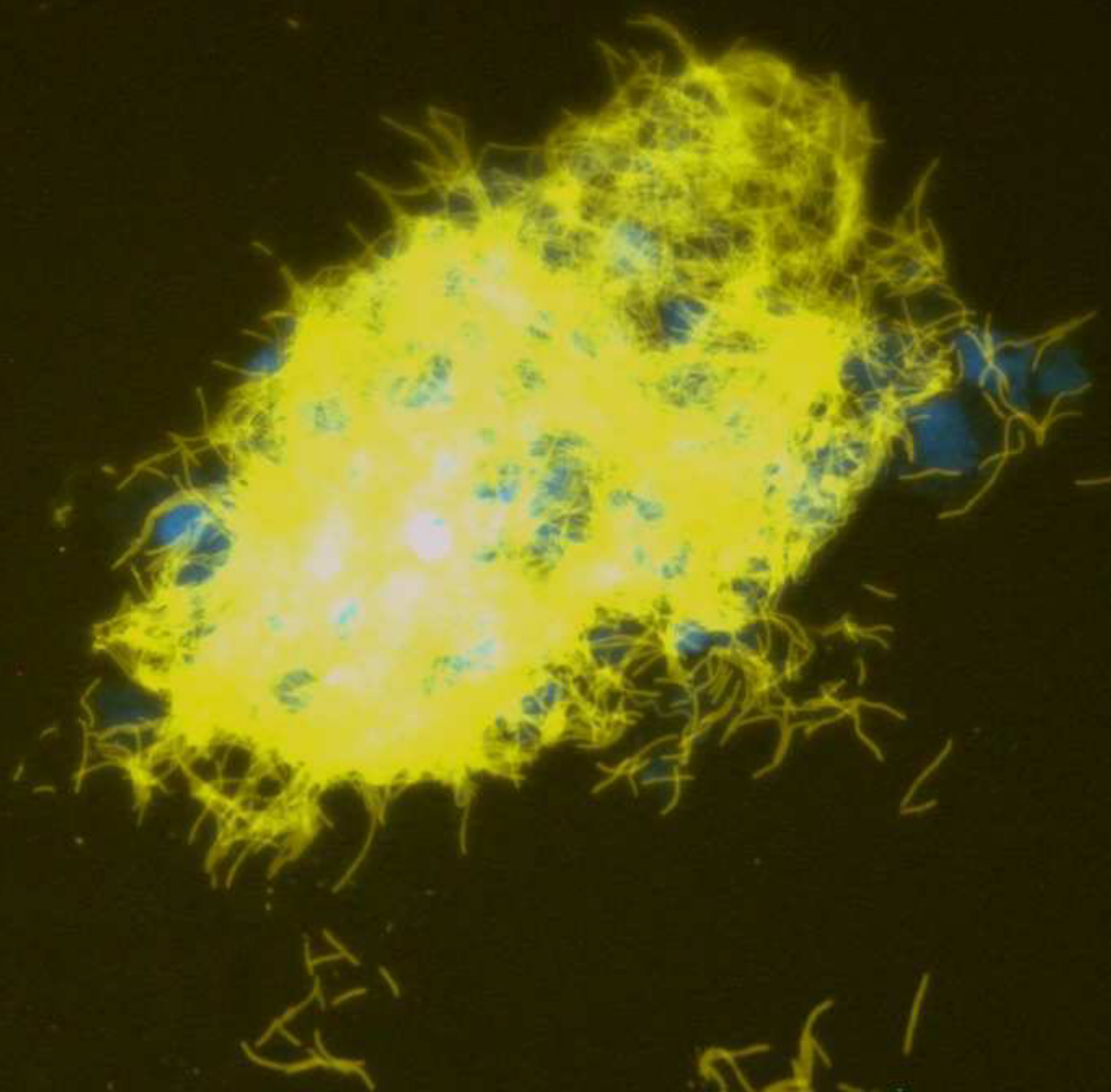
1A



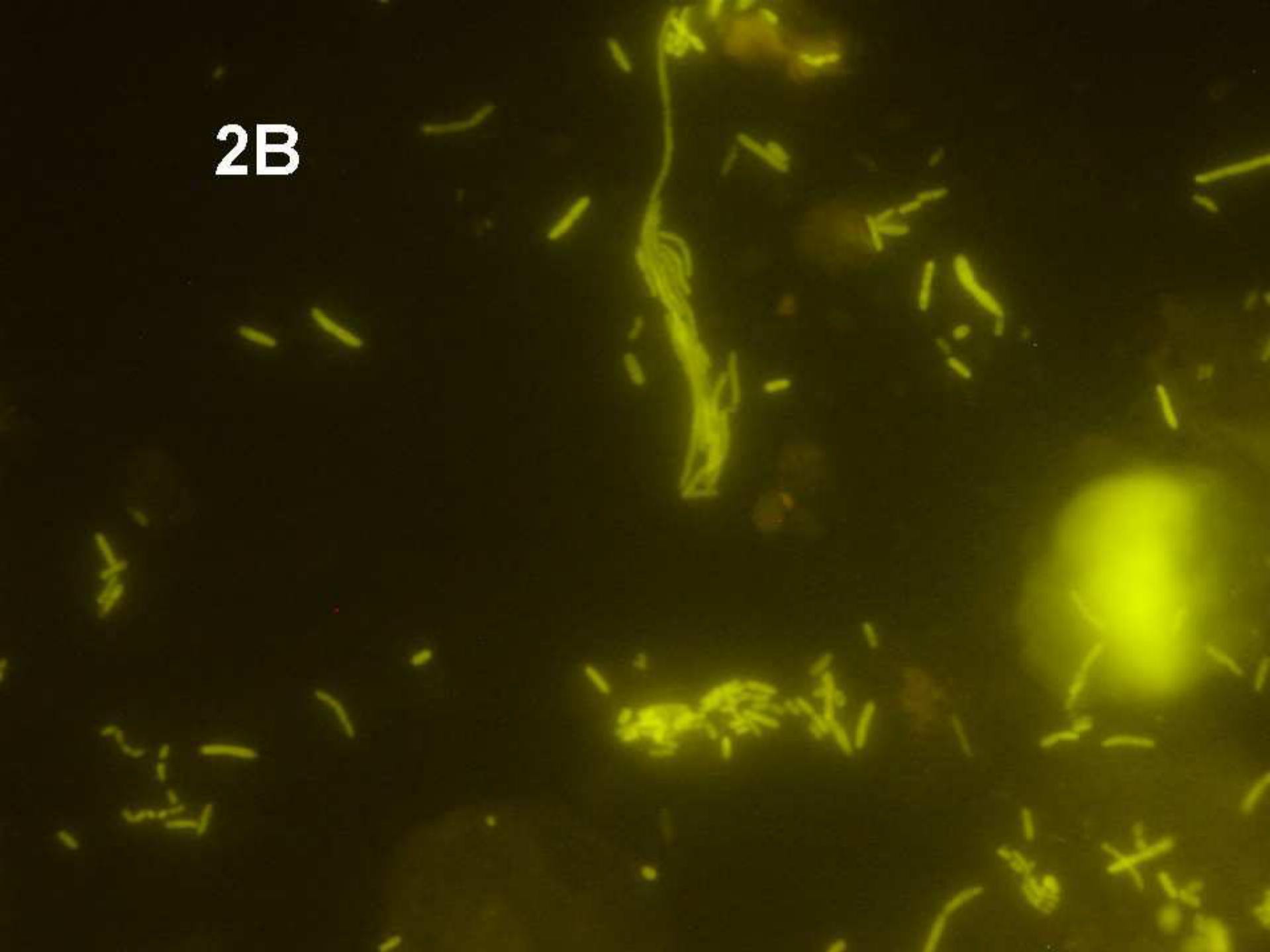
1B



2A

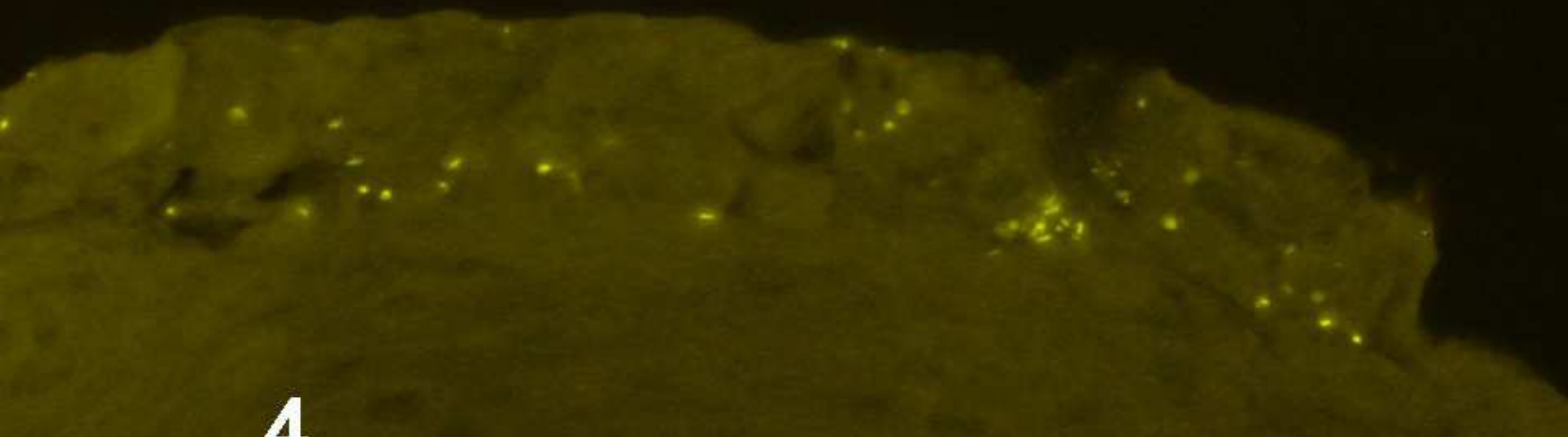


2B





3



4







Haut

